

ABOUT US

Our Mission: To provide a culturally competent system of care that promotes holistic recovery, optimum health, and resiliency.

Our Vision: We envision a community where persons from diverse backgrounds across the life continuum have the opportunity to experience optimum wellness.

Our Values:

- Respect, Compassion, Integrity
- Client and/or Family Driven Service System
- Equal Access for Diverse Populations
- Culturally Competent, Adaptive, Responsive and Meaningful
- Prevention and Early Intervention
- Full Community Integration and Collaboration
- Coordinated Near Home and in Natural Settings
- Strength-Based Integrated and Evidence-Based Practices
- Innovative and Outcome-Driven Practices and Systems
- Wellness, Recovery, and Resilience Focus

CONTACT US

Sacramento County Department of Health Services
Division of Behavioral Health Services
7001-A East Parkway, Ste. 100
Sacramento, California 95823

Phone: (916) 875-7070. California Relay Service: 711

Email: bhs-dhs@saccounty.gov

Website: DHS.SacCounty.gov/BHS



**Behavioral Health
Services**

Quick Resources

Quick Resources:

Crisis Services:

- Call **988**, the 24/7 National Suicide & Crisis Lifeline.
- The **Community Wellness Response Team** (clinician and peer team) responds to calls from 988 24 hours a day, 7 days a week, 365 days a year for individuals who may benefit from in-person crisis intervention, assessment of needs and risks, and safety planning.

To learn more about 988 and the Community Wellness Response Team: <https://tinyurl.com/5y9h4v54>



Mental Health Services: <https://tinyurl.com/4jt8sd5h>



Substance Use Prevention and Treatment Services:
<https://tinyurl.com/4da98yv7>



Prevention and Early Intervention Service and Mental Health Respite Services: <https://tinyurl.com/mv2jj4sj>



How to make a referral or seek services:

The Behavioral Health Services-Screening And Coordination (BHS-SAC) Team will link you to services for all your mental health and substance use treatment needs!

Phone (24 Hours a Day, 365 Days a Year):

- 916-875-1055 or toll free 888-881- 4881. California Relay Service: 711
- If you are experiencing a behavioral health crisis, please call **988**. If you are experiencing a life-threatening emergency, please call **911**.

To learn more about BHS-SAC, visit: <https://tinyurl.com/52jyrxxz>



In-Person Assessment:

- Sacramento County Mental Health Urgent Care Clinic (24 hours a Day, 365 Days a Year)
2130 Stockton Blvd. Building 300, Sacramento, CA 95813.
(916) 520-2460. California Relay Service: 711
<https://tinyurl.com/5brnm737>



- **Open Assessment Hours:**
Mental Health and Substance Use Treatment Adult and Child Provider Open Assessment Hours:
<https://tinyurl.com/52jyrxxz>

