

**COUNTY OF SACRAMENTO
EMERGENCY MEDICAL SERVICES AGENCY**



Program Document: **Nausea/Vomiting**
Policy Number: 8063.12

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Signature on File
EMS Medical Director

Signature on File
EMS Administrator

Purpose:

- A. To establish the treatment standard for treating patients with nausea and / or vomiting.

Authority:

- A. California Health and Safety Code, Division 2.5
- B. California Code of Regulations, Title 22, Division 9

Protocol:

BLS:

1. Assess and support ABC's as needed.
2. Supplemental O2 as necessary to maintain $SpO_2 \geq 94\%$. Use lowest concentration and flow rate of O2 as possible.
3. Suction airway as necessary.
4. Assess and treat as appropriate for underlying cause.
5. Determine blood glucose. If blood glucose is < 60 mg/dl treat per protocol PD# 8002-Diabetic Emergency.
6. Transport patient in position of protecting airway.

ALS:

1. Advanced airway adjuncts as needed.
2. Consider vascular access and titrate to $SBP \geq 90$ mmHg.
3. Ondansetron:
 - a. 4mg PO/SL/IM/IV/IO.
 - b. For IV or IO Ondansetron, administer slowly (over one (1) minute) to prevent syncope.

4. For persistent nausea/vomiting, may repeat x one (1) for max dose of eight (8) mg.
5. Withhold from first trimester (< 12 weeks) pregnant patients not already using Ondansetron.