

SACRAMENTO COUNTY ALCOHOL AND DRUG ADVISORY BOARD MEETING

Minutes for February 2, 2011

Members Present: Melinda Avey, Katy Brown, Judy Copperrider, Bobbie Hooker, Heike MacKenzie, Anne-Marie Rucker, Paul Tanner, Steve Wirtz

Members Absent: Burke Adrian, Lt. Raymond Bechler, Yvonne Rodriguez, & Leo Zuniga (All excused)

Alcohol and Drug Services Staff: Maria Morfin (Administrator), Marguerite Story-Baker

Guests: Tom Avey (Avey & Associates), Susan Blacksher (CAARR), Harry Carlson, Angela Da Re (NCADD), Lisa Beintker (Alpha OAKs) Robert Turney (Bridges Inc./STARS), Valentin Rozumovsky (Children of the Street – Red Bluff)

I. **Introductions:** The meeting was called to order at 5:45 PM by **Paul Tanner**.

II. **Advisory Board Actions**

Approval of the January and December minutes was delayed due to a lack of a quorum at the start of the meeting.

III. **Provider Presentations:** **Angela Da Re** reported NCADD had consolidated all its facilities into their Howe Avenue office. She also reported Nikki Buckstead was no longer the ED and Stephanie XXX had also left to work for Bridges. Upon questioning Angela added that she is Acting Director while a hiring search is conducted.

IV. **Advisory Board Announcements:** A short celebration for Bobbie Hooker and Katy Brown was held to thank them for their service to the Board and community. Thanks to Maria and Ann Marie for the food. No letters of recognition for organizations who held family events without alcohol were presented.

V. **Presentation:** **Garrett Stenson, MD**, Comprehensive Opiate Recovery Experience (CORE) provided an overview of his organization's services and handed out a brochure. CORE is a for-profit agency that runs the largest opiate recovery clinic in the Sacramento and surrounding area with ~ 515 methadone and 50 buprenorphine clients. CORE and Bi-Valley split in 1980. There are 4 methadone clinics in Sacramento and CORE is 1 of only 4 out of the 100+ methadone clinics in the state with buprenorphine and psychiatric services. Services provided by CORE include three week detox (for clients with < 1 year of addiction), long term 6 month detox, and maintenance services with psychiatric and medical support. They admit and discharge ~20-30 clients per month, with no waiting list. The clinic holds regular monthly educational workshops at their 2100 Capitol Ave location on the 3rd Wednesday of the month at 11 AM open to the public.

Dr Stenson described the addictive process and role of opiate replacement, vitamin & amino acids replacement, individual and group counseling, and use of acupuncture. The major goal of Tx is to get clients off street opiates and stabilize them to prevent withdrawal and block the effects of the opiates. CORE uses a harm reduction approach. The 80% of clients have some co-occurring disorder (e.g. trauma related, depression). About 85% of clients are positive for Hep C (75% need Tx). A lively discussion followed on several topics, including: buprenorphine (new formulation vs generics, price & diversion), new slow release Oxycontin (9/10), age patterns and trends in heroin and prescription drug use (younger population; move back to heroin; Oxy now too expensive), payment options (private, MediCal), permanent vs tapering off (harm reduction - patient decision, not forced off, but most not life time, average length < 1 year), and status of veterans.

Lisa stated Alpha Oaks has started to take Methadone clients who are doing well, and has good communications with CORE. Marguerite added that the System of Care providers might need training re how to decide on detox or methadone. However, it might remain only a financial issue.

Dr Stenson recommended getting education into schools about the dangers of non-medical prescription drug use, and educating physician and nurse about prescription mis-use and the availability of the CURES system for tracking “doctor shopping”. Board members thanked Dr Stenson for a great presentation.

VI. Administrator Report: Maria Morfin

Maria reiterated the uncertainties of the Governor’s re-alignment proposal to consolidate mental health and AOD services at the county level. CADPAAC is actively assessing the implications and trying to make sure substance use issues are not side tracked. Impact of realignment depends on whether continuous and adequate funding sources are provided. Internally, Maria reported the prevention RFP is out and the Treatment RFPs (Perinatal, Residential and Outpatient) are getting started. The budget continues to be difficult with staff retirements and a hiring freeze, leading to a merging of functions, and expansion of the AVATAR data management system. There are only two week left of Prop 36 extension funds, and then it is an unfunded mandate. We are shifting toward a fee for service system for those able to pay with the System of Care picking up some of those who can’t pay. Good news is that Probation has assigned a 1 FTE to support Prop36 and Adult Drug Court (but Probation also has a cut of funds).

VII. Advisory Board Committee Reports

1. **Executive Committee** – Melinda, Harry & Paul met to plan the upcoming Board meeting.
2. **Chiefs of Staff Meeting** –Meeting with the Chiefs will be held February 17th @ 2:30 for 30 minutes.
3. **Prevention and Education Committee** – Steve reported on the Jan 11th meeting discussions of next steps for social host ordinance activities, SYDAC needs assessment report, and ongoing efforts to integrate prevention planning into the overall strategic plan. The Committee decided to request technical assistance on prevention planning and evaluation (outcomes and measurement) for the next meeting which will be held on the 2nd Tuesday of the month (Feb 8th) at 1:30 PM at the CAARR Office at the corner of Marconi and Whitney. To celebrate the new meeting time, all are invited. There will be refreshments.
4. **Treatment Committee** – Paul reported the Committee discussed the problems surrounding probations ongoing involvement in Prop 36 and Drug Courts in general. They also address the need for recovery services as part of the continuum of care and lack of a systematic approach and requirements. Discussion followed on how to track recovery services and incorporate into the AVATAR system. Additional discussion followed on the need to use standard screening and assessment tools (e.g., ASAM & ASI)
5. **Membership Committee** – Celebration of Bobbie and Judy’s service. No report because Harry was not able to attend
6. **Budget, Planning and Evaluation (BPE) Committee** – Paul reported BPE will meet on Thursday, February 10th. ½ of the meeting will focus on strategic planning.
7. **Strategic Planning Committee** – Paul reported on strategic planning progress with Alan Lange as facilitator. Paul stated the process of seeking input from providers, agencies, clients, community, and other stakeholders had started with the first effort to be at the upcoming Treatment Committee meeting (Wednesday Feb 9th at the CAARR office).

ACTION: The Board asked that SPC minutes be shared with the ADS mailing list on a regular basis to promote engagement and feedback.

VIII. Reports from other Boards

1. **First 5 Advisory Committee** – No report.
2. **Human Services Coordinating Council** – No report.

XI. Future Month’s Agenda items - Presentations by current providers of county public AOD services will continue. No suggestions of additional topics were received.

IX. Adjournment: The meeting adjourned at approximately 7:25 p.m.