

# Sacramento County Behavioral Health Commission (BHC) General Meeting Minutes

## Meeting Time

Wednesday, February 25, 2026  
6:00PM – 8:00PM

## Meeting Location

7001 East Parkway  
Conference Room 1  
Sacramento, CA 95823

## Meeting Invitees

- Behavioral Health Commission
- General Public

## Behavioral Health Commission (BHC) Members Attendance

Present: Donald Scherschligt, Sarah Weber, Tyler Welter, Ryan Rafferty, Mykel Gayent, Patricia Wentzel, Cassidy Paige, Corrine McIntosh Sako, Melinda Avey, Michael Grabow, Judith Mummert, Jennifer Churchill, Bradley Lueth, Laura Asay-Bemis, Javon Williams, Emily Halcon, John Durbin

Absent: Theresa Riviera, Rosario Rodriguez, Sydney Bice

## BHC County Staff/Liaisons Attendance

Present: Neeki Gilani, Christopher Costa

## 1. Welcome and Introductions

*Participants: BHC Chairperson*

*Meeting Logistics*

### Roll Call & Declaration of Quorum

- Chairperson Weber called the meeting to order at 6:00PM.
- Roll call was conducted; quorum was declared.
- Remote participation: None

### Behavioral Health Commission Announcements

- Chairperson Weber announced that the April General Meeting will be replaced with a Commission retreat. BHS Staff will send a poll to determine the preferred date.
- Commissioner Asay-Bemis shared information about [Journey of Hope](#) and invited participation for Stop Stigma Sacramento.

### **Public Comment**

No public comment.

## 2. Meeting Minutes Review and Approval

*Participants: Behavioral Health Commission*

*Meeting Logistics*

### Summary of Discussion

Commissioners approved January meeting minutes, pending several clarifications and corrections, including credentialing details, committee membership, and identification of speakers.

## 3. Public Comment

*Participants: Members of the Public*

*Discussion Item*

Members of the public provided public comments.

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## 4. Committee Updates

### Adult Prevention and Treatment Committee (APTC)

- Committee discussed upcoming informational needs and identified priority topics for future presentations.

### Crisis and Justice Involved Continuum Committee

- Committee elected a Chair (Commissioner Avey) and Co-Chair (Commissioner Scherschligt) and are planning work aligned with the Sequential Intercept Model.

### Youth Prevention and Treatment Committee

- Committee elected a Chair (Commissioner Williams), reviewed youth behavioral health services and began developing a six-month work plan, including a site visit.

### Public Comment

No public comment.

## 5. Behavioral Health Directors Report

*Participants: Behavioral Health Commission*

*Discussion Item*

### Summary of Discussion

Dr. Quist provided updates across Behavioral Health Services (see attachment: [Director's Report – February 2026](#)).

### Public Comment

No public comment.

## 6. Crisis Center Respite Programs Recommendation

*Participants: Behavioral Health Commission*

*Discussion/Action Item*

### Summary of Discussion

Chairperson Weber introduced the [ad hoc committee's recommendation letter](#). Commissioners discussed data limitations, funding constraints, and potential impacts of program closure.

### Public Comment

Members of the public provided public comments.

### Motion/Vote

**Agenda Item/Vote:** Adoption of the ad hoc committee's letter

**Action:** Moved/Seconded: Commissioner McIntosh Sako / Commissioner Asay-Bemis.

**Yes:** Commissioners Donald Scherschligt, Sarah Weber, Tyler Welter, Patricia Wentzel, Cassidy Paige, Corrine McIntosh Sako, Bradley Lueth, Laura Asay-Bemis

**No:** Commissioner Melinda Avey

**Abstention:** Commissioners Ryan Raftery, Mykel Gayent, Michael Grabow, Judith Mummert, Jennifer Churchill, Javon Williams, Emily Halcon, John Durbin

**Motion:** Passed

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## 7. Housing Presentation

*Presenters: Monica Rocha-Wyatt, Caitlyn Paulson, and Sheri Green*

*Presentation*

### Summary of Presentation

Behavioral Health Services (BHS) Health Program Manager Monica Rocha-Wyatt, Health Program Manager Caitlyn Paulson, and Division Manager Sheri Green gave a [comprehensive overview of BHS Housing services](#) and answered questions from commissioners.

### **Public Comment**

No public comment.

## 8. Meeting Location for General Meetings

*Participants: Behavioral Health Commission*

*Discussion/Action Item*

### Summary of Discussion

Commissioners discussed two proposed venues and raised considerations related to cost, accessibility, and alternative options.

### **Public Comment**

Members of the public provided public comments.

### Motion/Vote

**Agenda Item/Vote:** Host March 2026 general meeting at 7001 East Parkway and agendaize future location decision.

**Action:** Moved/Seconded: Commissioner Avey / Commissioner Halcon.

**Yes:** Donald Scherschligt, Sarah Weber, Tyler Welter, Ryan Raftery, Mykel Gayent, Patricia Wentzel, Cassidy Paige, Corrine McIntosh Sako, Melinda Avey, Michael Grabow, Judith Mummert, Bradley Lueth, Laura Asay-Bemis, Javon Williams, Emily Halcon, John Durbin

**No:** Jennifer Churchill

**Abstention:** None

**Motion:** Passed

## 9. General Public Comment

*Participants: Members of the Public*

*Discussion Item*

Members of the public provided public comments.

## 10. Adjournment

*Presenter: BHC Chairperson*

*Meeting Logistics*

Chairperson Weber adjourned the meeting at 8:28PM.

Recurring Meeting Schedule: Third Wednesday of the Month, 6:00PM – 8:00PM (unless specified otherwise).

For more information regarding the Sacramento County Behavioral Health Commission, please visit our website at [Behavioral Health Commission](#). If you plan to attend a meeting and need to arrange for an interpreter or a reasonable accommodation, please contact Gail Brosnan prior to the scheduled meeting at (916) 709-1653 or at [BrosnanG@saccounty.gov](mailto:BrosnanG@saccounty.gov).