

**Sacramento County  
Mental Health Board (MHB) General Meeting Minutes  
May 3, 2023**

**Meeting Location**

700 H Street  
Sacramento, CA 95814

<b>Attendance</b>			
<b>MHB Members</b>			
<b>Name</b>	<b>Attendance</b>	<b>Name</b>	<b>Attendance</b>
Corrine McIntosh Sako, <i>Chair</i>	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	Bradley Lueth	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent
Paul Wagstaffe, <i>Vice Chair</i>	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	Evan Minton	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent
William Cho, <i>Secretary</i>	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	Maria Padilla-Castro	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent
Matthew Gallagher	<input type="checkbox"/> Present <input checked="" type="checkbox"/> Absent	Theresa Riviera	<input type="checkbox"/> Present <input checked="" type="checkbox"/> Absent
Ryan Gallant	<input type="checkbox"/> Present <input checked="" type="checkbox"/> Absent	Mallika Walsh	<input type="checkbox"/> Present <input checked="" type="checkbox"/> Absent
Mykel Gayent	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	Patricia Wentzel	<input type="checkbox"/> Present <input checked="" type="checkbox"/> Absent
Supervisor Patrick Kennedy	<input type="checkbox"/> Present <input checked="" type="checkbox"/> Absent		
<b>County Staff to MHB</b>			
<b>Name</b>	<b>Attendance</b>	<b>Name</b>	<b>Attendance</b>
Jason Richards	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	Rob Parrish	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent

<b>Agenda Item</b>	<b>Discussion</b>
<b>I. Welcome and Introductions</b>	<p>Chair Corrine McIntosh Sako called the meeting to order at 6:00 p.m. A quorum was declared, introductions were made, and the Conduct Agreement was acknowledged.</p> <ul style="list-style-type: none"> <li>• Due to room availability, MHB will meet at 7001-A East Parkway in June, July, and September. All other MHB General meetings will be at 700 H St.</li> <li>• Budget season is coming up at the beginning of June. The Budget Committee will be drafting recommendations for approval of the full MHB.</li> </ul>
<b>II. Approval of Minutes</b>	<p>Mr. Paul Wagstaffe moved to approve the minutes for the March General Meeting and Brad Lueth seconded the motion. (Mr. Evan Minton and Mr. Mykel Gayent abstained. All other members voted Aye.) Motion carried.</p> <p>Mr. Wagstaffe moved to approve the minutes for the April Special Meeting and Ms. Maria Padilla-Castro seconded the motion. (Mr. Minton and Mr. Gayent abstained. All other members voted Aye.) Motion carried.</p>
<b>III. Division of Behavioral Health Services</b>	<p>Dr. Ryan Quist, Behavioral Health Director, provided a written report on the status of Behavioral Health Services (BHS). He also provided verbal updates and answered questions as follows:</p> <ul style="list-style-type: none"> <li>• Ms. Kelly Weaver has been appointed as the new BHS Deputy Director! She has served in various roles for many years at</li> </ul>

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	<p>Behavioral Health Services, most recently as the Division Manager overseeing Adult Mental Health. Dr. Quist will continue to serve as the Behavioral Health Director.</p> <ul style="list-style-type: none"> <li>• As part of CalAIM, one of the areas of change is that Counties will be responsible for all specialty mental health services for eligible consumers. This means that current Kaiser beneficiaries would transfer over to Sacramento County for care. This would add about 33,000 people per year, at a cost of approximately \$36 million, but Sacramento County would only be receiving about \$11 million. Implementation will be delayed from July 1, 2023, as Sacramento County continues conversations with DHCS on how to fill this gap.</li> <li>• Sacramento County will be applying for the C.R.I.S.E.S. Grant pilot program to lessen the reliance on law enforcement agencies as first responders to crisis situations.</li> <li>• Governor Newsom is proposing changes to the Mental Health Services Act. Sacramento County is hopeful in partnering with the Administration to shape what this looks like, with the goal of maintaining current behavioral health services in our communities. The proposed changes could go on the ballot as early as March 2024.</li> <li>• The Behavioral Health Workforce crisis remains an ongoing challenge for BHS, due to a shortage of workers in the field of behavioral health. Community members are encouraged to apply! Please see our website for available jobs and information on how to apply: <a href="https://dhs.sacounty.gov/BHS/Pages/Employment/Jobs-in-Behavioral-Health.aspx">https://dhs.sacounty.gov/BHS/Pages/Employment/Jobs-in-Behavioral-Health.aspx</a></li> <li>• BHS remains dedicated to providing WRAP services for youth. Short Term Residential Treatment Programs (STRTPs) remain in short supply in Sacramento County. Dr. Quist to follow up on protocols for a potential STRTP site visit for MHB members, if possible. MHB members affirmed their commitment to serving and protecting youth in this system of care.</li> <li>• May is Mental Health Awareness Month! BHS will be having a presentation at the Board of Supervisors meeting on May 9<sup>th</sup>, recognizing this occasion.</li> </ul>
<p><b>IV. System Partner Updates</b></p>	<p><b>Advocacy Update</b>  Ms. Robin Barney announced the following:</p> <ul style="list-style-type: none"> <li>• The Expert Pool will be on May 12<sup>th</sup> from 1-3pm. Community members are invited to join Sacramento County's peer community to connect and learn about training opportunities, services, and supports within our Behavioral Health system.</li> <li>• The Peer Empowerment Conference will be on June 12<sup>th</sup> from 10am-2:30pm. This event will have an expert panel including TAY youth and family members. Continental breakfast and lunch will be provided, and there will be networking opportunities as well as a raffle!</li> <li>• Ms. Barney provided flyers in the chat with more information regarding these upcoming events.</li> </ul> <p><b>Association of Behavioral Health Contractors</b>  No announcements were made.</p>

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<p><b>V. Mental Health Board Business</b></p>	<p><b>Liaison Reports</b>  Written liaison reports were provided for the Human Services Coordinating Council, MHSA Steering Committee, and Older Adult Committee.</p> <p><b>Committee and Workgroup Updates</b></p> <ul style="list-style-type: none"> <li>• <b>Adult System of Care (ASOC) Committee:</b> Mr. William Cho reported the following: <ul style="list-style-type: none"> <li>○ HOPE Cooperative provided a presentation about their outreach and engagement center, which provides services to individuals in District 2. The ASOC Committee recommends expansion of these helpful services to other districts in the County.</li> </ul> </li> <li>• <b>Children’s System of Care (CSOC) Committee:</b> Chair McIntosh Sako reported the following: <ul style="list-style-type: none"> <li>○ Foster youth were identified as an area of focus by the committee in February 2023.</li> <li>○ Melissa Lloyd, Deputy Director of Sacramento County Child Protective Services, gave a presentation on Sacramento County Foster Youth.</li> <li>○ Dr. Laura Heintz and Ontson Placide from Stanford Sierra Youth and Families, gave a presentation on Behavioral Health Services for Foster Youth.</li> <li>○ Additional details from these presentations are available in Handout #21.</li> </ul> </li> <li>• <b>Executive Committee:</b> Chair McIntosh Sako reported the following: <ul style="list-style-type: none"> <li>○ Reviewed and approved the agenda for this MHB General Meeting</li> <li>○ Two new members were recently appointed to MHB. Chair McIntosh Sako will arrange for an orientation and onboarding session.</li> <li>○ Update from MHB Vice Chair Paul Wagstaffe on the 2022 MHB Performance Report: more time needed for completion, and will present at next month’s EC meeting before going before full MHB Board</li> <li>○ Update from MHB Secretary William Cho on results of MHB Site Visits survey: 30% response rate, results aligned with previously identified sites, will arrange for site visits monthly</li> <li>○ A site visit of the Sacramento County Main Jail is scheduled for Wednesday April 26, 2023, from 1pm-2pm. BHS Director Dr. Ryan Quist will accompany MHB members.</li> </ul> </li> <li>• <b>Community Wellness Response Team (CWRT) Program Advisory Committee:</b> Chair McIntosh Sako reported the following: <ul style="list-style-type: none"> <li>○ Iffat Rauffit, Mental Health Urgent Care Clinic (MHUCC) Program Director, provided an update of how the MHUCC has been operating since they moved to 24/7; incentive offered to night supervisors to fill vacancies; collaborative relationship between agencies reported.</li> </ul> </li> </ul>

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	<ul style="list-style-type: none"> <li>○ Received a program implementation update from BHS staff: <ul style="list-style-type: none"> <li>▪ March 13 was the soft launch of CWRT with 2 teams. 5 referrals were received during variable hours.</li> <li>▪ A contract is currently being negotiated with Bay Area Community Services (BACS) to bring 6 more CWRT teams, in addition to continuing BHS hiring efforts.</li> <li>▪ Every Monday morning, Wellspace provides a training to their 988 dispatchers. Hours of CWRT availability are provided daily.</li> <li>▪ If CWRT is not available, the caller is encouraged to call back after being helped by the 988 dispatcher. 988 follows up with all referrals.</li> <li>▪ CWRT response teams can bring individuals to CRBH (Crisis Receiving Behavioral Health) for sobering, when needed.</li> </ul> </li> <li>○ Discussed marketing of the CWRT program:</li> <li>○ BHS is currently working with the Edelman marketing company, and will provide a timeline and delivery time.</li> <li>○ Billboard marketing and more will be proposed.</li> <li>○ An initial logo was created with hands, a tree, and a green ribbon – more logos with different colors &amp; fonts will be provided at the next meeting.</li> <li>● <b>Psychiatric Advice Directives (PADS) Ad Hoc Workgroup:</b> Mr. Paul Wagstaffe and Ms. Maria Padilla-Castro reported the following: <ul style="list-style-type: none"> <li>○ Andrea Crook, BHS Health Program Manager, presented a recommendation that innovation funds be allocated to the Psychiatric Advance Directive (PAD) Multi-County Collaborative.</li> <li>○ Kiran Sahota from the External Quality Review Organization for Sac County – which analyzes and evaluates information related to quality, timeliness, and access to Specialty Mental Health Services – was present at the meeting and spoke about how PADs and the Collaborative function in the state.</li> <li>○ The MHSA Steering Committee voted to table this recommendation until the May meeting. PADs Ad Hoc Committee members reported confusion on the part of MHSA Steering Committee members regarding what a PAD accomplished, who could competently complete it, and the process for approval.</li> <li>○ The PADs Ad Hoc Committee is in the process of scheduling a follow up meeting to strategize for the next MHSA Steering Committee meeting.</li> </ul> </li> </ul> <p><b>Mental Health Board Announcements</b></p> <ul style="list-style-type: none"> <li>● No further announcements were made.</li> </ul>
<p><b>VI. Mental Health Board Discussion/Action Item: BHYAB's Policy</b></p>	<p>Behavioral Health Youth Advisory Board (YAB) members provided a presentation on Mental Health Resource Accessibility and Sustainability (Handout #24). YAB member introductions and stories were shared,</p>

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<p><b>Brief, “Mental Health Resource Accessibility and Sustainability”</b></p>	<p>and members advocated for initiatives to increase mental health resource accessibility and sustainability, such as youth-friendly advertising, County collaboration with the office of education and school campuses, telehealth programs for youth both on and off campus, resources for staff and parents, mental health education, support systems for the “whole child,” and engagement with community partnerships.</p> <ul style="list-style-type: none"> <li>• Mr. Gayent asked about the inclusion of community centers as resources for youth. YAB members affirmed the importance of community based organizations, including community centers, in providing behavioral health services for youth.</li> <li>• Mr. Minton discussed collaboration with the Sacramento County Office of Education to promote these initiatives.</li> <li>• Mental Health Board members thanked the YAB for their informative presentation, and highlighted alignment with the Children’s System of Care Committee’s most recent School-Based Mental Health Report.</li> <li>• A community member affirmed the Youth for their presentation and report.</li> </ul> <p>Mr. Minton moved to approve the MHB Letter of Support for the YAB’s policy brief (Handout #25) and Ms. Padilla-Castro seconded the motion. (All members voted Aye.) Motion carried.</p>
<p><b>VII. Mental Health Board Discussion/Action Item – Review and Approve Recommendations to the BHS Director and the Board of Supervisors to Address Behavioral Health Workforce Crisis</b></p>	<p>Following up on the tabled item from the April Special Meeting, Chair McIntosh Sako provided an overview of the ongoing behavioral health workforce crisis. Recommendations included increasing the hourly rate at which BHS Mental Health Counselors and Senior Mental Health Counselors are compensated, as well as providing flexible work schedules. Vacancy rates in specific programs were included (Handout #26).</p> <ul style="list-style-type: none"> <li>• Ms. Padilla-Castro asked if telework was included in the recommendations. Chair McIntosh Sako highlighted the flexible work schedule recommendation, which would include telework options as available. County Counsel Rob Parrish confirmed that the telework recommendations are feasible if adopted by the department, since policies at the County are determined by individual departments rather than the County at large.</li> </ul> <p>Mr. Wagstaffe moved to approve the Recommendations to Address Behavioral Health Workforce Crisis and Mr. Lueth seconded the motion. (Mr. Gaylent abstained. Mr. William Cho voted No. All other Members voted Aye.) Motion carried.</p>
<p><b>VIII. Public Comment</b></p>	<p>No public comments were made.</p>
<p><b>IX. Adjournment</b></p>	<p>Chair McIntosh Sako adjourned the meeting at 7:54 p.m.</p>