

Cov Yeeb Yam Qhia Txog Tias Quav Yeeb Tshuaj

Muaj kev hloov pauv rau lub siab lub ntsws los sis tus cwj pwm ntau heev.

Muaj kev hloov pauv tus cwj pwm kev noj haus thiab/los sis kev pw tsaug zog.

Nrog tsev neeg los sis tej phooj ywg sib cav sib ceg txog kev haus dej haus cawv thiab/los sis kev haus yeeb tshuaj.

Muaj teeb meem txog kev cim xeeb/tswv yim tws tas.

Tsis ua yus lub luag hauj lwm hauv vaj hauv tsev los sis tom chaw ua hauj lwm.

Ntaus phooj ywg nrog cov phooj ywg uas haus dej cawv/yeeb tshuaj.

Huam yees heev los sis muaj kev xav tuab ntwg txog kev haus dej cawv thiab/los sis yeeb tshuaj.

Tsav tsheb thaum qaug tshuaj/qaug dej cawv los sis raug ntes vim yog muaj feem cuam tshuam nrog yeeb tshuaj.

Cov Lus Qhia Paub Txog Kev Noj Tshuaj Ntau Dhau Lawm

Tsis txhob ua siab deb hu **rau 911** los mus thov kev kho mob ti tes ti taw/ kev noj tshuaj ntau dhau lawm uas cuam tshuam nrog dej cawv thiab/los sis yeeb tshuaj.

Narcan® yog ib yam tshuaj uas tuaj yeem daws kho kev mob huam leej huam ceem los ntawm kev noj **tshuaj opioid los sis heroin ntau dhau lawm**. Cov neeg ua hauj lwm kho mob ti tes ti taw hom kheev nqa nrog nraim lawv. Narcan® kuj tseem muaj nyob hauv cov khw muag tshuaj uas xaiv tseg yam tsis tas muaj daim ntawv yuav tshuaj li.

Board of Supervisors

Phil Serna—1st District
Patrick Kennedy—2nd District
Rich Desmond—3rd District
Rosario Rodriguez—4th District
Pat Hume—5th District

County Executive

David Villanueva

Department of Health Services

Timothy W. Lutz, Director

Division of Behavioral Health

Ryan Quist, Ph.D.
Behavioral Health Director

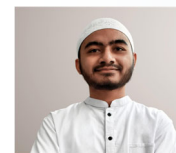
Substance Use Prevention and Treatment Services

Lori Miller, LCSW
Division Manager



Department of Health Services
Division of Behavioral Health Services

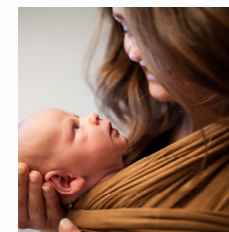
Substance Use Prevention and Treatment Services



Tuaj yeem kho kom



Muaj kev pab!



Peb Cov Kev Pab Cuam

Kev Pabcuam Tiv Thaiv

Kev kho mob sab nraud

Perinatal Services rau cov poj niam cev xeeb tub thiab niam txiv

Tshem Tawm Kev Tswj / Detoxification Services

Tshuaj-pab kho mob

Kev kho vaj tse nyob

Rov qab Residences/Sober Living Environments

Kev Pabcuam Rov Qab/Tom Qab Kev Pabcuam

Tsav Tsheb Hauv Cov Kev Pab Cuam Tshaj

Cov Tsev Hais Plaub Sib Koom Tes



Sacramento County cov neeg nyob hauv hnub nyoog 12+ tau txais kev saib xyuas txuas ntxiv rau kev tiv thaiv thiab kev kho mob.

Cov kev pabcuam tiv thaiv txhawb nqa tsev neeg ib puag ncig zoo thiab txhawb kev zam thiab rov ua dua.

Cov kev kho mob tsis muaj nqi rau feem ntau Medi-Cal cov neeg nyob hauv Sacramento tsim nyog.

BHS-SAC cov neeg ua haujlwm yuav nug koj cov lus nug yooj yim txog koj kev siv cawv thiab tshuaj los txiav txim siab txog qib zoo tshaj plaws rau koj thiab xa koj mus rau tus kws kho mob hauv koj lub zej zog. Cov neeg ua haujlwm ob hom lus thiab cov neeg txhais lus muaj rau koj yam tsis tau them nqi.

Peb nkag siab tias kev mus cuag kev pab yuav nyuaj. Kev Tiv Thaiv Kev Siv Tshuaj Tiv Thaiv thiab Kev Kho Mob nyob ntawm no los pab!



Kev Pabcuam Kev Noj Qab Haus Huv Tus Cwj Pwm - Kev Ntsuam Xyuas thiab Kev Sib Koom Tes (BHS-SAC)



Rau kev tshuaj xyuas thiab xa mus rau tus kws kho mob siv tshuaj, thov hu rau BHS-SAC Team.

Xov tooj

(916) 875-1055, CA Relay 711

lossis hu dawb ntawm 888-881-4881

Fax

916-875-1190 ib

Teev

24 Teev ib hnub, 365 Hnub ib xyoos

Yog tias koj tab tom ntsib teeb meem kev noj qab haus huv ntawm tus cwj pwm, thov hu rau 988. Yog tias koj tab tom muaj xwm txheej ceev, thov hu rau 911.