

Sacramento County Mental Health Board Budget Committee Meeting

MINUTES – TELECONFERENCE MEETING
Tuesday, May 30, 2023
12:00 pm

Members Present: Corrine Sako, Patrica Wentzel, Paul Wagstaffe, Ryan Gallant (staff: Glenda Basina)
Guests: Theresa Riviera, Nancy Brynelson. Gayle Lafferty

Agenda Item

I. Welcome and Introductions

Acknowledgement of Conduct Agreement

Chair Sako commenced the meeting at 12:02pm and introductions were made.

II. Briefing on Behavioral Health Services (BHS) Budget for Fiscal Year 2022-23

Ryan Quist, Ph.D., Director, Behavioral Health Services

Chair Sako shared her screen with the budget summary and Dr. Quist briefly went through each budget request: Increasing growth contract by \$5.1M. Core site with Sacramento as partnership and Core contract by \$2.2M to add community wellness. \$6.5 for urgent care clinic. Infrastructure for mental health center \$9.9M, another for BHCIP construction for youth facility \$13.5M with 16 psyche facility beds and crisis stabilization unit to serve up to 27 youths at a given time. ASOII for facility management for \$246k and payment incentive program for contractors under \$10M. Proposal for 3 outpatient forensic clinics \$5M. 4 positions to provide supportive services at JDTRC. 3 positions for Sr. MH Counselors for mental health diversion. 1 position to support the treatment center and youth facility to work with contractor. 1 position to support need of youth mostly in eating disorder. Increase call center staffing at pharmacy by \$100k. Increase BACS navigation program for CWRT, \$1.9M. \$5M for additional children's outpatient treatment (FIT) – location info can best be provided by Sheri. 2 positions counselor/ASO for IPT team. Increase to \$900k Asian Pacific community counseling. Ongoing funding to sustain work with African American-Black community for \$300k. Additional diversity, equity work about \$100k. increase FSP contracts by \$200k for individualized placement/support of employment. 1 new Division Manager to focus on budgeting at \$206k (funding has become complex the past few years). 6 Peers positions as part of HEART team. Member Wentzel asked if training for peers. Per Dr. Quist, there's an RFP seeking contract provider to provide this support. 2 passenger vans for HEART team. Increase in psychological testing (for youth) to pay psychologist competitive wage. 3 FTEs for IMD Waiver, BH Connect program implementation. \$20k to expand Stigma campaign. Purchase of medication \$733k not in BH budget but in Primary Care budget to help with prescriptions. 2 FTEs for Adult system of Care center. For substance use disorder treatment.

Chair Sako commented it's great to see the support for these and able to plug in to every MHB goal. Asked Dr. Quist if able to support with the one-time funds from state/fed. Per Dr. Quist, it's a lot. Team is excited and feeling overwhelmed and still have workforce challenges. Member Wentzel commented about engaging peers in workforce, include part-time work. Dr. Quist responded that contract providers have more flexibility. The way county is structured, it doesn't have much flexibility. Member Wentzel inquired about the County offering opportunities for scholarships/repayment of student loans to people who are interested in working for the County. Asked if this program is sufficiently funded given crisis in BH staffing. Per Dr. Quist, we have budget authority - funded as part of state funding HCAI and County to do a small match. Additional workforce from state coming this year. Member Wentzel thinks it good to have them aggressively advertised.

III. Action Item: Committee Discussion of Recommended Position on BHS Budget for FY 2022-23

Chair Sako mentioned the draft letter is in progress. Used template of letters approved by the MHB board in past years to the Supervisors. Plugged in growth request in alignment with MHB goals. Some budget recommendations from other departments being supported such as public safety and justice; conflict criminal defenders and public defender, as well as requests not approved but staying with scope as far as mandated. Leaves to consensus with committee whether to include or stay within BHS. Chair Sako mentioned there may be a need for staff in public defender space. Chair Sako to pin for committee to think on. In comparing the budget as presented by Dr. Quist with the Rand Study, the request for Public Defender budget, growth request falls in line. Asked committee if rough draft letter is headed in the right direction. Member Wentzel responded that the letter looks great and supports Public Defender's request for additional staffing added to letter. Dr. Quist also agreed with Member Wentzel and supports the letter. Member Wagstaffe agreed as well. Chair Sako to clean up letter and send out to members for review prior to MHB meeting.

IV. Public Comment (3 minutes per person)

Member Riviera sees a couple of things and nothing for Latino community. On safety area, nothing with comment from Sheriff department. Requests for copy of presentation to which Chair Sako responded that the draft letter will be given to MHB members.

V. Adjournment

Chair adjourned meeting at 12:55pm and looks forward to meeting on Thursday 6pm at downtown location.