

# Sacramento County Behavioral Health Commission General Meeting

## ANNOUNCEMENT – IN PERSON MEETING, HYBRID PARTICIPATION OPTION

The Sacramento County Behavioral Health Commission (BHC) promotes transparency, accountability, and community involvement in behavioral health services. The Commission meets monthly in a hybrid format. Community members may attend in person or join remotely, depending on available technology and staffing. Anyone who wants to ensure full participation is encouraged to attend in person

Ways to [Join the Meeting](#)

- **By phone:** Call (916) 245-8966 and enter Conference ID **781119740#**
- **By Microsoft Teams:**
- Meeting ID: 292 251 073 429 9 and Passcode: DS9jp6Ao

### Public Comment

Members of the public may provide verbal comments during the designated public comment period. Written comments may also be submitted by:

- Email: BehavioralHealthCommission@sacounty.gov
- Mail: Behavioral Health Services, Attn: Behavioral Health Commission  
7001-A East Parkway, Sacramento, CA 95823

Written comments will be accepted until the meeting adjourns. All comments will be shared with Commission members and included in the meeting record.

### Meeting Agenda

Wednesday, January 21, 2026  
6:00 PM – 8:00 PM

### Meeting Location

California Automobile Museum  
Education Conference Room  
2200 Front St,  
Sacramento, CA 95818

### Meeting Invitees

- Behavioral Health Commission
- General Public

Agenda Item	Presenter	Time
<b>I. Welcome and Introductions</b> In-Person and Remote Participation Roll Call Declaration of a Quorum BHC Member Announcements	Behavioral Health Commission Chairperson	6:00 – 6:05 pm
<b>II. Meeting Minutes Review</b> Review and approve 12/17/25 meeting minutes	Behavioral Health Commission Chairperson	6:05 – 6:10 pm
<b>III. Behavioral Health Services Directors Report</b>	Dr. Ryan Quist, Behavioral Health Director	6:10 – 6:20 pm
<b>IV. Discussion Item/Action Item: Review and Approve Data Notebook</b>	Behavioral Health Commission Members	6:20 – 6:30 pm
<b>V. Discussion/Action Item: Review and Approve BHC Member Conduct Agreement</b>	Behavioral Health Commission Members	6:30 – 6:40 pm
<b>VI. Administrative Barriers to Behavioral Health Services</b>	Behavioral Health Panelists	6:40 – 7:20 pm
<b>VII. Discussion/Action Item: Committee Membership and Participant Policy</b>	Behavioral Health Commission Members	7:20 – 7:30 pm
<b>VIII. Brown Act Presentation</b>	Christopher Costa, Supervising Deputy County Counsel	7:30 - 7:50 pm

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<b>IX. General Public Comment</b> Public comments on matters not on the posted agenda (3 minutes per person)	Members of the Public	7:50 - 7:59 pm
<b>X. Adjournment</b>	Behavioral Health Commission Chairperson	8:00 pm

**Recurring Meeting Schedule:** Third Wednesday of the month, 6:00PM – 8:00PM (unless specified otherwise).

For more information regarding the Sacramento County Behavioral Health Commission, please visit our website at [Behavioral Health Commission](#). If you plan to attend and need to arrange for an interpreter or a reasonable accommodation, please contact Gail Brosnan prior to the scheduled meeting at (916) 709-1653 or at BrosnanG@saccounty.gov.