Sacramento County Behavioral Health Commission Executive Committee

February 2026 Meeting Minutes

Meeting Time
Thursday, February 18, 2026
6:00 PM – 7:30 PM

Meeting Location
700 H Street
Sacramento, CA 95814
Hearing Room 2

Meeting Invitees
- BHC Exec. Comm. members
- General Public

Behavioral Health Commission (BHC) Members Attendance

Present: Laura Asay-Bemis, Jennifer Churchill, Cassidy Paige, Sarah Weber, Patricia Wentzel

Absent: None

Remote: None

BHC County Staff/Liaisons Attendance

Present: Dr. Ryan Quist, Jane Ann Zakhary

Absent: None

1. Welcome and Introductions

Participants: BHC Chair *Meeting Logistics*

Roll Call & Declaration of Quorum

Chair Weber called the meeting to order at 6:00 PM.
Roll call was taken and quorum was met.

2. Approval of Meeting Minutes

Participants: BHC Executive Committee Members *Meeting Logistics*

Agenda Item/Vote: Approval of October 2025 Minutes

Action: Moved/Seconded: Commissioner Wentzel/Commissioner Asay-Bemis.
Yes: Wentzel, Asay-Bemis, Paige
No: None
Abstention: Weber, Churchill
Motion passed.

Agenda Item/Vote: Approval of December 2025 Meeting Minutes

Action: Moved/Seconded: Commissioner Wentzel / Commissioner Asay-Bemis.
Yes: Weber, Wentzel, Paige
No: None
Abstention: Churchill, Asay-Bemis
Motion passed.

3. Discussion/Action Item: Meeting Logistics (Venue Location for future BHC General Meetings)

Participants: BHC Executive Committee Members *Discussion/Action Item*

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Members reviewed three potential locations for future general meetings:

- Grantland L. Johnson Center for Health Services (East Parkway)
- California Automobile Museum (Front Street)
- Mack Powell Event Center (Howe Avenue)

Members discussed venue size, accessibility for district representatives, and cost considerations. County-owned locations would avoid rental fees, while non-county venues would cost approximately $1,000–$1,400+ per meeting.

Agenda Item/Vote: Selection of February BHC General Meeting Location

Action: Moved/Seconded: Commissioner Wentzel / Chairperson Weber to hold the next BHC meeting at East Parkway.

Yes: Weber, Wentzel, Asay-Bemis, Paige

No: Churchill

Abstention: None

Motion passed.

Members also recommended polling the full BHC membership regarding preferred meeting locations and the use of County funds for venue rental.

Agenda Item/Vote: Polling Full BHC Membership

Action: Moved/Seconded: Commissioner Wentzel / Chairperson Weber to poll all BHC members after discussion at the February General Meeting.

Yes: Weber, Churchill, Wentzel, Asay-Bemis, Paige

No: None

Abstention: None

Motion passed.

Public Comment:
None

4. Discussion/Action Item: Prepare Agendas for February, March, April BHC General Meetings

Participants: BHC Executive Committee Members *Discussion/Action Item*

Standing Item Discussion:

Members discussed maintaining Public Comment at both the beginning and end of meetings to support accessibility while monitoring time impacts. Members also requested that all BHC committees provide brief reports at each General Meeting.

February General Meeting Agenda:

Key items included:

- Ad Hoc Committee report on respite closures
- Director's Report, including state funding updates for sunsetting respite programs
- Presentation on BHS Housing programs/services
- Poll on future meeting locations

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Agenda Item/Vote: Approval of February Agenda

Action: Moved/Seconded: Commissioner Wentzel / Commissioner Churchill.

Yes: Weber, Churchill, Wentzel, Asay-Bemis, Paige

No: None

Abstention: None

Motion passed.

March General Meeting Agenda:

The March meeting will primarily serve as the Public Hearing for the BHSA Three-Year Integrated Plan, which is currently posted for 30-day public review.

Agenda Item/Vote: Approval of March Agenda

Action: Moved/Seconded: Commissioner Wentzel / Commissioner Asay-Bemis.

Yes: Weber, Churchill, Wentzel, Asay-Bemis, Paige

No: None

Abstention: None

Motion passed.

April General Meeting Agenda:

It was proposed to cancel the general meeting in April 2026, holding the annual retreat of the BHC in April.

Agenda Item/Vote: Approval of April Agenda

Action: Moved/Seconded: Commissioner Asay-Bemis / Commissioner Churchill.

Yes: Weber, Churchill, Wentzel, Asay-Bemis, Paige

No: None

Abstention: None

Motion passed.

Future Agenda Requests:

- Presentation on the Intensive Placement Team (IPT) requested by Commissioner Wentzel.

Public Comment

- A member of the public thanked the Committee for prioritizing Public Comment and expressed interest in the upcoming Housing Report. She noted that the previous meeting's late end time, small room, and recent rescheduling made participation difficult, and asked commissioners to consider the public when attending and maintaining meeting schedules.
- Andrea Crook shared correspondence from Commissioner Melinda Avey regarding an article in the Sacramento Bee on 988.

5. Discussion/Action Item: BHC Retreat Planning / Agenda Preparation

Participants: BHC Executive Committee Members *Discussion/Action Item*

Members discussed retreat length, facilitation, and scheduling. A four-hour retreat with a paid facilitator was recommended. Members expressed interest in both Saturday and Wednesday options.

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Agenda Item/Vote: Retreat Scheduling Poll

Action: Moved/Seconded: Chairperson Weber / Commissioner Paige to poll the full BHC on the following options:

- 4/11 12:00pm – 4:00pm
- 4/15 4:00pm – 8:00pm
- 4/15 5:00pm – 9:00pm
- 4/18 12:00pm – 4:00pm

Yes: Weber, Churchill, Wentzel, Asay-Bemis, Paige

No: None

Abstention: None

Motion passed.

Public Comment

Public comment included questions about retreat budget, support for a paid facilitator, and suggestions for mindfulness, meditation, and district-based cultural presentations.

6. General Public Comment

Participants: Members of the Public *Public Comment*

- A representative from Psynergy described their co-occurring services program for adults 18+ and offered facility tours.

7. Adjournment

Presenter: BHC Chair *Meeting Logistics*

Chairperson Weber adjourned the meeting at 7:30PM.

Recurring Meeting Schedule: First Thursday of the month, 6:00PM – 7:30PM (unless specified otherwise).

For more information regarding the Sacramento County Behavioral Health Commission, please visit our website at Behavioral Health Commission. If you plan to attend a meeting and need to arrange for an interpreter or a reasonable accommodation, please contact Gail Brosnan prior to the scheduled meeting at (916) 709-1653 or at BrosnanG@saccounty.gov.

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