

ANNOUNCEMENT – HYBRID TELECONFERENCE MEETING
Tuesday, November 28, 2023
530pm – 7:30pm
[7001-A East Parkway Sacramento CA 95823](#)

Members Present: William Cho, Ryan Gallant, Patricia Wentzel, Brad Leuth, Mallika Walsh
BHS Staff: Alondra Thompson, Michael Amenyro
Guests: Laura Bemis, Kaino Hopper, Wade Brynelson, Keyan Bliss

| AGENDA ITEM |
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| <p>I. Welcome and Introductions Members, Staff and Guests</p> <p>Chair Cho commenced the meeting at 5:30pm and introductions were made.</p> |
| <p>II. Announcements: Brad shared a family member’s experience with 51/50, law enforcement and County crisis response. The counselor determined need for 51/50, and family member received the help they needed.</p> |
| <p>III. 2023 Review and 2024 Planning</p> <ul style="list-style-type: none">• Community Reports Discussion. Group will rely on the minutes.• It’s helpful for the community to have a product. Unless someone knows to look to the website, will not see reports/minutes.• Ideas on how to replace committee reports to ensure the information is still getting shared.• Ryan suggested a smaller version of the full report to the full board would be ideal. If we visited the County jail this year, and returned the following year, did we see improvements, and if they said they were changing something, did they do it? A report would be useful.• 2024 Planning Discussion: Committee doesn’t establish goals until 2024. The board establishes goals, and the goals become the goals of the committee. Maybe not get too specific at this point.• Chair Cho stated will not take action on item 3. Shared an example of another board with competent individuals so focused on the weeds, they lost focus. Proposed Areas of Focus: Correctional Health Services; Homeless; Policy and Legislation; Public Safety; Substance Use Disorders/Prevention/Treatment as umbrellas, and everything falls under that.• Brad voices concern that subcommittee only has 2 hours a month, so what will we hyperfocus on? High level becomes abstract.• Patricia suggested Care Court implementation as focus. Is the County prepared? Care Court will rely on Full Service Partnerships. Should Prop 1 pass, funding for Full |

Service Partnerships may be impacted. Reviewing last MHSA annual document, there is room to ask about the County's 23% discharge rate with no explanation. These are things ASOC can take on next year.

- Ryan and Makala agreed on FSP focus.
- Makala stated focus should not be on substance or correctional health.

- Chair Cho suggested narrowing focus to Homeless; Policy and Legislation; Public Safety; Services.

- Motion made by Ryan to move to approve 4 areas of focus for 2024 goals. Motion seconded by Brad.

- Comments:
- Keyan: Concern with scope of work of this committee. Why is a subcommittee focusing on high level issues such as public safety and policy? Subcommittees are intended on having a handful of members focus on issues, such as Care Court, Full Service Partnerships, ensuring a smooth flow, best quality of service under the continuum. Concern with how high level these concerns are.
- Kaino: Collaborative concept across subcommittees. Agree with a person on the board bringing the recommendation to full board, to bring a collaborative process to the table.

- Vote: Brad, Ryan Malaka, Chair Cho: Ayes. Patricia: Abstain.

III. Action Items

Committee Planning and Structure

- Meeting Day and Time
- Meeting Location(s)
- Meeting Activities and Format
- Meeting Facilitators

Keeping date and time?

- Ryan and Brad like this date and time.
- Patricia suggested waiting until February to make decision, after retreat and new board. Ryan and Brad agreed to holding off.

Locations?

- Chair Cho suggested moving away from East Parkway and Downtown, by going out into the community, other county facilities and service providers to foster collaboration.
- Technical limitations outside of East Parkway and Downtown were discussed. Hybrid meetings increase community participation. Other facilities may not support hybrid option.
- Makala motioned to table decision. Ryan, William, Patricia agreed to table.

Comments:

- Keyan: Addressed the difficulty in getting into the DHA office for this after-hours meeting. The front door is locked, required security and sheriff's officer opening a

side gate. Support for utilizing 700 H Street or East Parkway. East Parkway is an area of the County that is rarely engaged.

- Kaino: Sac County Mental Health Board makes it possible for community to attend by hybrid, which is over and beyond.

Item was tabled until new committee members are on the board.

IV. Public Comment

- Keyan: 2023 Goals and 2024 Focus lack metrics for measuring success. Why aren't you creating metrics if they do not exist? Set agenda items – what does success look like in the Adult System of Care. Nothing precludes from creating metrics. If system has changed and dependent on minutes, the last minutes posted are from July 2023.

- Kaino: previously provided in writing to ASOC via email:

Dear Members of the Mental Health Board Executive Committee and the Adult System of Care, sub committee of Sac Co Mental Health Board,

I offer public comment to shed light on two changes to the mental health and substance use services in Sacramento County that are connected to new laws, and in my opinion are tightly joined with these often co-occurring disorders.

Care Act /Court and SB 43 are not yet implemented, and my goal is to alert members to the multiple ways to be informed as well as to encourage prompt and effective implementation. The right treatment (s) at the right time in the right place saves lives. Civil rights protections continue to be correct safeguards, and yet allow necessary treatments on a full continuum of care—including those most impacted by their disorders.

I hope this is useful to the EXE committee as a comment not related to the agenda.

I also see the agenda for ASOC 11.28.23 includes a section for possible Topics of Focus for the upcoming year.

I am assuming this is an agenda item intended to generate ideas, perhaps like a “brainstorming session “ used in certain types of meetings to thresh out possible direction goals.

If my understanding is correct, then I offer these public comments to relate to that agenda item. My larger goal is information and engagement to ask Sac Co Behavior Health Department employees how these items will be implemented.

1. Delve into implementation of Care Act / Court

1. a. Especially I point out that there is a way to have family/friends chosen by the person to assist with Supported Decision Making. This role is being called “The Supporter” and potentially may lift some of the workforce worries and costs because these are volunteer supporters.

Christopher Schnieders, M.A. Rayshell Chambers, MPA...presentation of Supported Decision Making... starts on slide # 85

<https://www.chhs.ca.gov/wp-content/uploads/2023/09/08092023-CARE-WG-Meeting.pdf>

Care Act/Court Working Group (implemented)

<https://www.chhs.ca.gov/home/committees/care-act-working-group/>

2. Investigation of ways to implement SB 43 as soon as possible in order to save lives, especially for those whose SUD, Substance Use Disorder, is rendering the person gravely disabled. Co-occurring disorders of mental health with substance misuse have long deserved improved concurrent treatments in the right setting at the right time. Remember that existing civil rights protections are still strongly in place even with the modernized language in SB 43. (You may recall that that the 1967 LPS Act did allow for acute Alcoholism as one possible reason to deliver acute care, and the new wording is consistent with that original intent.)

2.a. I recommend collaborating with the Alcohol and Drug Advisory Board in any methods are legally possible when learning about and encouraging implementation.

2.b. I recommend reading “The Least of Us” by journalist Sam Quinones for some fairly recent research from multiple perspectives on the state of SUD in USA. I believe this book is also recommended by the Meth Coalition quarterly meetings.

2. c. I recommend a very deep dive also onto the details research available from SAMHSA, Substance Abuse and Mental Health Services Advocates.

<https://www.samhsa.gov/>

2.d. There are various ways counties are viewing implementation, including counties like San Francisco with Mayor Breed being quoted to the effect of “...we implement 1.1.2024 to save lives...” all the way to other counties that opt out until 2026. Consider asking different speakers with different viewpoints to present.

2.e. Please remember that the Behavioral Health Department includes Substance Use Disorder as well as Mental Health, and be open to working outside the “silos” that have accidentally not reached many.

Thank you for your service to Sacramento County residents,
Elizabeth Kaino Hopper

- Diana Burdick via email submission:

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Thank you for your service to Sacramento County residents,
Diana Burdick

VI. Adjournment Until Next Meeting

No Meeting in December.

Chair Cho adjourned the meeting at 6:52 pm.