

Sacramento County Behavioral Health Commission (BHC) General Meeting Minutes

Meeting Time

Wednesday, February 25, 2026
6:00PM – 8:00PM

Meeting Location

7001 East Parkway
Conference Room 1
Sacramento, CA 95823

Meeting Invitees

- Behavioral Health Commission
- General Public

Behavioral Health Commission (BHC) Members Attendance

Present: Donald Scherschligt, Sarah Weber, Tyler Welter, Ryan Raftery, Mykel Gayent, Patricia Wentzel, Cassidy Paige, Corrine McIntosh Sako, Melinda Avey, Michael Grabow, Judith Mummert, Jennifer Churchill, Bradley Lueth, Laura Asay-Bemis, Javon Williams, Emily Halcon, John Durbin

Absent: Theresa Riviera, Rosario Rodriguez, Sydney Bice

BHC County Staff/Liaisons Attendance

Present: Neeki Gilani, Christopher Costa

1. Welcome and Introductions

Participants: BHC Chairperson

Meeting Logistics

Roll Call & Declaration of Quorum

- Chairperson Weber called the meeting to order at 6:00PM.
- Roll call was conducted; quorum was declared.
- Remote participation: None

Behavioral Health Commission Announcements

- Chairperson Weber announced that the April General Meeting will be replaced with a Commission retreat. BHS Staff will send a poll to determine the preferred date.
- Commissioner Asay-Bemis shared information about [Journey of Hope](#) and invited participation for Stop Stigma Sacramento.

Public Comment

No public comment.

2. Meeting Minutes Review and Approval

Participants: Behavioral Health Commission

Meeting Logistics

Summary of Discussion

Commissioners approved January meeting minutes, pending several clarifications and corrections, including credentialing details, committee membership, and identification of speakers.

3. Public Comment

Participants: Members of the Public

Discussion Item

Members of the public provided public comments.

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4. Committee Updates

Adult Prevention and Treatment Committee (APTC)

- Committee discussed upcoming informational needs and identified priority topics for future presentations.

Crisis and Justice Involved Continuum Committee

- Committee elected a Chair (Commissioner Avey) and Co-Chair (Commissioner Scherschligt) and are planning work aligned with the Sequential Intercept Model.

Youth Prevention and Treatment Committee

- Committee elected a Chair (Commissioner Williams), reviewed youth behavioral health services and began developing a six-month work plan, including a site visit.

Public Comment

No public comment.

5. Behavioral Health Directors Report

Participants: Behavioral Health Commission

Discussion Item

Summary of Discussion

Dr. Quist provided updates across Behavioral Health Services (see attachment: [Director's Report – March 2026](#)).

Public Comment

No public comment.

6. Crisis Center Respite Programs Recommendation

Participants: Behavioral Health Commission

Discussion/Action Item

Summary of Discussion

Chairperson Weber introduced the ad hoc committee's recommendation letter. Commissioners discussed data limitations, funding constraints, and potential impacts of program closure.

Public Comment

Members of the public provided public comments.

Motion/Vote

Agenda Item/Vote: Adoption of the ad hoc committee's letter

Action: Moved/Seconded: Commissioner McIntosh Sako / Commissioner Asay-Bemis.

Yes: Commissioners Donald Scherschligt, Sarah Weber, Tyler Welter, Patricia Wentzel, Cassidy Paige, Corrine McIntosh Sako, Bradley Lueth, Laura Asay-Bemis

No: Commissioner Melinda Avey

Abstention: Commissioners Ryan Raftery, Mykel Gayent, Michael Grabow, Judith Mummert, Jennifer Churchill, Javon Williams, Emily Halcon, John Durbin

Motion: Passed

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7. Housing Presentation

Presenters: Monica Rocha-Wyatt, Caitlyn Paulson, and Sheri Green

Presentation

Summary of Presentation

Behavioral Health Services (BHS) Health Program Manager Monica Rocha-Wyatt, Health Program Manager Caitlyn Paulson, and Division Manager Sheri Green gave a comprehensive overview of BHS Housing services and answered questions from commissioners.

Public Comment

No public comment.

8. Meeting Location for General Meetings

Participants: Behavioral Health Commission

Discussion/Action Item

Summary of Discussion

Commissioners discussed two proposed venues and raised considerations related to cost, accessibility, and alternative options.

Public Comment

Members of the public provided public comments.

Motion/Vote

Agenda Item/Vote: Host March 2026 general meeting at 7001 East Parkway and agendaize future location decision.

Action: Moved/Seconded: Commissioner Avey / Commissioner Halcon.

Yes: Donald Scherschligt, Sarah Weber, Tyler Welter, Ryan Raftery, Mykel Gayent, Patricia Wentzel, Cassidy Paige, Corrine McIntosh Sako, Melinda Avey, Michael Grabow, Judith Mummert, Bradley Lueth, Laura Asay-Bemis, Javon Williams, Emily Halcon, John Durbin

No: Jennifer Churchill

Abstention: None

Motion: Passed

9. General Public Comment

Participants: Members of the Public

Discussion Item

Members of the public provided public comments.

10. Adjournment

Presenter: BHC Chairperson

Meeting Logistics

Chairperson Weber adjourned the meeting at 8:28PM.

Recurring Meeting Schedule: Third Wednesday of the Month, 6:00PM – 8:00PM (unless specified otherwise).

For more information regarding the Sacramento County Behavioral Health Commission, please visit our website at [Behavioral Health Commission](#). If you plan to attend a meeting and need to arrange for an interpreter or a reasonable accommodation, please contact Gail Brosnan prior to the scheduled meeting at (916) 709-1653 or at BrosnanG@saccounty.gov.