

**Sacramento County  
Behavioral Health Commission (BHC)  
Executive Committee Meeting Minutes  
October 20, 2025**

**Meeting Time**

Monday, October 20, 2025  
9:00 AM – 10:30 AM

**Meeting Location**

7001-A East Parkway  
Conference Room 501  
Sacramento, CA 95823  
+ Hybrid Participation

**Meeting Invitees**

- BHC Executive Committee Members
- General Public

Attendance			
Behavioral Health Commission (BHC) Members			
Name	Attendance	Name	Attendance
Judith Mummert	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	Laura Asay-Bemis	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent
Cassidy Paige	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	Jennifer Churchill	<input type="checkbox"/> Present <input checked="" type="checkbox"/> Absent
Patricia Wentzel	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent		<input type="checkbox"/> Present <input type="checkbox"/> Absent
County Staff to Behavioral Health Commission (BHC) Executive Committee			
Name	Attendance	Name	Attendance
Dr. Ryan Quist	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	Christopher Costa	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent
Jane Ann Zakhary	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent		<input type="checkbox"/> Present <input type="checkbox"/> Absent

Agenda Item	Discussion	Time
<b>I. Welcome and Introductions</b> <b>Committee Introductions</b> Introductions of BHS Team	The meeting was called to order at 9:00AM. Behavioral Health Commission (BHC) members and Sacramento County Behavioral Health Services (BHS) staff introduced themselves.	9:00am
<b>II. Meeting Logistics</b>	<p>Executive Committee members agreed to hold Executive Committee meetings on the first Thursday of each month in the evening, at a central location. The next meeting is scheduled for Thursday, December 4, 2025, from 6:00 PM to 7:30 PM at 700 H Street, Sacramento CA 95814.</p> <p>Members expressed a preference to meet monthly for now, as the BHC is getting started. The meeting frequency may shift to quarterly in the future.</p> <p>Members also concluded that the scheduling of the BHC general meetings should be moved from the 4<sup>th</sup> Wednesday to the 3<sup>rd</sup> Wednesday of each month. The next general meeting will be scheduled for Wednesday, November 19, from 6:00 PM to 8:00 PM. The meeting location is still being finalized.</p>	9:20am

Agenda Item	Discussion	Time
<b>III. Discussion/Action Item:</b> Review & Approve Agenda for Next BHC General Meeting	<p>The following Agenda items were identified to be included on next BHC General Meeting Agenda:</p> <ul style="list-style-type: none"> <li>• BHS Director's Report</li> <li>• Behavioral Health Services Act update</li> <li>• General public comment</li> <li>• Election of BHC officers: Per the BHC Bylaws, election of officers happens each November at the general meeting. Chairperson Mummert advised that she would be stepping down but would hold her seat until the new year.</li> <li>• Committee Updates</li> <li>• Committee Appointments</li> </ul> <p>A motion to make this the agenda for the next BHC General meeting was unanimously approved.</p>	9:40am
<b>IV. Discussion: Future Agenda Topics</b>	<ul style="list-style-type: none"> <li>• Discussion of a retreat in early 2026, similar to what was held by the Mental Health Board each year.</li> <li>• Brainstorm new ways to integrate mental health treatment and substance use prevention and treatment.</li> <li>• More information from the Intensive Placement Team. How do they address co-occurring needs? How is their budget broken down?</li> <li>• Deep dive into housing services</li> <li>• Overview of the children's system, including early psychosis intervention. <ul style="list-style-type: none"> <li>○ Question about SacEDAPT waitlist, BHS Director to follow up</li> </ul> </li> <li>• Sheriff overview of misdemeanor and felony diversion programs.</li> <li>• Assistance for grandparents and single fathers raising kids with extreme behaviors.</li> </ul>	10:20am
<b>V. General Public Comment</b>	None	10:35am
<b>VI. Adjournment</b>	Chairperson Mummert adjourned the meeting.	10:39am