

DECEMBER UPCOMING OBSERVANCES & EVENTS

DECEMBER



National Impaired Driving Prevention Month Impaired Driving Affects Us All

Whether you're behind the wheel, riding as a passenger, or walking along the road — impaired driving affects us all. During the holidays — plan ahead, celebrate safely, and drive responsibly. Your choices and actions can save lives.



Every day, 34 lives are taken by impaired driving

DECEMBER

3

Sacramento County Coalition for Youth (SCCY)

Time: 4:30 PM - 6:00 PM

Location: Sacramento County Office of Education, Board Room, 10474 Mather Blvd, Mather

SCAN HERE



DECEMBER

17

Sacramento County Behavioral Health Commission Meeting

Time: 6:00 PM - 8:00 PM

Click [here](#) for meeting details or scan QR code

SCAN HERE



Safer Sacramento

www.safersacramento.com

Safer Sacramento provides educational multimedia resources to guide individuals to make healthy choices and to avoid or reduce the potential harm from the use or misuse of alcohol, tobacco, marijuana, and other substances.



A nine-part documentary blog series that sheds light on the harrowing reality of the fentanyl crisis in the U.S. and its impact on Sacramento County in particular.



FOLLOW US



Safer Sacramento



Safer Sacramento Youth

1PILL CAN KILL



1PILLCANKILLSAC

www.1pillcankillsac.com

The 1 Pill Can Kill Sac media campaign offers education and resources to raise awareness about the risk and dangers of fentanyl poisoning and counterfeit pills. Information on harm reduction strategies, substance use prevention and treatment services, and resources to save lives.

LET'S TALK
METH.ORG



Let's Talk Meth

www.letstalkmeth.org

As a campaign for Sacramento County Methamphetamine Coalition in partnership with Sacramento County Division of Behavioral Health Services, Substance Use Prevention and Treatment Services, Let's Talk Meth offers drug education, resources, and support for any person in need. Let's Talk Meth seeks to increase enrollment in Sacramento's substance use treatment programs while decreasing methamphetamine use throughout the county.



SAC County Healthy Beginnings

www.sachealthybeginnings.com

SAC County Healthy Beginnings is a program that focuses on **supporting healthy pregnancies and preventing prenatal substance exposure** through education, screening, and early intervention.

2026 TRAINING SCHEDULE - ONLINE EVENTS

[Learn more and register](#)

HOW ADULTS CAN INTERACT WITH CHILDREN TO PROMOTE EMOTIONAL AND BEHAVIORAL REGULATION

Wednesday, January 21, 2026
1 PM - 2:30 PM

BUILDING STRONGER BONDS: ENHANCING PARENT-CHILD ATTUNEMENT

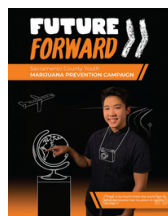
Wednesday, March 18, 2026
1 PM - 2:30 PM

BUILDING THERAPEUTIC APPROACHES FOR CHILDREN WITH PRENATAL SUBSTANCE EXPOSURE

Wednesday, June 17, 2026
1 PM - 2:30 PM



THERE IS HOPE. CHOOSE TREATMENT.
FOR YOUR BABY'S HEALTH - AND FOR A BRIGHTER FUTURE.



Future Forward

www.sacramentooccy.org/futureforward.html

As a campaign for Sacramento County Coalition for Youth and in partnership with Sacramento County Division of Behavioral Health Services, Substance Use Prevention and Treatment Services, Future Forward is a youth marijuana prevention campaign.



Talk. They Hear You.

www.sacramentooccy.org/TalkTheyHearYou.html

As a campaign for Sacramento County Coalition for Youth and in partnership with Sacramento County Division of Behavioral Health Services, Substance Use Prevention and Treatment Services, Talk. They Hear You. is a youth underage drinking prevention campaign.



FREE Narcan® and Fentanyl Testing Strips

For free Narcan® - scan QR code. Be sure to click through to page 2 to complete the form and make your request. Organizations may apply to DHCS, Naloxone Distribution Project for free Narcan® and Fentanyl Testing Strips at:
www.dhcs.ca.gov/individuals/Pages/Naloxone_Distribution_Project.aspx



Opioid Coalition Data Dashboard

www.sacopioidcoalition.org

With help from Sacramento County, the Opioid Coalition now has a LIVE updating dashboard that keeps track of suspected opioid overdoses over the last few years. You can examine the data monthly or annually, and filter by various demographics.



For more information on Substance Use Prevention and Treatment (SUPT) Services, please visit this link or scan the QR Code:

<https://dhs.saccounty.gov/BHS/Pages/SUPT/Substance-Use-Prevention-and-Treatment.aspx>

