

Sacramento County Mental Health Board Adult System of Care Committee

MINUTES – TELECONFERENCE MEETING

Tuesday, March 28, 2023

4:00PM – 6:00PM

Committee Members Present: William Cho, Ryan Gallant, Bradley Lueth, Corrine Sako

Committee Members Absent: Matt Gallagher

BHS Staff: Glenda Basina, Nina Acosta, Angelina Woodberry, Michael Amenityro, Kelli Weaver, Robin Barney, Maryann Nateghi

Guests: Mike Whiteside, Will Telecare/AOT, Patricia Wentzel, Laura Foster, Kaino Hopper

AGENDA ITEM

I. Welcome and Introductions

Chair commenced the meeting at 4:02pm and introductions were made.

II. Presentation

Sacramento County Community Review Commission Committee on Mental Health A Presentation and Discussion of Collaboration of Mutual Interests and Goals
Mike Whiteside provided background on the commission; formed by BOS in 5/21, active 3/22. Commission took on 2 goals; Jail released procedures and Response to call for service for persons involved in mental health crisis. Hope to be able to provide input on ASOC goals and be aligned with ASOC. Chair Cho for collaboration, county has 70-80 commissions, a lot overlapping/intersecting. Hoping for board to work together and combine efforts. Member Gallant grateful for the information and agrees with Chair Cho's statement, more powerful to combine. Mike added the boards can come together on training or ideas/models that are effective for improved training to sheriffs in the field. Another is resources - where to get the money and improve crisis intervention teams. Member Sako supports fact in power in numbers. Also want to be clear of MHB responsibilities, mandated by state code, stay in scope to fulfill mandates. Will be careful in responding as a committee as this would need board approval. Member Wentzel to connect Mike to Doug Smith/Nami Sacramento in training law enforcement in responding. Shared on chat - <https://www.wilder.org/articles/law-enforcement-response-mental-health-needs-how-do-we-measure-improvement>. Kelli added that BHS has had trainings in effort of crisis interventions, law enforcement in CIT training. Nina suggested West Sac Training Academy on how to respond to intensive situation. Helped officers understand crisis situations. Chair Cho to review ASOC goals and see where mutual interest with their committee, aligned with scope of responsibilities. Chair Cho thanked Mike for opportunity. Mike committed to a draft to share with the board.

III. Cohesion and Restructuring

Review and Discussion for Members Absent at Previous 2/28 Meeting

Note: Deviated from this agenda item with agreement from committee and staff for a presentation from Nina Acosta on AOT.

Nina Introduced Will Race, Clinical Director of Aosis/AOT and proceeded to provide background on AOT; a process for persons referred to engage thru court process for client self-determination, reduce hospitalization/jail. Will be doing an in-person (trying for hybrid) listening session/presentation on Thursday, 4/11, to be recorded and posted to the website. 30-minutes to educate on AOT and provide resource sharing, identify situations and Q&A. County operated. Receives referrals, sees if it meets criteria, then goes with or without peer support. Utilizing clinical judgement to get them to get intensive treatment without going to the judge. If deteriorating, file petition with court determining their part of AOT. Only repercussion, is if 51/50 criteria, no incarceration. If through court process through Aosis for treatment and once stabilized, step down to Core. Will shared that Telecare been around Sacramento a long time. This program is first in the county. A fantastic team meeting full MH support to engage member alongside county. Clinicians doing assessment/therapy. Services include crisis intervention, individual/family therapy, vocational employment support/education, collaborative support with family members. Support in daily living skills, medication, psychiatric services in premises. Also offering family support meetings to have all resources they need to support member to success. Reassured not an auto call to 911, scaring families. BHS highly engaged. Sensitive to position of client needs. Diana shared her comments which comes from point of view of son denied AOT though not AOT fault. Staff has been wonderful contacting her son, just doesn't meet criteria. But AOT team continues to try and son refuses to get assistance but process is great. Per Nina, if it doesn't meet criteria they'll continue to engage, reaching out to partners to get someone to engage with for continuity of trust. Member Wentzel commended Nina for doing a great job, working effectively with people on this issue. NAMI helpline has been busy talking about AOT. Kaino is very supportive of idea bringing in psycho education group; natural support system, moving forward to trust.

IV. Member Announcements or Comments

Member Sako – Thanked all for the comments and thanked Chair Cho on the controversial issue of AOT. Reminded committee members of standoff on Kaiser and County.

V. Public Comment

3 Minutes per Person

Robin – Comes from family member side. Really difficult. AOT has great points. As family member thinks this maybe helpful but it may not be. Wants this to be the answer. As family, we want them to have that help. Just stresses with family members that this is not the big answer we're seeking. There are other ways we can be helpful to our loved ones.

VI. Adjournment Until Next Meeting 4/25 (4th Tuesdays of Each Month)

Chair Cho adjourned the meeting at 5:20pm, reminding attendees of the 4/5 general MHB meeting.