

Sacramento County Behavioral Health Commission (BHC)

Executive Committee Meeting Minutes

December 4, 2025

Meeting Time	Meeting Location	Meeting Invtees
Thursday, 6:00 PM to 7:30 PM	700 H Street Sacramento, CA 95814 Hearing Room 2 + Hybrid Participation	<ul style="list-style-type: none"> • BHC Executive Committee Members • General Public

Attendance			
Behavioral Health Commission (BHC) Executive Committee Members			
Name	Attendance	Name	Attendance
Judith Mummert	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	Laura Asay-Bemis	<input type="checkbox"/> Present <input checked="" type="checkbox"/> Absent
Cassidy Paige	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	Jennifer Churchill	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent
Patricia Wentzel	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent		<input type="checkbox"/> Present <input type="checkbox"/> Absent
County Staff to BHC Executive Committee			
Name	Attendance	Name	Attendance
Dr. Ryan Quist	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	Christopher Costa	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent
Jane Ann Zakhary	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent		

Agenda Item	Discussion	Time
I. Welcome and Introductions Committee Introductions Roll Call & Declaration of Quorum	Chair Mummert called the meeting to order at 6:00 PM. Roll call was taken and quorum was declared.	6:00 PM
II. Meeting Logistics	Commissioners cancelled the January 2026 BHC Executive Committee meeting which would have fallen on a County Holiday. Commissioners commented on audio issues in the last BHC Meeting, though the central location was appreciated. Dr. Quist confirmed that we will try the same venue one more time with some changes that will hopefully resolve these issues.	6:05 PM
III. Discussion/Action Items <ul style="list-style-type: none"> • BHC Member Conduct Agreement • CBHPC 2025 Data Notebook Survey 	Commissioner Asay-Bemis was not present to discuss her draft of the BHC Member Conduct Agreement. Therefore, discussion/action item has been moved to January. The Data Notebook was sent out, and Commissioners will discuss at the BHC December and make an action item in January.	6:20 PM

Agenda Item	Discussion	Time
IV. Discussion/Action Items <ul style="list-style-type: none"> Review and Approve Agenda for Future BHC General Meetings 	<p>Commissioners want to agendize some commissioner courtesy reminders, including:</p> <ul style="list-style-type: none"> • Brown Act rules regarding remote participation, • stating one's name before speaking in meetings, and • quorum -attendance is vital to the commitment. <p>Committee membership was discussed, and Council reiterated that under the Brown Act, subcommittees must meetings must not have so many members present that a quorum of the larger General BHC is created. The BHC Executive Committee discussed officially limiting Committee membership to 7 or 8 to prevent a quorum keeping in mind that BHC membership may dip down at times.</p> <p>Commissioner Wentzel noted there are currently two members at large on the BHC Executive Committee since there is no Former Chair. Chair Mummert is not available to remain on the Executive Committee in 2026 when Sarah Weber becomes the new Chair, so the BHC will need to vote to continue/discontinue the extra seat for the second member at large.</p> <p>Commissioner Wentzel reported that the Adult Prevention and Treatment Committee discussed the proposed closure of the Respite programs, and it was proposed that an ad hoc committee be formed to look into preserving these programs. An ad hoc committee could meet more frequently, make recommendations faster, and present directly to the BHC. Chair Mummert asked for a presentation about Respite Programs before the vote to approve the ad hoc committee.</p>	6:40 PM
V. Discussion: Future Agenda Topics	<p>December Agenda</p> <ol style="list-style-type: none"> 1. Discussion Item – Commissioner Duties 2. Action Item – Does the BHC wish to cap membership of each Committee to 7 or 8? 3. Action item – Does the BHC wish to continue the second Member at Large seat on the BHC Executive Committee for 2026? 4. Presentation about Respite Programs 5. Action Item – Does the BHC wish to create an ad hoc committee regarding the respite closures? 6. Discussion item - Data notebook 7. Committee report-outs 8. General public comment <p><u>Public Comment:</u> None</p>	7:00 PM

Agenda Item	Discussion	Time
	<p>Commissioner Wentzel moved to approve the December Agenda and Commissioner Churchill seconded the motion. All other Commissioners voted in favor. Motion was approved.</p> <p>January Agenda</p> <ul style="list-style-type: none"> a. Action Item 1 - Data Notebook b. Action Item 2- Conduct agreement c. Presentation- Administrative Barriers to Mental Health and SUPT Presentation -Brown Act <p>Presenter: Chris</p> <p><u>Public Comment:</u> None</p> <p>Commissioner Wentzel moved to approve the December Agenda and Commissioner Churchill seconded the motion. All other Commissioners voted in favor. Motion was approved.</p>	
VI. General Public Comment	None	7:22 PM
VII. Adjournment	Chair Mummert adjourned the meeting at 7:24 PM.	7:24 PM