

## Sacramento County Alcohol and Drug Advisory Board

### Meeting Minutes

Wednesday, November 9, 2022 5:30 pm

### Teleconference/ Via Zoom

**Meeting Attendees:** (If member is present box is checked)

Jennifer Churchill (Chair)	<input checked="" type="checkbox"/>	Melinda Avey (1 <sup>st</sup> Vice Chair)	<input checked="" type="checkbox"/>	Carlos Simpson (2nd Vice Chair)	<input type="checkbox"/>
Barbara Oleachea	<input checked="" type="checkbox"/>	Chris Baker	<input type="checkbox"/>	Ricki Townsend	<input checked="" type="checkbox"/>
Irene Chu	<input checked="" type="checkbox"/>	Chris Carlson	<input checked="" type="checkbox"/>	Christian Landaverde	<input checked="" type="checkbox"/>
Ryan Raftery	<input type="checkbox"/>	Maria Padilla-Castro	<input checked="" type="checkbox"/>	Harry Carlson	<input checked="" type="checkbox"/>
Nicholas Erickson	<input type="checkbox"/>	Paul Tanner	<input checked="" type="checkbox"/>	Jessica Elorduy	<input checked="" type="checkbox"/>
Crystal Sheffield	<input type="checkbox"/>	Alexis Sanchez	<input checked="" type="checkbox"/>	Bridgette Dean Nick Golling (Alternate)	<input type="checkbox"/>
Gail Brosnan	<input checked="" type="checkbox"/>		<input type="checkbox"/>		<input type="checkbox"/>

Topic	Minutes
<b>Welcomes/Roll Call</b>	Chair, Jennifer Churchill, called the meeting to order at 5:35 PM.
<b>Agenda and Approval of Minutes</b>	<ul style="list-style-type: none"> <li>• Chris Carlson made a motion and Melinda Avey seconded the motion to approve this evening's agenda. Motion carried.</li> <li>• A motion was made by Chris Carlson and seconded by Melinda Avey to approve the October 14, 2022 minutes. Motion carried.</li> </ul>
<b>December 14, Meeting</b>	The December 14, 2022 meeting will be held in-person, with a Zoom option, at CCAPP located at 2400 Marconi Meeting. HC Awards will be presented and finger foods will be shared.
<b>Public comment</b>	No public comments were made.
<b>Presentation</b>	Cindy Carlson, Executive Director, provided a presentation about the three Progress House residential facilities.

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<b>Public comment</b>	No public comments were made.
<b>Board Announcements</b>	<ul style="list-style-type: none"> <li>• Chair Churchill and 1<sup>st</sup> Vice-Chair Avey attended the Chiefs of Staff meeting. The WellSpace Health Letter of Recommendation was submitted to the Board of Supervisors and also shared with the Chiefs of Staff.</li> <li>• HC 2022 Award nominations are due November 14. The awards will be presented at our December 14 meeting.</li> </ul>
<b>Advisory Board Committee Reports</b>	<p><b>Criminal Justice Committee</b> No report was provided as the November 7, 2022 meeting was canceled. The next meeting will be December 5 from 2:00-4:00 pm at the District Attorney's Office located at 901 G Street, Sacramento, CA 95814. Check in at the front window and present your ID. There will also be an option to attend virtually.</p> <p><b>Prevention Committee</b> No report provided. The next meeting is Tuesday, November 15 at 1:30 pm, which will be held in a virtual format.</p> <p><b>Treatment Committee</b> Paul Tanner reported that a debriefing of the job fair took place at the October 19 meeting. Next steps include planning for the next job fair to be held at CCAP in March 2023, and scheduling a social event of all service modalities to continue the networking that began at the Job Fair.</p> <p>The next Treatment Committee will be held on November 16, 2022 at 3 pm, which will be held at Bridges with a virtual option via ZOOM.</p> <p><b>Membership Committee</b> Harry Carlson reported that nominations for 2023 Officers will be accepted at the December meeting.</p>
<b>Public comment</b>	No public comment were made.
<b>Provider Announcements</b>	Severine Holland, BAART Programs, announced that the Norwood location has launched a new program with Sutter Health that will offer take

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	<p>home methadone. The program includes the use of an app and telehealth appointments. The BAART Carmichael Afterhours Program is conducting intakes from 3-8 pm, Monday, Wednesday, and Friday.</p> <p>John Durbin, Bridges Professional Treatment Services, reported that their Sober Living Environment is partnering with Operations Elf to provide families with toys, coats, and pajamas. The Department of Health Care Services (DHCS) has extended the use of telehealth services for DUI programs past January 2023. No date of how long telehealth services will be offered.</p>
<p><b>Behavioral Health Services (BHS) Report</b> Dr. Ryan Quist, Director, Behavioral Health Services</p>	<p>Dr. Quist provided the following report.</p> <ul style="list-style-type: none"> <li>• Timothy (Tim) W. Lutz is the new Director of Health Services. Tim comes to us from Tulare County. Tim has expressed interest in the ADAB and will attend a meeting in the future.</li> <li>• We are very much advocating for DHCS's proposal to apply for an IMD (Institutions for Mental Diseases) Waiver. Currently, Federal limitations do not allow for Medi-Cal reimbursement for facilities over 16 beds. The State Department of Finance, between legislative sessions, conducted a site visit of the Mental Health Treatment Center, which is a facility that has 50 beds. An IMD Waiver would allow the County to receive Medi-Cal reimbursement for facilities like the Treatment Center.</li> <li>• The Homeless Encampment and Response Team (HEART) Program is addressing the needs of our homeless. There are currently six staff members assigned to this program, which will be expanded to 14 staff members. For more information: <a href="https://dhs.saccounty.gov/BHS/Pages/heart.aspx">https://dhs.saccounty.gov/BHS/Pages/heart.aspx</a></li> <li>• An application will be submitted for the Behavioral Health Continuum Infrastructure Program. The application will include</li> </ul>

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	<p>substance use disorder residential treatment; we are currently exploring sites for the facility.</p> <ul style="list-style-type: none"> <li>• Chair Churchill inquired if youth residential would be included in the application. Ryan and Lori explained that the application will focus on adult residential. However, we are in the process of working with youth residential provider who is in the process of receiving their DHCS licensure.</li> </ul>
<b>Public comment</b>	No public comments were made.
<p><b>Substance Use Prevention and Treatment Services (SUPT) Report</b> Lori Miller, SUPT Division Manager</p>	<p>Lori Miller provided the following report:</p> <ul style="list-style-type: none"> <li>• Lori thanked our SUPT provider community and SUPT team for the innovative services to address methamphetamine use. We were asked to present at the Comprehensive Opioid Stimulant and Substance Abuse Program through the Bureau of Justice Administration and then from that presentation, we were asked to present at the National Cocaine, Meth and Stimulant Summit. Our work here in Sacramento County is getting National recognition. Lori has received calls from other states and jurisdictions around the innovative work we are doing here.</li> <li>• Lori participated in the California Department of Public Health Webinar on Preventing Fatal Overdose for Providers Working with People Experiencing Homelessness. Lots of great panelists and lots of great information to share with our partners on how to be innovative with our work with opioids and harm reduction. Over 300 attendees.</li> <li>• Continuing our work on residential and withdrawal management expansion with the goal to reduce placement pool and getting beneficiaries into treatment more quickly.</li> <li>• The next Methamphetamines Coalition will be held November 10. Presentations will be provided by our new Recover Program as well as Brother Be Well.</li> <li>• Lori will be making opening remarks at the 42<sup>nd</sup> Annual Aging Conference. This is the first time this conference will include a focus on substance use disorders; impact of opioids</li> </ul>

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	<p>and cannabis use and gambling addiction on older adults.</p> <ul style="list-style-type: none"> <li>• Methamphetamine International Awareness day is November 30. Partnering with Uptown Studios for a new campaign and they are also updating our LetsTalkMeth.org website.</li> <li>• Sacramento County Coalition for Youth participated in a SAMHSA podcast with regard to the “Talk. They Hear You.” Campaign.</li> <li>• Lori and Michelle Besse attended a mixer with IMPACT Sacramento. Their goal is to equip youth with resources and opportunities, empower them to be their best version of themselves, and help them identify their greatness. Youth are interested in the Advisory Board. A follow-up meeting will be scheduled with the youth. Lori and Michelle will be participating in a podcast around fentanyl education and awareness.</li> <li>• SUPT Spotlight:             <ul style="list-style-type: none"> <li>○ Nicole Harper and her team for their work in reducing the centralized placement pool by half in the past six months.</li> <li>○ Kimberly Grimes for all of her Behavioral Health Racial Equity Collaborative (BHREC) work.</li> </ul> </li> <li>• Kimberly reported that Women of Color on the Move is based in the 95828 zip code, which is an area of African American/Black underserved population. We are working with Women of Color, Omni Youth Programs, and mental health to plan an event in the 95828 zip code; three high schools have reached out regarding their concern about fentanyl. Embracing Equality, a new program, will be specifically for Black and African American families that are involved with CPS. At the onset, a cultural broker will be assigned to the family and follow them through with Early Intervention Court. Small internal SUPT team to make our own staff feel more comfortable working with Black/African American clients.</li> </ul>

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	<ul style="list-style-type: none"><li>• Chair Churchill thanked Nicole and Kimberly for all of their great work.</li></ul>
<b>Public comment</b>	No public comments were made.
<b>Adjournment</b>	<ul style="list-style-type: none"><li>• Meeting adjourned at 6:59 PM.</li></ul>