Sacramento County BHS SAC Team does not discriminate on the basis of ability, culture, language, ethnicity, race, gender, sexual orientation, or gender identity/expression.

Bilingual staff or interpreters are available at no cost. Please let us know if you need an interpreter.

If you are seeking linkages to services and need an ADA accommodation in order to participate in or have access to a County program, please let us know so we can link you to an appropriate provider.

Deaf and hard of hearing individuals may contact the BHS SAC Team or Beneficiary Protection staff using video relay service or California Relay 711.

SACRAMENTO COUNTY

Our Mission

To provide a culturally competent system of care that promotes holistic recovery, optimum health, and resiliency

Our Vision

We envision a community where persons from diverse backgrounds across the life continuum have the opportunity to experience optimum wellness.

David Villanueva
County Executive

Timothy Lutz, Director
Department of Health Services

Ryan Quist, PhD
Behavioral Health Director

Board of Supervisors
Phil Serna - 1st District
Patrick Kennedy - 2nd District
Rich Desmond - 3rd District
Rosario Rodriguez - 4th District
Pat Hume—5th District

https://bos.saccounty.gov/

08/17/2021

SACRAMENTO COUNTY

Behavioral Health Services Screening and Coordination (BHS SAC) Team

We link Sacramento County residents of all ages to mental health and substance use and prevention services.

Monday - Friday, 8 am - 5 pm
(24/7 for Mental Health Crisis Calls)

(916) 875-1055
toll free (888) 881-4881
California Relay 711
Fax (916) 875-1190

https://dhs.saccounty.gov/bhs/

Mental health and substance use and prevention emergency services are available for youth under 21 years of age 10:00a.m. -7:00p.m.
7 days a week at:
Intake Stabilization Unit (ISU)
Mental Health Treatment Center
2150 Stockton Boulevard
Sacramento, CA 95817
916-875-1000

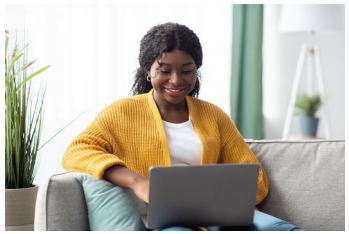
[If you are experiencing a mental health crisis please call **988** or a life threatening emergency, please call **911**]

We determine eligibility for services by conducting a phone screening.

Our network of Providers offer the following services:

* Assessments for Mental Health and Substance use Services.
* Mental Health and Substance Use Outpatient and Intensive Outpatient Treatment.
* Residential Treatment.
* Crisis Intervention.
* Medication Support.
* Medication Assisted Treatment.
* Therapy/Rehabilitation Services & Groups.
* Driving Under the Influence Programs.
* Recovery Residency/Sober Living Environments.
* Care Coordination
* Early Childhood Mental Health services.
* Older Adult Mental Health services.
* Linkages to Community Resources.

Anyone may request mental health or substance use services for themselves or on behalf of others by using our online form, by phone, fax or by US mail.
A valid phone number, DOB and First and Last Name are required to process the service request.



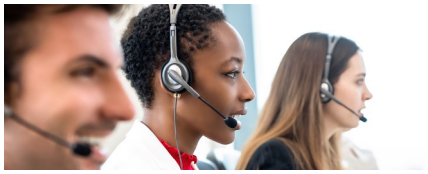
Online Mental Health Service Request:
https://mentalhealthservicerequest.saccounty.gov/
Or BHS SAC Service Request:
Online BHS SAC Service Request Form

Phone: 916-875-1055
24-Hour Toll Free: 888-881-4881

Complete the Service Request Form (s) in detail and mail to:

Sacramento County
Behavioral Health Services, Screening and Coordination (BHS SAC) Team
7000-A East Parkway, Suite 700,
Sacramento, CA 95823

The BHS SAC Team will determine the eligibility for services, the level of service needed and, if eligible, link the individual with a culturally and linguistically appropriate provider.



The BHS SAC Team will either link the individual or give the provider's name and telephone number for linkage.

In accordance with confidentiality regulations, the BHS SAC Team will make every effort to inform the referring party that the individual has been linked with a provider agency.

The Sacramento County contracted provider will contact the individual and/or caregiver who are linked for services through the BHS SAC team to schedule an initial appointment.