

Sacramento County Behavioral Health Commission Executive Committee

May 2026 Meeting Minutes

Meeting Time

Tuesday, May 12, 2026
6:00 PM – 7:30 PM

Meeting Location

700 H Street
Sacramento, CA 95814
Hearing Room 2

Meeting Invitees

- BHC Exec. Committee
- General Public

Meeting Invitees

- Behavioral Health Commission Executive Committee Members
- General Public

Behavioral Health Commission (BHC) Members Attendance

Present: Sarah Weber, Cassidy Paige, Melinda Avey

Absent: Laura Asay-Bemis, Jennifer Churchill

Remote: None

BHC County Staff/Liaisons Attendance

Present: Dr. Ryan Quist, Kelli Weaver, Jane Ann Zakhary, Neeki Gilani, JaQuay Butler

Absent: None

Welcome and Introductions

Participants: BHC Chairperson

Meeting Logistics

Roll Call & Administration

- Chairperson Weber called the meeting to order at 6:37 PM.
- Roll call was conducted; quorum confirmed.
- Remote participation: None.
- April 2026 Meeting Minutes Approval: Minutes were generated and maintained by Behavioral Health Services (BHS) staff as required by Article VI, Section 4, of the bylaws. No corrections were requested; minutes were deemed accurate and approved.

1. Public Comment on Matters Not on the Posted Agenda

Participants: Public Comment

Public Comment

No public comment

2. April Retreat Debrief and Next Steps

Participants: BHC Executive Committee

Discussion

Summary of Discussion

- BHS staff shared County Counsel's reminders regarding public comment during Brown Act meetings. Chairperson Weber requested that the language be shared and distributed to the full commission.
- Commissioner Avey requested a citation from County Counsel regarding having committee

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break outs during the retreat.

- Commissioner Avey proposed forming an administrative ad hoc committee to assist BHS staff with streamlining procedures and help commissioners feel more connected to the meetings.

Public Comment

Members of the public provided public comments.

3. Future General Meeting Agendas (May, June, July)

Participants: BHC Executive Committee

Discussion/Action Item

Summary of Discussion

- The committee discussed setting a suggested limit of 3 to 5 minutes for commissioner's questions and speaking time. They also discussed limiting the number of agenda items and emphasized the importance of ending meetings on time.
- Future general meeting topics reviewed:
 1. June
 - Cultural competence showcase from Behavioral Health Services (BHS)
 - Presentation from Wellspace Health on Community-Defined Evidence Practices (CDEPs)
 2. July
 - Housing presentation from the Department of Homeless Services and Housing
 3. August
 - Post-jail treatment services
 - A potential panel organized by the Crisis and Justice Involved Continuum Committee, that includes representatives from Decarcerate Sacramento and Exodus Project.
- Chairperson Weber requested that the BHS Budget Overview presentation be made an action item on the agenda in case the Commission had recommendations that required action.
- Commissioners finalized the May 2026 General Meeting agenda:
 - Welcome and Introductions
 1. Public Comment
 2. Behavioral Health Services Director's Report
 3. Committee Updates & Memberships
 4. BHS Budget Overview
 5. Crisis and Justice Involved Continuum Committee Letter
 6. Proposal to Form Administrative Ad Hoc Committee
 - Meeting Conclusion

Public Comment

Members of the public provided public comments.

Motion/Vote

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Agenda Item/Vote: Approve the May 2026 General Meeting agenda.

Action: Moved/Seconded: Commissioner Weber/Paige

Yes: Commissioner Weber, Paige, Avey

No: None

Abstention: None

Motion: Passed

Meeting Conclusion

Presenter: Chairperson

Meeting Logistics

- Commissioner Announcements:
 - None
- Chairperson Weber adjourned the meeting at 07:31PM.

Recurring Meeting Schedule: First Thursday of the Month 6:00PM – 7:30PM (unless specified otherwise).

For more information regarding the Sacramento County Behavioral Health Commission, please visit our website at [Behavioral Health Commission](#). If you plan to attend a meeting and need to arrange for an interpreter or a reasonable accommodation, please contact Gail Brosnan prior to the scheduled meeting at (916) 709-1653 or at BrosnanG@sacounty.gov.