

Behavioral Health Services (BHS) encompasses a range of **mental and substance use treatment services** aimed at improving well-being. These services include comprehensive assessments, treatment planning, care coordination, therapy, counseling, crisis intervention, and medication management.

## Crisis Services

**911**

Life-threatening Emergencies

## **988/Community Wellness Response Team (CWRT)**

*Call or text 988*

24/7 behavioral health crisis support with mobile crisis teams that can respond in-person when needed

## Drop-In Crisis Services

### **Mental Health Urgent Care Clinic (MHUCC)**

916-520-2460

2130 Stockton Blvd, Bldg. 300,  
Sacramento, CA 95813

### **Mental Health Treatment Center**

916-875-1000

2150 Stockton Boulevard,  
Sacramento, CA 95817

*Drop In Hours*

Sat - Sun: 8 pm - 8 am  
M - F: 12 am - 8 am

## **Screening, Assessment, and Coordination (SAC)**

### **BHS-SAC**

916-875-1055 Toll-free 888-881-4881

CA Relay Service: 711

M - F: 8 am - 5 pm

**Drop-In CORE, FIT,  
& Substance Use  
Services**

[sholink.to/BHSDropIn](https://sholink.to/BHSDropIn)



## **Behavioral Health Services**

*Scan the QR code below for more information, locations, and updated hours*

### **Community Support Team (CST)**

916-874-6015

Non-urgent crisis and community-based team providing mental health & substance use screenings, supports, interventions, linkage to resources, and system navigation for any individual.

## **MENTAL HEALTH PROGRAMS**

### **CORE Program**

*CORE Sites:*

11 locations provide moderate-to-high intensity mental health and co-occurring substance use services to individuals 18 years or older

*CORE Community Wellness Centers:*

Peer-run centers providing support and activities

### **Flexible Integrated Treatment (FIT) Program**

16 locations provide outpatient mental health and co-occurring substance use treatment for youth

## **SUBSTANCE USE PROGRAMS**

11 outpatient and 10 intensive outpatient providers offering Substance Use Disorder (SUD) treatment for adults and youth. 10 medication-assisted treatment providers offer full outpatient services with medication support.

## **LEARN MORE**



[micro.page/BHS](https://micro.page/BHS)



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