

Sacramento County Behavioral Health Commission Executive Committee

June 2026 Meeting Minutes

Meeting Time

Thursday, June 4, 2026
6:00 PM – 7:30 PM

Meeting Location

700 H Street
Sacramento, CA 95814
Hearing Room 2

Meeting Invitees

- BHC Exec. Committee
- General Public

Behavioral Health Commission (BHC) Members Attendance

Present: Laura Bemis, Sarah Weber, Melinda Avey, Jennifer Churchill

Absent:

Remote: Cassidy Paige

BHC County Staff/Liaisons Attendance

Present: Jane Ann Zakhary, Emmanuel Amanafor, JaQuay Butler

Absent: None

Welcome and Introductions

Participants: BHC Chairperson

Meeting Logistics

Roll Call & Administration

- Chairperson Weber called the meeting to order at 6:00 PM.
- Roll call was conducted; quorum confirmed.
- Remote participation: Commissioner Paige participated remotely for just cause under Government Code section 54953 due to personal illness.
- May 2026 Meeting Minutes Approval: Minutes were generated and maintained by Behavioral Health Services staff as required by Article VI, Section 4, of the bylaws. A correction regarding Commissioner Churchill's attendance status was requested. With this revision, the minutes were deemed accurate and approved.

1. Public Comment on Matters Not on the Posted Agenda

Participants: Public Comment

Public Comment

No public comment

2. Site Visit Discussion

Participants: BHC Executive Committee

Discussion/Action Item

Summary of Discussion

- Chairperson Weber reviewed the Secretary's role in coordinating site visits and noted prior Brown Act guidance.
- Site visits must avoid creating a quorum of the full Commission or any Committee, which is challenging due to overlapping committee membership.
- A process was proposed where each Committee identifies three or four potential site visit locations and submits recommendations to the Executive Committee for consolidation and

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future Commission discussion.

Public Comment

Members of the public provided public comment.

Motion/Vote

- **Agenda Item/Vote:** Authorize site visits to Safe Stay Communities.
- **Action:** Moved/Seconded: Chairperson / Commissioner
- **Yes:** Commissioners Weber, Churchill, Avey, Paige, Bemis
- **No:** None
- **Abstention:** None
- **Motion:** Passed

3. June BHC General Meeting Agenda

Participants: BHC Executive Committee

Discussion/Action Item

Summary of Discussion

- The Committee requested that Mary Nakamura, Behavioral Health Services (BHS) Program Manager, provide an overview of BHS Culturally Responsive Services, including partnerships with community-based programs, impacts of BHSA changes, and transition plans for programs being sunsetted or absorbed.
- They also expressed interest in hearing from refugee-serving organizations working across multiple communities to provide BHC commissioners with a better understanding of geographic and cultural representation in services available within Sacramento County.
- The Committee reviewed the final June agenda structure:
 - Welcome and Introductions
 - 1. Public Comment
 - 2. BHS Directors Report
 - 3. Committee Updates & Membership
 - 4. Culturally Responsive Services
 - 5. Site Visits
 - 6. Ad Hoc BHC Bylaws

Public Comment

No public comment

Motion/Vote

Agenda Item/Vote: Approve the June 2026 BHC Meeting Agenda.

Action: Moved/Seconded: Commissioner /

Yes: Commissioner Weber, Paige, Bemis, Avey

No: None

Abstention: None

Not Present for Vote: Commissioner Churchill

Motion: Passed

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4. Future General Meeting Agendas (July, August, Sept.)

Participants: BHC Executive Committee

Discussion/Action Item

Summary of Discussion

- The Executive Committee reviewed potential agenda topics for upcoming General Meetings and discussed balancing advance planning with the need for flexibility. Topics included:
 - **Housing:** Housing was identified a major community concern and noted its increasing visibility in public conversations, social media, and public comment. They discussed how city housing challenges often become county issues and requested an overview of how city and county housing systems interact, current programs, homeless services structure, anticipated changes, and connections to behavioral health services.
 - **California Pan-Ethnic Health Network (CPEHN):** Chairperson Weber received a request from CPEHN to present on county integration plans and community engagement efforts. Commissioners acknowledged the value of an external perspective but noted the topic had not originated from Commission priorities. The item remains under consideration.
 - **Behavioral Health Integration:** Commissioners requested regular updates on integration efforts, including complete changes, upcoming transitions, and how residents are experiencing the system.
 - **Cite and Release:** The current focus of the Crisis and Justice Involved Continuum Committee is drug testing and diversion. The topics of cite-and-release and reentry are planned for future CJIC Committee focus. The Executive Committee agreed the topic of cite-and-release should eventually come before the full Commission.
 - **Harm Reduction:** Commissioners expressed interest in broader harm-reduction topics and reducing misinformation. The Adult Prevention and Treatment Committee may take on this topic and bring potential recommendations to the Commission.
 - **Agenda Planning:** Chairperson Weber expressed interest in planning and approving multiple agendas in a meeting to assist staff with earlier posting times.

Public Comment

Members of the public provided public comment.

Meeting Conclusion

Presenter: Chairperson

Meeting Logistics

- Commissioner Announcements:
 - None.
- Chairperson Weber adjourned the meeting at 7:30PM.

Recurring Meeting Schedule: First Thursday of the Month 6:00PM – 7:30PM (unless specified otherwise).

For more information regarding the Sacramento County Behavioral Health Commission, please visit our website at [Behavioral Health Commission](#). If you plan to attend a meeting and need to arrange for an interpreter or a reasonable accommodation, please contact Gail Brosnan prior to the scheduled meeting at (916) 709-1653 or at BrosnanG@saccounty.gov.