

# Sacramento County Behavioral Health Commission Executive Committee

## March 2026 Meeting Minutes

### Meeting Time

Thursday, March 5, 2026  
6:00 PM – 7:30 PM

### Meeting Location

700 H Street  
Sacramento, CA 95814  
Hearing Room 2

### Meeting Invitees

- BHC Exec. Comm. members
- General Public

### Behavioral Health Commission (BHC) Members Attendance

Present: Laura Asay-Bemis, Jennifer Churchill, Sarah Weber, Patricia Wentzel

Absent: Cassidy Paige

Remote: None

### BHC County Staff/Liaisons Attendance

Present: Dr. Ryan Quist, Jane Ann Zakhary, Neeki Gilani

Absent: None

## Welcome and Introductions

*Participants: BHC Chairperson*

*Meeting Logistics*

### Roll Call & Administration

- Chairperson Weber called the meeting to order at 6:00PM.
- Roll call was conducted; quorum was declared.
- Remote attendance: None
- February 2026 Meeting Minutes Approval: Minutes were generated and maintained by Behavioral Health Services staff as required by Article VI, Section 4, of the bylaws. No corrections were requested; minutes were deemed accurate and approved.

## 1. Poll Results / Location for Future BHC General Meetings

Participants: BHC Executive Committee Members

*Discussion/Action Item*

### Summary of Discussion

- Behavioral Health Services staff shared that a list of 25 potential meeting locations had been compiled, though not all met the criteria identified by Commissioners.
- The Executive Committee discussed options and agreed to send a poll to the full Commission to vote to narrow down meeting venue choice. The final selection will be made at the March General Meeting.

### **Public Comment**

No public comment.

### **Motion/Vote**

**Agenda Item/Vote:** Send a poll with the BHS-compiled list of retreat and future meeting locations, with the final selection made at the March General Meeting.

**Action:** Moved/Seconded: Chairperson Weber / Commissioner Churchill.

**Yes:** Commissioners Sarah Weber, Patricia Wentzel, Laura Asay-Bemis, Jennifer Churchill

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**No:** None

**Abstention:** None

**Motion:** Passed

## 2. Site Visit Planning

*Participants: BHC Executive Committee Members*

*Discussion/Action Item*

### Summary of Discussion

Commissioner Asay-Bemis, as the BHC Public Information Secretary, is coordinating site visits for Commissioners. Commissioners discussed scheduling multiple site visits with small groups to avoid accidental quorums. No decision was made. They moved this topic to be discussed during item #3.

### **Public Comment**

Members of the public provided public comments.

### Motion/Vote

**Agenda Item/Vote:** None; item tabled for discussion under Agenda Item #3.

**Action:** Moved/Seconded: None

**Yes:** None

**No:** None

**Abstention:** None

**Motion:** Tabled

## 3. BHC April Retreat Agenda Topics

*Participants: BHC Executive Committee Members*

*Discussion/Action Item*

### Summary of Discussion

- Commissioners discussed criteria for meeting locations, including cost, centrality, capacity, food policies, parking, and hybrid-meeting technology.
- Commissioners agreed that the poll will serve as a tool for commissioners to express preferences, and the final vote on the retreat and general meeting locations will occur at the March General Meeting.

### **Public Comment**

No public comment.

### Motion/Vote

**Agenda Item/Vote:** Establish April 15, 2026, from 5:30PM – 9:00PM as the BHC Retreat date and time.

**Action:** Moved/Seconded: Chairperson Weber / Commissioner Churchill.

**Yes:** Commissioners Sarah Weber, Patricia Wentzel, Laura Asay-Bemis, Jennifer Churchill

**No:** None

**Abstention:** None

**Motion:** Passed

**Agenda Item/Vote:** Approve agenda topics for April 2026 BHC Retreat.

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**Action:** Moved/Seconded: Commissioner Wentzel / Commissioner Churchill

**Yes:** Commissioner Asay-Bemis, Churchill, Chairperson Weber, Wentzel

**No:** None

**Abstention:** None

**Motion:** Passed.

**Public Comment:**

No public comment.

## 4. Staggered Terms

*Participants: BHC Executive Committee Members*

*Discussion/Action Item*

### Summary of Discussion

BHS staff noted that the bylaws intend for staggered terms so that no more than one-third of commissioner's term out at the same time. This item was introduced for awareness and will return at the April Executive Committee meeting. BHS staff will prepare proposed staggered-term assignments for review.

**Public Comment**

No public comment.

### Motion/Vote

**Agenda Item/Vote:** None; item tabled for discussion at a later date.

**Action:** None

**Yes:** None

**No:** None

**Abstention:** None

**Motion:** Tabled

## 5. General Public Comment

*Participants: Members of the Public*

*Public Comment*

Members of the public provided public comments.

## Meeting Conclusion

*Presenter: BHC Chairperson*

*Meeting Logistics*

- Commissioner Announcements: None
- Chairperson Weber adjourned the meeting at 7:29pm.

Recurring Meeting Schedule: First Thursday of the month, 6:00PM – 7:30PM (unless specified otherwise).

For more information regarding the Sacramento County Behavioral Health Commission, please visit our website at [Behavioral Health Commission](#). If you plan to attend a meeting and need to arrange for an interpreter or a reasonable accommodation, please contact Gail Brosnan prior to the scheduled meeting at (916) 709-1653 or at [BrosnanG@saccounty.gov](mailto:BrosnanG@saccounty.gov).