

FEBRUARY UPCOMING OBSERVANCES & EVENTS

FEBRUARY

Black History Month A Century of Black History Commemorations



February is Black History Month - a time to celebrate the achievements, contributions, and history of African Americans. This year marks 100 years since the first observance, established in 1926.



The See Her Bloom Program launched a new podcast: **Sipping Tea for Black Women's Wellness**. By elevating the voices and perspectives of Black mothers, educators, advocates, behavioral health providers, and faith leaders - this podcast hopes to uncover strategies to better serve the black community.



FEBRUARY

2

Sacramento County Methamphetamine Coalition

The goal of the Methamphetamine Coalition is to identify and implement initiatives addressing the methamphetamine use problem and reducing meth use and its impact in Sacramento County.

Where: Virtual over Zoom ([registration link](#))

Time: 2:00 PM



FEBRUARY

25

Sacramento County Opioid Coalition Meeting Together, We Save Lives.



Mission: The Sacramento County Opioid Coalition's mission is to save lives by reducing opioid misuse, overdose, and stigma through community collaboration.

Where: Virtual over Zoom ([registration link](#))

Time: 2:00 PM

Theme: This meeting highlights how listening to community voices and honoring cultural perspectives can strengthen our collective response to the overdose crisis.



Sacramento County Behavioral Health Commission (BHC) Meetings

BHC General Meeting (3rd Wednesday monthly @ 6:00 PM):

Reviews, evaluates, and advises the Board of Supervisors regarding the community's public behavioral health needs and services.

BHC Adult Prevention and Treatment Committee (2nd Monday monthly @ 6:00 PM):

Examining and monitoring the community's public behavioral health needs, services, facilities, and special problems in any facility within the county where mental health or substance use disorder evaluations or services are being provided, with a focus on adults and older adults.

Sacramento County Behavioral Health Commission (BHC) Meetings

BHC Youth Prevention and Treatment Committee (1st Monday monthly @ 6:00 PM):

Examining and monitoring the community's public behavioral health needs, services, facilities, and special problems in any facility within the county where mental health or substance use disorder evaluations or services are being provided, with a focus on children, youth (including transitional age youth), and families.

BHC Crisis and Justice Involved Continuum Committee (2nd Thursday monthly @ 4:00 PM):

Examining and monitoring the community's public behavioral health needs, services, facilities, and special problems in any facility within the county where mental health or substance use disorder evaluations or services are being provided, with a focus on the crisis and justice involved population.

The meeting agendas are posted to the [Behavioral Health Commission 2026 Meetings webpage](#).



Safer Sacramento

www.safersacramento.com

Safer Sacramento provides educational multimedia resources to guide individuals to make healthy choices and to avoid or reduce the potential harm from the use or misuse of alcohol, tobacco, marijuana, and other substances.



THE RIPPLE EFFECT

A nine-part documentary blog series that sheds light on the harrowing reality of the fentanyl crisis in the U.S. and its impact on Sacramento County in particular.



SAFER SACRAMENTO



SAFER SACRAMENTO YOUTH



SAC COUNTY
Healthy Beginnings

SACCounty Healthy Beginnings

www.sachealthybeginnings.com

SACCounty Healthy Beginnings is a program that focuses on supporting healthy pregnancies and preventing prenatal substance exposure through education, screening, and early intervention.

SCAN HERE



2026 TRAINING SCHEDULE - ONLINE EVENTS

[Learn more and register](#)

BUILDING STRONGER BONDS: ENHANCING PARENT-CHILD ATTUNEMENT

Wednesday, March 18, 2026
1 PM - 2:30 PM

BUILDING THERAPEUTIC APPROACHES FOR CHILDREN WITH PRENATAL SUBSTANCE EXPOSURE

Wednesday, June 17, 2026
1 PM - 2:30 PM



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SAVE THE DATE

Please Save the Date for Sacramento County's annual summit- an event dedicated to spreading awareness, providing education, and engaging the community to enhance the safety of the greater Sacramento community.

MORE INFORMATION >>



FENTANYL AND BEYOND A COMMUNITY RESPONSE SUMMIT

MAY 12,
2026

9AM - 4PM



IN PARTNERSHIP WITH:



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