

JUNE UPCOMING OBSERVANCES & EVENTS

JUNE

Pride Month

A month-long observance dedicated to the celebration of LGBTQ+ pride, commemorating the contributions of LGBTQ+ culture and community.
[Join Sacramento Pride June 13 & 14, 2026](#)

JUNE

National Post Traumatic Stress Disorder (PTSD) Awareness Month

National PTSD Awareness Month aims to spread awareness of PTSD and effective treatment options. PTSD and substance use disorders often co-occur, with individuals using substances to cope with PTSD symptoms.
Learn more by visiting the [American Psychiatric Association](#).

JUNE

15

World Elder Abuse Awareness Day

With a rapidly aging global population, concern for elder abuse is growing. Mistreatment and abuse are risk factors that contribute to the increased risk of substance use and mental health struggles in older adults.

Signs of Possible Abuse:

- Unexplained bruises or injuries
- Confusion, disorientation, or changes in mental status
- Caregiver is angry, indifferent, or aggressive
- Missing personal belongings, papers, or credit cards
- Hesitancy to talk openly
- Lacks necessities such as food, water, utilities, medication, or medical care

Anyone can file a report at any time, 24 hours a day, 7 days a week with Adult Protective Services. Learn more by visiting the [Sacramento County Adult Protective Services](#).

JUNE

26

International Day Against Drug Abuse & Illicit Trafficking

Persisting Issues - New Challenges - Innovative Responses

Join the global effort by helping raise awareness, sharing resources within your networks, and promoting prevention and support services in your community.
Learn more by visiting the [United Nations - Office on Drugs and Crime](#).



Sacramento County Behavioral Health Commission (BHC) Meetings



JUNE 1

BHC Youth Prevention and Treatment Committee
(1st Monday monthly @ 6:00 PM)

JUNE 8

BHC Adult Prevention and Treatment Committee
(2nd Monday monthly @ 6:00 PM)

JUNE 11

BHC Crisis and Justice Involved Continuum Committee
(2nd Thursday monthly @ 4:00 PM)

JUNE 17

BHC General Meeting
(3rd Wednesday monthly @ 6:00 PM)

The meeting agendas are posted to the [Behavioral Health Commission Meetings webpage](#).



Safer Sacramento
www.safersacramento.com



Safer Sacramento provides educational multimedia resources to help youth, families, and community members make healthy choices, seek support, and reduce harm.



THE RIPPLE EFFECT

▶ WATCH NOW



Safer Sacramento Youth
www.safersacramento-youth.com

Safer Sacramento Youth provides a welcoming, inclusive online space for all things related to mental health, well-being, and substance use.



SAC County Healthy Beginnings
www.sachealthybeginnings.com

SAC County Healthy Beginnings is a program that focuses on **supporting healthy pregnancies and preventing prenatal substance exposure** through education, screening, and early intervention.

2026 TRAINING SCHEDULE - ONLINE EVENTS

Learn more and register



MARIJUANA, PREGNANCY, AND FAMILY FUNCTIONING
WEDNESDAY, JUNE 10, 2026 // 1 PM - 2:30 PM

THERAPEUTIC APPROACHES FOR CHILDREN WITH PRENATAL SUBSTANCE EXPOSURE
WEDNESDAY, JUNE 17, 2026 // 1 PM - 2:30 PM

RISK IS DESTINY: BEHAVIORAL AND EDUCATIONAL INTERVENTIONS FOR CHILDREN AND TEENS AFFECTED BY PRENATAL SUBSTANCE EXPOSURE
WEDNESDAY, JUNE 24, 2026 // 1 PM - 2:30 PM



THERE IS HOPE. CHOOSE TREATMENT.
SEE YOUR BEST HEALTH - AND YOUR BRIGHTER FUTURE.



FREE Narcan® - Fentanyl Testing Strips - Sexual Health Kits
To request free supplies, scan QR Code



Opioid Coalition Data Dashboard

LIVE dashboard that has information on Emergency Department visits and hospitalized cases suspecting opioid overdoses.

