

**COUNTY OF SACRAMENTO
EMERGENCY MEDICAL SERVICES AGENCY**



Program Document: **Triage to Alternate Destination Training Curriculum**

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Signature on File

EMS Medical Director

Signature on File

EMS Administrator

Triage to Alternate Destination Training Curriculum

Topic

A. Introduction and Reason for Training (Length 30 Min)

1. State and Sacramento County EMS Agency Requirements
2. Overview of training

B. Understanding Mental Illness (Length 45 Min)

1. Mental Illness Defined
2. Stigma and Its Effect on Attitudes and Behaviors

C. Mental Health Conditions (Length 60 Min)

1. Schizophrenia
 - a. Signs and Symptoms of Schizophrenia
 - b. Common Neuro-Psychiatric Medications Used to Treat Schizophrenia
2. Mood/Affective Disorders
 - a. Signs & Symptoms of Unipolar Depression (Major Depressive Disorder)
 - b. Signs & Symptoms of Bi-Polar Disorder
 - c. Common Neuro-Psychiatric Medications Used to
3. Anxiety Disorders
 - a. Common Anxiety Disorders
 - b. Signs and Symptoms of Anxiety
 - c. Common Neuro-Psychiatric Medications Used to Treat Anxiety
4. Personality Disorders
 - a. Personality Disorder Overview
 - b. Signs and Symptoms of Personality Disorders

- c. Treatment of Personality Disorders, Including Neuro-Psychiatric Medications

- 5. Pre-hospital Case Study

- D. Understanding Suicidal Thoughts and Behaviors (60 Min)**

- 1. Demographics and Incidence of Suicide
- 2. Key Concepts
- 3. Contributing Factors to Suicidal Thoughts and Behavior
- 4. Warning Signs
- 5. Assessing Risk
- 6. Intervention
- 7. Resources
- 8. Pre-hospital Case Review

- E. Alcohol and Substance Use Disorders (45 Min)**

- 1. Substance abuse impact on the community
- 2. Understanding the difference between mental health disorders, intoxication, and medical emergencies.
- 3. Common signs and symptoms
- 4. Assessment, treatment, and stabilizing of intoxicated patients.
- 5. Pre-hospital Case Review

- F. Treatment, Triage, and Transport Parameters (60 Min)**

- 1. Review of SCEMSA PD# 2004 – Patient Privacy
- 2. Review of SCEMSA PD# 2101 – Patient Initiated Refusal of EMS Assessment, Treatment, and Transport
- 3. Review of SCEMSA PD# 2522 – Electronic Health Record and Data Policy
- 4. Review of SCEMSA PD# 5050 – Destination
- 5. Review of SCEMSA PD# 5203 – Transport Guidelines-Sobering Center Facility
- 6. Review of SCEMSA PD# 5205 – Transport Guidelines-Mental Health Facility
- 7. Review of SCEMSA PD# 8004 – Suspected Narcotic Overdose
- 8. Review of SCEMSA PD# 8062 – Behavioral Crisis-Restraint
- 9. Review of SCEMSA PD# 8069 – Buprenorphine
- 10. EMS Documentation
- 11. EMTALA and EMS, what EMS providers need to know.

Cross References:

PD# 2004 – Patient Privacy

PD# 2101 – Patient Initiated Refusal of EMS Assessment, Treatment, and Transport

PD# 2522 – Electronic Health Record and Data Policy

PD# 5050 – Destination

PD# 5203 – Transport Guidelines-Sobering Center

PD# 5205 – Transport Guidelines-Mental Health Facility

PD# 8004 – Suspected Narcotic Overdose

PD# 8062 – Behavioral Crisis-Restraint

PD# 8069 – Buprenorphine