



SACRAMENTO COUNTY BEHAVIORAL
HEALTH SERVICES
CULTURALLY RESPONSIVE SERVICES

Presentation to Sacramento County Behavioral Health Commission
June 17, 2026

Mary Nakamura, LCSW – Cultural Competence/Ethnic Services Manager
Gail Brosnan, Human Services Program Planner
Ajna Glisic, LMFT – Mental Health Program Coordinator
Continuous Quality Improvement

BEHAVIORAL HEALTH SERVICES
CORE PURPOSE
VISION
MISSION

Core Purpose:

Enriching Communities to Thrive through Accessible, Equitable Behavioral Health Care

Vision:

A Premier, Trusted Behavioral Health System that fosters a healthy, inclusive community where all people can achieve optimal behavioral health across the lifespan.

Mission:

Improve residents' quality of life by delivering cost-effective, culturally responsive, strength-based behavioral health services that promote recovery, wellness, and resilience, while strengthening community partnerships and advancing health equity.

BEHAVIORAL HEALTH SERVICES

VALUES + BEHAVIOR

Values + Behavior = Culture: BHS PRIDE

Principled + Integrity in Care: We act with honesty, transparency, and accountability in all behavioral health services.

Respect + Compassion: We listen, honor lived experience, and treat every individual with dignity, empathy, and cultural humility.

Innovation + Community Defined/Evidence-Based Practice: We encourage creativity and continuous improvement to achieve measurable outcomes.

Diversity, Inclusion + Equity & Access: We commit to reducing disparities and ensuring services are inclusive and culturally responsive.

Excellence + Outcome-Driven Service: We invest in our workforce and deliver high-quality, responsive behavioral health services.

AGENDA

Background

Culturally
Responsive
Strategies

Panel

As you follow along, take note of any data points or trends that stand out or spark your curiosity.



BACKGROUND



The California Department of Health Care Services mandates that each county develop and implement a Cultural Competence Plan (CCP) to ensure culturally and linguistically competent behavioral health services.

All CCP reports can be found on BHS website, under “Reports & Workplans.”

Cultural Competence Plan Prepared by: Vanessa Cuevas-Romero, Mary Nakamura, Dawn Williams, Allison Williams, Erica Jaramillo, Rob Kesselring, Christina Irizarry, Rexanne Irizarry, Korlany Roche, Houa Yang, Tory Ross, Stephanie Dasalla, LaVonne Ricks, Melissa Viscarra, Lien Lam, Neeki Gilani, Lupe Zavala, Ajna Glisic, Arys Scott, Whitney Owens, Eryca Taylor, Andrew Wakefield, Alexander Sopp, and Alondra Thompson.

Peer Reviewed by: Health Program Managers, BHS Division Managers, Kelli Weaver, and Dr. Quist



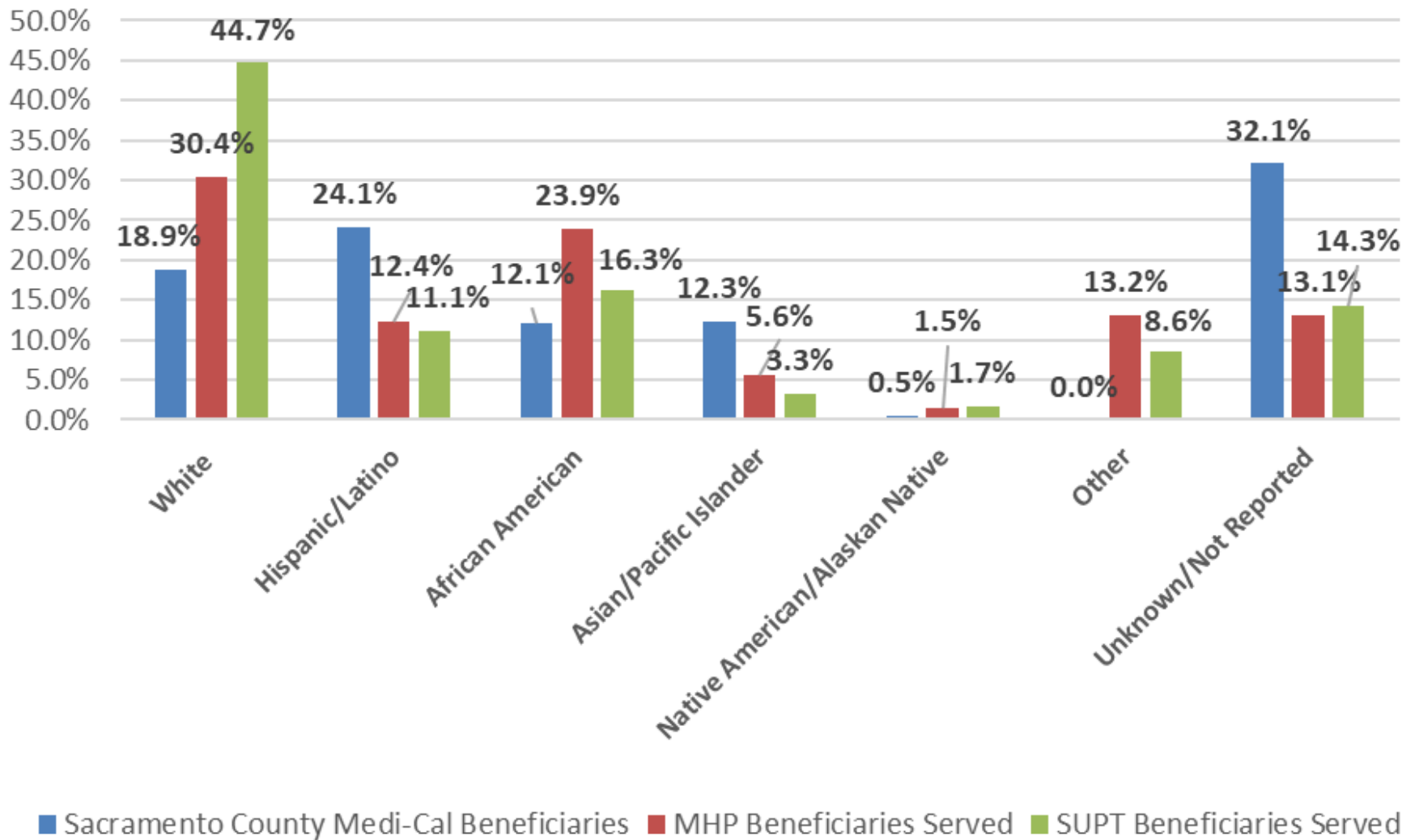
FISCAL YEAR 2024-2025 BUDGET ALLOCATION

- **Total Expenditures for Cultural Competence Activities: \$53.6M**
- **Total Expenditures for Interpreter/Translation services: \$760K**
- **Total Expenditures for Bilingual/Bicultural Staff: \$44.2M**
- **Total Expenditures for Natural Healers: \$100K**
- **Total Expenditures for Cultural Competence Trainings: \$828K**

An illustration featuring several hands of different colors (pink, orange, brown, blue) holding a smartphone. The phone's screen is filled with various colorful geometric patterns, including a green and blue grid, a blue grid, a blue dotted pattern, and a blue pattern with white dots. The background is a light yellow with scattered geometric shapes like triangles, circles, and squares in various colors. The entire scene is framed by a dark blue border.

SACRAMENTO COUNTY MEDI-CAL POPULATION AND SERVICE UTILIZATION

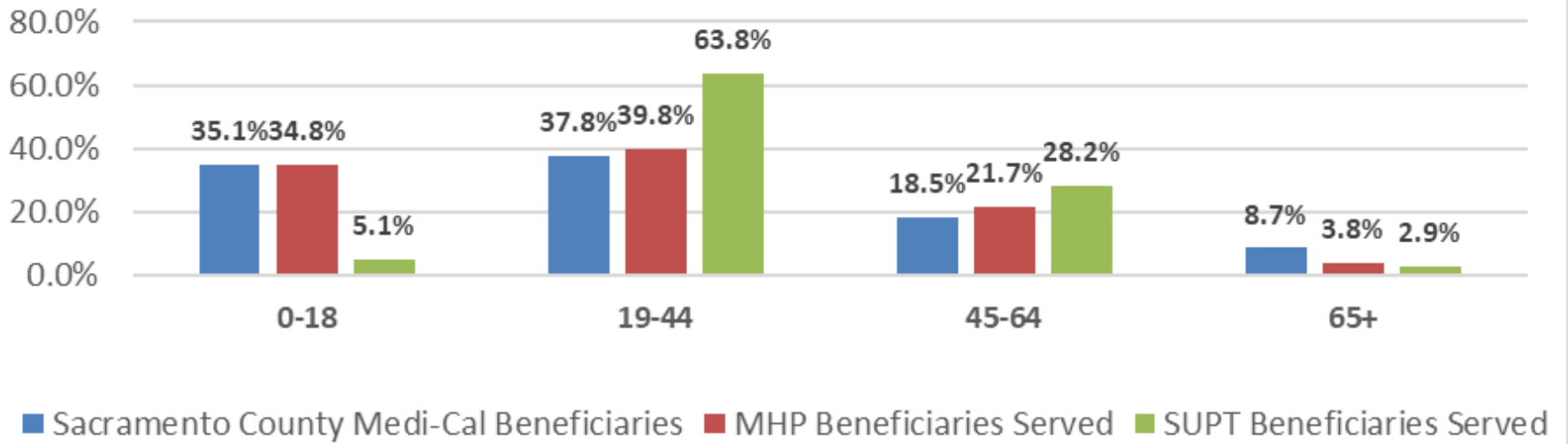
Race/Ethnicity of Medi-Cal Beneficiaries Served



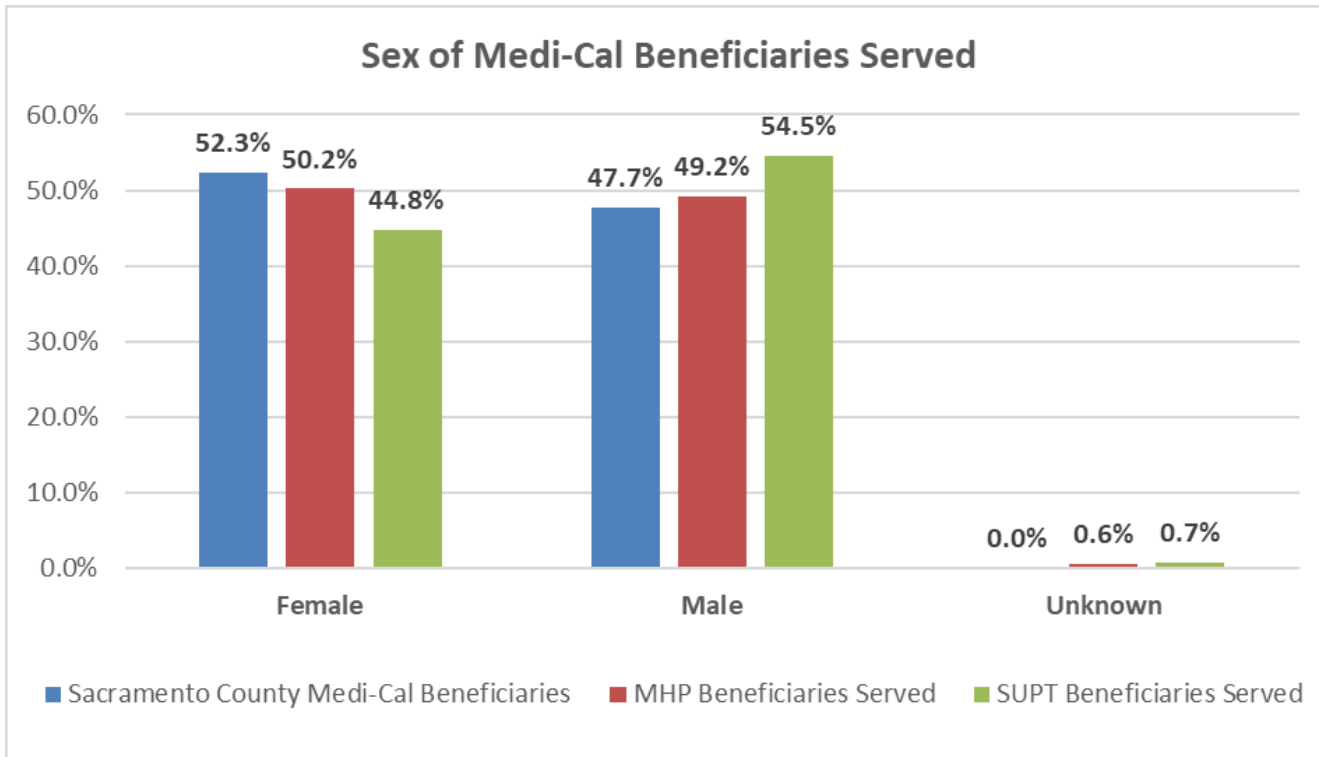
**MEDI-CAL BENEFICIARIES SERVED:
RACE/ETHNICITY**

Criterion 2, II

Age of Medi-Cal Beneficiaries Served

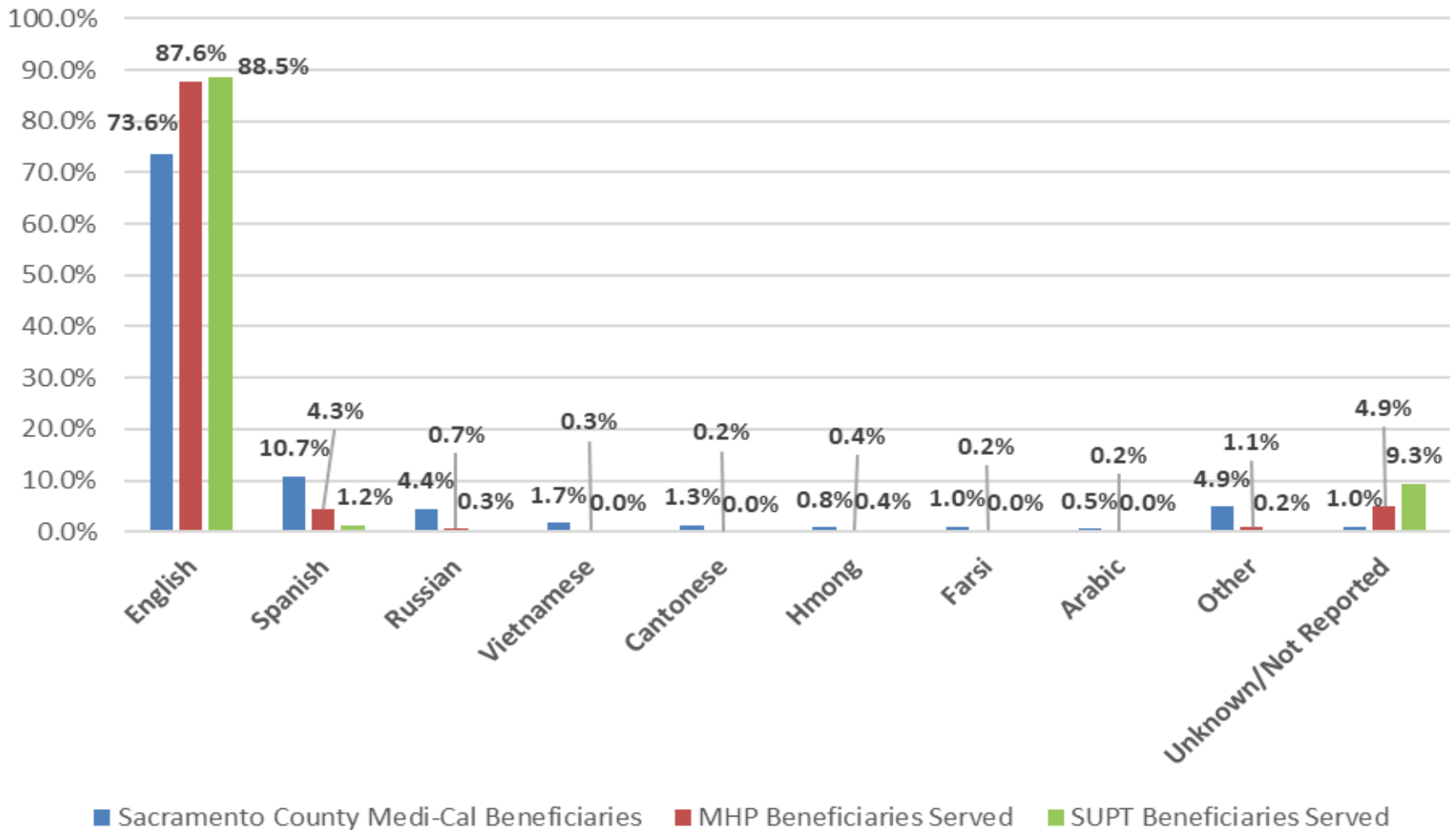


MEDI-CAL BENEFICIARIES SERVED: AGE



MEDI-CAL BENEFICIARIES SERVED: SEX

Primary Language of Medi-Cal Beneficiaries Served



PREVENTION AND EARLY INTERVENTION (PEI)

Criterion 2, V

PEI Programs Total Served:

- 75,000 (FY 2023–24)

PEI Programs Outreach:

- 47,000 Individuals
- 677 Community Events
- 768 Groups



OUTREACH & COMMUNITY PROGRAMS

833 Outreach Events

262K Individuals Reached

CULTURALLY RESPONSIVE PROGRAMS & REDUCING DISPARITIES INITIATIVES



SCC Providers



Latino/Latinx/Latine/Hispanic Behavioral Health Racial Equity Collaborative (BHREC)



Systemwide Community Outreach and Engagement Committee



Innovation 7



Substance Use Prevention & Treatment



Agency Self-Assessment

A blurred background image showing several people in a meeting or collaborative work environment. The scene is dominated by warm, orange-toned lighting. In the foreground, a person's hand is visible, holding a pen. The overall atmosphere is professional and focused.

WORKFORCE

Human Resource Survey

Language Proficiency Survey



KEY TAKEAWAYS

1

Improve Data Collection
and Reporting

2

Expand Outreach

3

Advance Equitable
Behavioral Health Care

Mary Nakamura e-mail: nakamuram@saccounty.gov

Gail Brosnan e-mail: brosnang@saccounty.gov

Ajna Glisic e-mail: glisica@saccounty.gov



INTRODUCTION OF PANEL