Below are the definitions for the Discharge options:

- Client does not meet Medical Necessity Client does not display signs and symptoms that lead to the inclusion of a covered diagnosis and/or an established level of impairment. See QM P&P 01-07.
- Client has completed services Client has met treatment goals as defined in the Client Plan.
- Client is deceased
- Client is receiving services elsewhere step up Client requires mental health services that are at a higher level of intensity and/or frequency. Services can be provided by either a public or private entity.
- Client is receiving services elsewhere step down Client no longer requires an intensive level of mental health services and can be served in a lower service level. Services can be provided by either another County Mental Health Plan provider or self-pay private provider. This does not include referral to GMC or PCP.
- Client is receiving services elsewhere transfer Client does not require a change in level of services but is receiving services from another Sacramento County Mental Health Plan provider or self-pay private provider.
- Client moved out of Sacramento County Client moved out of Sacramento County and is no longer receiving services through a Sacramento County Mental Health Plan provider.
- **Client refused/declined services** After engaging in services client chose not to complete the treatment program, with or without specific advice to continue treatment.
- Client's whereabouts unknown After engaging in services, client has not received treatment for 3 or more months and attempts to contact client have been made but client has not responded and whereabouts are unknown.
- Other Client left for some other specific reason that is not included in another category. Reason should be documented.
- **Reason Not Available** Client was referred and opened to provider as a result of a service request but client never engaged in (showed up) services of any kind; Administrative Discharge
- Referred to GMC Kaiser (170) Client is known to be linked to Kaiser GMC and is being referred to Kaiser GMC for their MH services. This selection would include PCP (on-going medication support)
- Referred to GMC Health Net (150) Client is known to be linked to Health Net GMC and is being referred to Health Net GMC for their MH services. This selection would include PCP (on-going medication support)
- Referred to GMC Blue Cross (190) Client is known to be linked to Blue Cross GMC and is being referred to Blue Cross GMC for their MH services. This selection would include PCP (on-going medication support)
- Referred to GMC Molina (130) Client is known to be linked to Molina GMC and is being referred to Molina GMC for their MH services. This selection would include PCP (on-going medication support)
- TBS Caregiver Refused Caregiver refused Therapeutic Behavioral Services.
- TBS Primary Provider Refused Primary Provider declines to continue TBS services.