

**Sacramento County Health Center
Co-Applicant Board (CAB)**

Friday, April 17, 2026, 9:30 a.m.- 11:30 a.m.

Regular Meeting Minutes

4600 Broadway, Community Room 2020, Sacramento, CA

Agenda materials can be found at

<https://dhs.saccounty.net/PRI/Pages/Health%20Center/Co-Applicant%20Board/County-Health-Center-Co-Applicant-Board.aspx>

The CAB was held in person at 4600 Broadway, Room 2020. Room 2020 is open to the public.

- Meeting attendance followed Brown Act requirements.
- A quorum was NOT established, no votes were had, items requiring votes deferred to the next monthly meeting.

CALL TO ORDER (9:45 AM)

Opening Remarks and Introductions –

a. Roll Call and Welcome

PRESENT

Suhmer Fryer - Chair	Noel Vargas – DHS Deputy Director
Laurine Bohamera – Vice Chair	Rachel Kay – Human Service Division Mgr.
Jan Winbigler - Member	Corina Gonzalez - Chief Medical Officer
Eunice Bridges – Member	Michelle Besse – Health Program Mgr.
Dedra Russell - Member	Adam Prekeges – Admin Srvs Officer II
	Rachel Callan – Sr. Admin Analyst
	Christina Delgado – Health Program Mgr
	Jane Murphy – Health Program Mgr
	Emily Moran-Vogt – Health Program Mgr
	Heather Vierra – Physician
	Kelly Borreno – Sr. H.P. Coordinator
	Nicole Reyes – Senior Office Assistant

Announcements:

- **Introduction of Rachel Kay to the CAB board**

INFORMATION ITEMS

Budget Updates presented by Adam Prekeges

HRSA Project Budget Summary

No movement on Grants, the process starts mid-January

- ✓ **Must submit budget to the County, due Wednesday**
- **As of 12/31/2025 \$1,353,070.79 has been expended on the HRSA project.**
- **Remaining balance of \$358,531.21**
- **No major variances or concerns. Staff comprise majority of the costs.**

County Budget Summary and Significant Variances

- **FY 25/26 budget has \$0 general fund draw.**
- **Object 10 Salaries/Benefits: current projection shows we are \$1.16M under budget**
- **Object 20 Services/Supplies: tentative projection shows we are \$2.58M under budget**
 - ✓ **Projection is based upon July'25-Feb'26 actuals and is most accurate projection we have to date.**
- **Object 30 Contracts: Current projection shows we are \$433K over budget**
 - ✓ **Increased OCHIN (Electronic Health Record) costs are pushing us over budget. We have been monitoring these throughout the Fiscal Year.**
 - ✓ **Absorbed some initial contract costs for setting the foundation for our County Medically Indigent Services Program (CMISP) and Healthy Partners (HP) programs.**
 - ✓ **If actuals exceed budgeted amount, the administration team will complete an Appropriation Adjustment Request (AAR) to reduce a different object level to increase object 30 by the overages.**
- **Object 40 Fixed Assets: currently not budgeted but will be \$35,119.00**
 - ✓ **New camera system installed at 4600 Broadway. PRI Clinics is splitting the cost with Public Health. Both phases of the project have been completed, and Primary Health Clinics Services portion of the total is \$35,119. The plan is to move money from object 20 to cover the increase.**
- **Object 60 Internal Charges/Allocated Costs: Current projection is \$1.57M under budget.**
 - ✓ **We have an intrafund agreement with our Pharmacy program for pharmaceuticals. Our Pharmacy program needs the spending authority to purchase the pharmaceuticals, but when they get reimbursed from Medi-Cal, they pass along the savings to us.**
 - ✓ **Some of our savings in our budget come from 60 object.**
- **Objects 59 & 69 Inter/Intra Fund Reimbursements: Current projection is \$2.8M less revenue than budgeted**
 - ✓ **Realignment was reduced by \$2.81M in FY 25/26 budget due to the redistribution to other Health Services programs.**

- **Objects 95/96/97 Outside Revenue: Hard to project due to upcoming changes.**
 - ✓ **Medi-Cal revenue is currently \$15.7M.**
 - ✓ **At Same time last FY it was \$12M**
 - ✓ **Interim rate is almost 20% higher than it was last FY. MEI (Medicare Economic Index) hit in October 2025, and our interim rate is now \$359.44.**
 - ✓ **Grants are on track.**
 - ✓ **HRSA HIV grant has been rolled into our main HRSA Homeless grant.**
 - ✓ **Revised RHAP arrivals came in Apr'26, the Primary Health team is currently working together to revise the budget to match the updated number of arrivals. No changes have been made to the grant budget as of yet.**

HRSA Project Director Updates presented by Noel Vargas

Please see handout for detailed information

- **Noel introduced the new Division Manager Rachel Kay who gave some information about herself.**
- **Noel also gave an introduction of Sr. Health Program Coordinator Kelly Borrero who gave a some information about herself to CAB.**
- **CAB welcomed both members to the Clinic.**
- **Noel stated the health center has two program planners are in the process of being hired with the clinic.**
- **Rachel Callan stated Shafiullah (Shafi) Akbary the new Administrative Services Officer III has started at the clinic.**

Medical Director Report presented by Dr. Corina Gonzalez

Please see handout for detailed information.

- **Dr. Gonzalez gave details on the following items:**
 - ✓ **CMISP and HP Programs**
 - **No questions were asked.**
 - ✓ **Health Resources and Service Administration**
 - **No questions were asked.**
 - ✓ **School Based Health Sites – This was discussed further on update given by Michelle later in CAB meeting**

QI Plan Progress Monitoring/Data Report

Please see handouts for detailed information

- **Jane gave a update regarding QI plan progress monitoring/Data report.**
- **No questions were asked.**

Update on School Based Mental Health Site

- Michelle Besse gave a update on the 32 sites that SCOE is located at. Michelle offered to CAB for a tour of a couple of SCOE sites to see how the process works.
- CAB agreed to tour some of the sites and Michelle Besse will set up.

CAB Member Recruitment Plan

Due to CAB members leaving the meeting early this item has been moved to discuss at the next meeting.

CAB Goals: Strategic Planning

The chairperson is still to be determined.

CAB members will discuss and decide who will take on this role.

Jane reviewed the proposed rules of engagement which everyone agreed.

A Teams channel will be created to house all information related to the strategic plan. Once the channel is set up, Jane will present materials to the team.

A timeline outlining the development of the strategic plan was presented.

No questions were asked regarding the timeline.

The following question were asked on how to improve strategic planning:

What worked well in the last strategic plan and why?

- Technology improved communication and collaboration.

Where did we make progress but still have room for improvement?

- Need to build a strong foundation.
- Develop cross-training opportunities that include staff needs.

What internal and external factors influence our ability to meet goals?

- Staff turnover and changing organizational culture.
- Progress has been made, but continued improvement is needed to strengthen the clinic.

What emerging needs or opportunities should carry forward?

- Continued focus on data, metrics, and reporting.

- **Improvements have started, but ongoing refinement is necessary.**

From a patient perspective, where did we improve and where are the gaps?

Improvements:

- **Access, navigation, and patient experience are improving.**

Gaps / Opportunities:

- **Strengthen community-based services and case management.**
- **Increase patient-centered care.**
- **Ensure alignment with organizational culture, policies, and clinic operations.**
- **Think of the clinic as a home, with staff serving as the pillars that keep it strong.**
- **A solid foundation, aligned culture, and patient-centered approach are essential for success.**

More discussion will be had at the next meeting in May and no votes were taken.

ACTION ITEMS

BUSINESS ITEM I.

- March 20, 2026, CAB Meeting Minutes
- ✓ Recommended Action: Motion to Approve the drafted March 20, 2026, Meeting Minutes

*Business Item I was moved to May meeting.

PUBLIC COMMENT

Anyone may appear at the CAB meeting to provide public comment regarding any item on the agenda or regarding any matter that is within CAB's subject matter jurisdiction. The Board may not act on any item not on the agenda except as authorized by Government Code section 54954.2.

- No public comments were made.

CLOSED SESSION

None

MEETING ADJOURNED

Suhmer Fryer adjourned the meeting at 11:30 am.