

# Sacramento County Behavioral Health Commission General Meeting

## ANNOUNCEMENT – IN PERSON MEETING, HYBRID PARTICIPATION OPTION

The Sacramento County Behavioral Health Commission (BHC) promotes transparency, accountability, and community involvement in behavioral health services. The Commission meets monthly in a hybrid format. Community members may attend in person or join remotely, depending on available technology and staffing. Anyone who wants to ensure full participation is encouraged to attend in person.

### Ways to [Join the Meeting](#)

- **By phone:** Call **(916) 245-8966** and enter Conference ID **781119740#**
- **By Microsoft Teams:**
- Meeting ID: 292 251 073 429 9 and Passcode: DS9jp6Ao

### Public Comment

Members of the public may provide verbal comments during the designated public comment period. Written comments may also be submitted by:

- Email: BehavioralHealthCommission@saccounty.gov
- Mail: Behavioral Health Services, Attn: Behavioral Health Commission  
7001-A East Parkway, Sacramento, CA 95823

Written comments will be accepted until the meeting adjourns. All comments will be shared with Commission members and included in the meeting record.

### Meeting Agenda

Wednesday, January 21, 2026  
6:00 PM – 8:00 PM

### Meeting Location

California Automobile Museum  
Education Conference Room  
2200 Front St,  
Sacramento, CA 95818

### Meeting Invites

- Behavioral Health Commission
- General Public

Agenda Item	Presenter	Time
<b>I. Welcome and Introductions</b> In-Person and Remote Participation Roll Call Declaration of a Quorum BHC Member Announcements	Behavioral Health Commission Chairperson	6:00 – 6:05 pm
<b>II. Meeting Minutes Review</b> Review and approve 12/17/25 meeting minutes	Behavioral Health Commission Chairperson	6:05 – 6:10 pm
<b>III. Behavioral Health Services Directors Report</b>	Dr. Ryan Quist, Behavioral Health Director	6:10 – 6:20 pm
<b>IV. Discussion Item/Action Item: Review and Approve Data Notebook</b>	Behavioral Health Commission Members	6:20 – 6:30 pm
<b>V. Discussion/Action Item: Review and Approve BHC Member Conduct Agreement</b>	Behavioral Health Commission Members	6:30 – 6:40 pm
<b>VI. Administrative Barriers to Behavioral Health Services</b>	Behavioral Health Panelists	6:40 – 7:20 pm
<b>VII. Discussion/Action Item: Committee Membership and Participant Policy</b>	Behavioral Health Commission Members	7:20 – 7:30 pm
<b>VIII. Brown Act Presentation</b>	Christopher Costa, Supervising Deputy County Counsel	7:30 - 7:50 pm

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## General Meeting

<b>IX. General Public Comment</b> Public comments on matters not on the posted agenda (3 minutes per person)	Members of the Public	7:50 - 7:59 pm
<b>X. Adjournment</b>	Behavioral Health Commission Chairperson	8:00 pm

**Recurring Meeting Schedule:** Third Wednesday of the month, 6:00PM – 8:00PM (unless specified otherwise).

For more information regarding the Sacramento County Behavioral Health Commission, please visit our website at [Behavioral Health Commission](#). If you plan to attend and need to arrange for an interpreter or a reasonable accommodation, please contact Gail Brosnan prior to the scheduled meeting at (916) 709-1653 or at [BrosnanG@saccounty.gov](mailto:BrosnanG@saccounty.gov).