

**Sacramento County
Behavioral Health Commission (BHC)
General Meeting Minutes
September 24, 2025**

Meeting Time

Wednesday, September 24, 2025
6:00 PM – 8:00 PM

Meeting Location

7001-A East Parkway
Conference Room 1
Sacramento, CA 95823

Meeting Invitees

- Behavioral Health Commission
- General Public

Attendance			
Behavioral Health Commission (BHC) Members			
Name	Attendance	Name	Attendance
Donald Scherschligt	☒ Present ☐ Absent	Judith Mummert	☒ Present ☐ Absent
Sarah Weber	☒ Present ☐ Absent	Malgorzata Porembski	☒ Present ☐ Absent
Christian Jones	☒ Present ☐ Absent	Jennifer Churchill	☒ Present ☐ Absent
Ryan Raftery	☒ Present ☐ Absent	Bradley Lueth	☒ Present ☐ Absent
Mykel Gayent	☐ Present ☒ Absent	Laura Asay-Bemis	☒ Present ☐ Absent
Patricia Wentzel	☒ Present ☐ Absent	Theresa Riviera	☒ Present ☐ Absent
Cassidy Paige	☒ Present ☐ Absent	Javon Williams	☐ Present ☒ Absent
Corrine McIntosh Sako	☒ Present ☐ Absent	Rosario Rodriguez	☒ Present ☐ Absent
Melinda Avey	☒ Present ☐ Absent	Emily Halcon	☒ Present ☐ Absent
County Staff to Behavioral Health (BHC) Commission			
Name	Attendance	Name	Attendance
JaQuay Butler	☒ Present ☐ Absent	Christopher Costa	☒ Present ☐ Absent

Agenda Item	Discussion
I. Welcome and Introductions	The meeting was called to order at 6:00PM. Newly appointed Behavioral Health Commission (BHC) members introduced themselves.
II. Behavioral Health Commission Background and Overview	Sacramento County, Behavioral Health Services (BHS's) Executive Team introduced themselves and briefly described the units and programs they oversee. Dr. Ryan Quist, Behavioral Health Director • Provided a brief overview of the BHC bylaws: BHC membership criteria, quorum requirements, and term structure.
III. Behavioral Health Landscape	Dr. Ryan Quist, Behavioral Health Director • Provided brief updates on post-COVID changes in the behavioral health landscape and upcoming BHSA implementation. • Announced that the Director's Report will begin next month and will be shared digitally in advance, and verbally during meetings.

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IV. Election of Officers	BHC Election Results Chairperson Nominees • Melinda Avey (2 votes) • Corrine M. Sako (3 votes) • Judith Mummert (Elected: 10 votes) Vice-Chairperson Nominees • Cassidy Paige (Elected unanimously) Public Information Secretary • Laura Asay-Bemis (Elected unanimously)
V. Committee Appointments	BHC Committees The BHC Bylaws establish four (4) Committees: 1. Executive Committee is comprised of five members: the Chairperson, Vice-Chairperson, Public Information Secretary, immediate past Chair, and one member at large. If any of the officers are unable to serve or if any member occupies two of the designated positions, then a replacement member, which may result in an Executive Committee with multiple members-at-large, shall be selected by a majority vote of the Commission to serve on the Executive Committee. This committee shall comply with the Brown Act. The Executive Committee shall meet regularly, but in no case less than quarterly, to prepare the agendas for the General Meetings. In addition, the Executive Committee shall prepare the agenda for the annual retreat and carry out any responsibilities delegated to it by the Commission for any activities that do not require approval of the Commission. The Executive Committee is authorized to act on behalf of the Commission to fulfill the Commission's responsibilities only when time sensitive matters arise and an urgent response is required, but the entire Commission is unable to convene for a special meeting. In those circumstances the Executive Committee may perform only those actions necessary to deal with that emergent situation until such time as the Commission can be convened. Any actions taken pursuant to this subsection shall be placed on the agenda for the next subsequent General meeting for review by the Commission and are subject to the ratification or invalidation by a vote of the Commission. 2. Adult Prevention and Treatment (APT) Committee whose scope is examining and monitoring the community's public behavioral health needs, services, facilities, and special problems in any facility within the county where mental health or substance use disorder evaluations or services are being provided, with a focus on adults and older adults. One of the members shall serve as chair of the

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	committee and one of the members shall serve as a co-chair or vice-chair. Mental health services and substance use prevention and treatment services for the adult population will be considered in this committee's scope of work. This committee shall comply with the Brown Act. 3. Youth Prevention and Treatment (YPT) Committee whose scope is examining and monitoring the community's public behavioral health needs, services, facilities, and special problems in any facility within the county where mental health or substance use disorder evaluations or services are provided, with a focus on children, youth (including transitional age youth), and families. One of the members shall serve as chair of the committee and one of the members shall serve as a co-chair or vice-chair. Mental health services and substance use prevention and treatment services for children, adolescents, and transitional age youth will be considered in this committee's scope of work. This committee shall comply with the Brown Act. 4. Crisis and Justice Involved Continuum (CJIC) Committee whose scope is examining and monitoring the community's public behavioral health needs, services, facilities, and special problems in any facility within the county where mental health or substance use disorder evaluations or services are being provided, with a focus on the crisis and justice involved population. One of the members shall serve as chair of the committee and one of the members shall serve as a co-chair or vice-chair. Mental health services and substance use prevention and treatment services for the crisis involved population will be considered in this committee's scope of work. This committee shall comply with the Brown Act. All committee meetings will be held in-person with a virtual option for the public to attend. Committee Appointments 1. Executive Committee a. Judith Mummert b. Cassidy Paige c. Laura Asay-Bemis d. Jennifer Churchill e. Patricia Wentzel 2. Adult Prevention and Treatment Committee a. Donald Scherschligt b. Patricia Wentzel c. Melinda Avey

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	d. Bradley Lueth e. Laura Asay-Bemis f. Emily Halcon 3. Youth Prevention and Treatment Committee a. Sarah Weber b. Christian Jones c. Cassidy Paige d. Malgorzata (Margo) Porembski e. Jennifer Churchill f. Theresa Riviera 4. Crisis and Justic Involved Committee a. Donald Scherschligt b. Sarah Weber c. Ryan Raftery d. Patricia Wentzel e. Corrine McIntosh Sako f. Judith Mummert • A recommendation was made to consider a more central location for future meetings.
VI. Public Comment	• Commissioners were reminded to center the needs of the committees they serve and to ensure their actions reflect the mission and values of the Commission in all decision making. • A representative from Agency on Aging Area 4 shared information about services for older adults, including PEARLS, an in-home counseling program being offered in Sacramento County in partnership with El Hogar.
VII. Establishing Next Agenda	Proposed Topics for Executive Committee Consideration: • BHSA Implementation: Review of rollout plans and funding structure • Housing Allocation under BHSA • Budget Transparency: How BHS develops and allocates its budget • Expanding Co-Occurring Care: Increasing provider capacity to treat people with dual diagnoses in one setting • Workforce Development Update: Vacancy report, recruitment strategies, and retention efforts • Provider Directory and Language Access: Overview of County behavioral health services offered, and languages supported • Crisis Treatment Capacity: Current state and solutions when service capacity is exceeded. • Support for Grandparent Caregivers
VIII. Adjournment	Meeting adjourned at 8:00PM.