

**Sacramento County
Division of Behavioral Health Services
Youth Peer Support Committee Meeting
Meeting Agenda**

Meeting Date:

Thursday August 13, 2026, 9:00AM – 10:30AM

**Meeting virtual:
Microsoft Teams**

[Join the meeting now](#)

Meeting ID: 222 576 409 926 86

Passcode: 6XQ72y6w

Dial in by phone

[+1 916-245-8966,,236488891#](#) United States,

Sacramento

[Find a local number](#)

Phone conference ID: 236 488 891#

Agenda

I. Welcome and Introductions

II. Connection B4 Content:

- Wellness Activity

III. Topic Discussion: Wellness Workshop

*Presenter: Abby Taylor, Peer Support Specialist and Wellness Coach,
Stanford Sierra Youth & Families*

IV. Updates and Roundtable Sharing

V. Adjournment

- Next meeting Thursday September 10, 2026
9:00 AM – 10:30 AM