

APRIL UPCOMING OBSERVANCES & EVENTS

APRIL
16

Community Conversation - District 1

Connect with Supervisor Serna and Sacramento County partners to discuss the impact of substances on our community and learn about available resources.

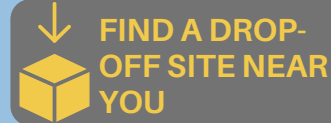
[Register for Zoom Meeting](#)



APRIL
25

National Prescription Take Back Day

A nationwide event that provides safe disposal of unused or expired prescription medications.



KEEP THEM SAFE. CLEAR THEM OUT. TAKE THEM BACK. DEAtakeback.com

APRIL
29

National Fentanyl Awareness Day (NFAD)

Take Action. Save Lives.

[Access the NFAD Toolkit](#)



A nine-part documentary blog series that sheds light on the harrowing reality of the fentanyl crisis in the U.S. and its impact on Sacramento County in particular.

[WATCH NOW](#)



Sacramento County Behavioral Health Commission (BHC) Meetings

APRIL 6 BHC Youth Prevention and Treatment Committee
(1st Monday monthly @ 6:00 PM)

APRIL 9 BHC Crisis and Justice Involved Continuum Committee
(2nd Thursday monthly @ 4:00 PM)

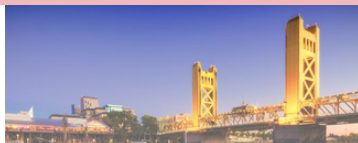
APRIL 13 BHC Adult Prevention and Treatment Committee
(2nd Monday monthly @ 6:00 PM)

APRIL 15 BHC General Meeting
(3rd Wednesday monthly @ 6:00 PM)



The meeting agendas are posted to the [Behavioral Health Commission Meetings webpage](#).

MAY
12



FENTANYL AND BEYOND

A Community Response Summit

TUESDAY | MAY 12 | 9AM-4PM

CITRUS HEIGHTS EVENT CENTER



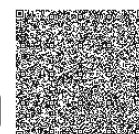
BHCS

2026 Fentanyl and Beyond: A Community Response Summit

Join us for this free conference! Learn more about drug trends in Sacramento, connect with community partners, and join local efforts to make Sacramento safer for everyone.

[Register to Attend](#)

[Request Vendor Table](#)





Safer Sacramento

www.safersacramento.com

Safer Sacramento provides educational multimedia resources to help youth, families, and community members make healthy choices, seek support, and reduce harm.

EXPLORE. LEARN. SHARE.

FOLLOW US! >>



Safer Sacramento Youth

www.safersacramentoyouth.com

Safer Sacramento Youth provides a welcoming, inclusive online space for all things related to mental health, well-being, and substance use.

LEARN MORE

WHAT IS MENTAL HEALTH?



WHAT IS SUBSTANCE USE?

WHAT IS WELL-BEING?



SAC County Healthy Beginnings

www.sachealthybeginnings.com

SAC County Healthy Beginnings is a program that focuses on supporting healthy pregnancies and preventing prenatal substance exposure through education, screening, and early intervention.

2026 TRAINING SCHEDULE - ONLINE EVENTS

[Learn more and register](#)



DRUG USE IN PREGNANCY: MOTHER AND CHILD

WEDNESDAY, APRIL 15, 2026 // 1 PM - 2:30 PM

FETAL ALCOHOL SPECTRUM DISORDER (FASD): UNDERSTANDING THE DIAGNOSIS

WEDNESDAY, MAY 6, 2026 // 1 PM - 2:30 PM

BEHAVIOR BELONGS IN THE BRAIN: CHILDREN AND TEENS

WEDNESDAY, MAY 20, 2026 // 1 PM - 2:30 PM

MARIJUANA, PREGNANCY, AND FAMILY FUNCTIONING

WEDNESDAY, JUNE 10, 2026 // 1 PM - 2:30 PM

THERAPEUTIC APPROACHES FOR CHILDREN WITH PRENATAL SUBSTANCE EXPOSURE

WEDNESDAY, JUNE 17, 2026 // 1 PM - 2:30 PM

RISK IS DESTINY: BEHAVIORAL AND EDUCATIONAL INTERVENTIONS FOR CHILDREN AND TEENS AFFECTED BY PRENATAL SUBSTANCE EXPOSURE

WEDNESDAY, JUNE 24, 2026 // 1 PM - 2:30 PM



THERE IS HOPE. CHOOSE TREATMENT.
FOR YOUR BABY'S HEALTH - AND FOR A BRIGHTER FUTURE.



FOLLOW US



FREE Narcan® - Fentanyl Testing Strips - Sexual Health Kits

To request free supplies, scan QR Code



Opioid Coalition Data Dashboard

www.sacopioidcoalition.org

LIVE dashboard that keeps track of suspected opioid overdoses.



For more information on Substance Use Prevention and Treatment Services, please [click here](#) or scan the QR code

