

# Sacramento County Behavioral Health Commission General Meeting

## Meeting Minutes

### Meeting Time

Wednesday, March 18, 2026  
6:00 PM – 8:00 PM

### Meeting Location

7001-A East Parkway  
Sacramento, CA 95823  
Conference Room 1

### Meeting Invitees

- Behavioral Health Commission
- General Public

### Behavioral Health Commission (BHC) Members Attendance

Present: Donald Scherschligt, Sarah Weber, Tyler Welter, Ryan Rafferty, Patricia Wentzel, Cassidy Paige, Melinda Avey, Michael Grabow, Judith Mummert, Jennifer Churchill, Laura Asay-Bemis, Javon Williams, John Durbin

Absent: Mykel Gayent, Corrine McIntosh Sako, Bradley Lueth, Theresa Riviera, Rosario Rodriguez, Sydney Bice, Emily Halcon

### BHC County Staff/Liaisons Attendance

Present: JaQuay Butler, Jennifer McLaren

Absent:

## Welcome and Introductions

*Participants: BHC Chairperson*

*Meeting Logistics*

### Roll Call & Declaration of Quorum

- Chairperson Weber called the meeting to order at 6:01 PM.
- Roll call was conducted; quorum was declared.
- Remote attendance: None
- February 2026 Meeting Minutes Approval: Minutes were generated and maintained by Behavioral Health Services staff as required by Article VI, Section 4, of the bylaws. No corrections were requested; minutes were deemed accurate and approved.

## 1. Establishing Retreat and Meeting Location

*Participants: Behavioral Health Commission*

*Meeting Logistics*

### Summary of Discussion

- Commissioners discussed the suitability of WellSpace Health as the ongoing meeting location. The discussion covered facility capacity, evening parking availability, accessibility features, hybrid meeting technology, and overall visibility within the room. Commissioners also considered transportation access, including nearby SacRT service, Paratransit availability, and the site's proximity to major freeways.
- Commissioner Durbin recused himself from the vote related to WellSpace due to his association with the organization.

### **Public Comment**

No public comment.

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## Motion/Vote

**Agenda Item/Vote:** To hold the Behavioral Health Commission retreat and all remaining 2026 general meetings at WellSpace Health, 1500 Expo Parkway, Sacramento, CA 95815.

**Action:** Moved/Seconded: Commissioner Avey/ Commissioner Mummert.

**Yes:** Commissioners Donald Scherschligt, Sarah Weber, Tyler Welter, Ryan Raftery, Melinda Avey, Michael Grabow, Judith Mummert, Jennifer Churchill, Javon Williams.

**No:** None

**Abstention:** Commissioners John Durbin, Patricia Wentzel, Cassidy Paige, Laura Asay-Bemis.

**Motion:** Passed

## 2. Draft Behavioral Health Services Act Integrated Plan Overview Discussion

*Presenter: Andrea Crook, Program Manager*

*Discussion/Action Item*

### Summary of Presentation

Behavioral Health Services Health Program Manager Andrea Crook provided a comprehensive overview of the Draft Behavioral Health Services Act (BHSA) Three Year Integrated Plan (IP) for Fiscal Year 2026-2029 and responded to commissioner questions. Key points included:

- Proposition 1 (BHSA) updates, including expanded housing support, substance use treatment, and workforce development.
- Priority statewide goals such as access to care, homelessness, institutionalization, justice involvement, child welfare involvement, and untreated behavioral health needs.
- The Integrated Plan is scheduled for presentation to the Board of Supervisors in June 2026, with submission to the Department of Health Care Services by July 1, 2026.

### **Public Hearing**

- Members of the public provided public comments. All feedback was collected and will be included in the final BHSA Three Year Integrated Plan.

### **Commissioner Discussion and Key Points**

- Commissioners expressed appreciation for the extensive work completed by Behavioral Health Services staff on the Draft Integrated Plan.
- They noted that the Plan is well written and acknowledged the significant effort that went into preparing the document.
- Commissioners also thanked members of the public for their meaningful participation and emphasized the importance of community engagement in shaping the Plan.
- Key concerns focused on funding for crisis programs, County General Fund contributions, and the distribution of resources between permanent housing and bridge housing.
- Additional discussion centered on statewide priority areas, including access to care, homelessness, justice involvement, and conservatorship trends, with requests for clarification on disparities and service gaps.
- Commissioners highlighted the importance of improved access models, culturally responsive services, and strengthened workforce strategies for underserved communities.
- The Commission confirmed that it is offering recommendations rather than approving the Plan and will continue refining those recommendations through the April retreat and committee work, with a final letter anticipated in May.

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## 3. General Public Comment

*Participants: Members of the Public*

*Discussion Item*

No public comment.

## Meeting Conclusion

*Presenter: Chairperson Weber*

*Meeting Logistics*

- Commissioner Announcements
  - Chairperson Weber provided a Brown Act reminder noting that ad hoc committees and site visits cannot include a quorum of any committee, and that commissioners may meet for administrative purposes, such as Co-Chairs meeting to plan agendas, so long as they do not reach consensus on matters that must be decided in a public meeting.
- Chairperson Weber adjourned the meeting at 8:36PM.

Recurring Meeting Schedule: Third Wednesday of the Month, 6:00PM – 8:00PM (unless specified otherwise).

For more information regarding the Sacramento County Behavioral Health Commission, please visit our website at [Behavioral Health Commission](#). If you plan to attend a meeting and need to arrange for an interpreter or a reasonable accommodation, please contact Gail Brosnan prior to the scheduled meeting at (916) 709-1653 or at [BrosnanG@saccounty.gov](mailto:BrosnanG@saccounty.gov).