

**Sacramento County
Mental Health Board (MHB) General Meeting Minutes**

June 7, 2023

Meeting Location

7001-A East Parkway
Sacramento, CA 95823

Attendance			
MHB Members			
Name	Attendance	Name	Attendance
Corrine McIntosh Sako, <i>Chair</i>	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	Bradley Lueth	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent
Paul Wagstaffe, <i>Vice Chair</i>	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	Evan Minton	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent
William Cho, <i>Secretary</i>	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	Maria Padilla-Castro	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent
Matthew Gallagher	<input type="checkbox"/> Present <input checked="" type="checkbox"/> Absent	Theresa Riviera	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent
Ryan Gallant	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	Mallika Walsh	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent
Mykel Gayent	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	Patricia Wentzel	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent
Supervisor Patrick Kennedy	<input type="checkbox"/> Present <input checked="" type="checkbox"/> Absent		
County Staff to MHB			
Name	Attendance	Name	Attendance
Jason Richards	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	Rob Parrish	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent

Agenda Item	Discussion
I. Welcome and Introductions	<p>Chair Corrine McIntosh Sako called the meeting to order at 6:03 p.m. A quorum was declared, introductions were made, and the Conduct Agreement was acknowledged.</p> <p>A moment of silence was held for the sad passing of Ms. Angelina Woodberry. Ms. Woodberry served as an Advocate, helping Sacramento County community members for many years.</p>
II. Approval of Minutes	<p>Mr. Paul Wagstaffe moved to approve the minutes for the May MHB General Meeting and Ms. Patricia Wentzel seconded the motion. (Mr. Ryan Gallant and Ms. Theresa Riviera abstained. All other members voted Aye.) Motion carried.</p> <p>Ms. Wentzel moved to approve the minutes for the June MHB Special Meeting and Ms. Mallika Walsh seconded the motion. (Mr. Gallant, Ms. Riviera, and Mr. Evan Minton abstained. All other members voted Aye.) Motion carried.</p>
III. Division of Behavioral Health Services	<p>Ms. Kelli Weaver, Behavioral Health Deputy Director, provided a written report on the status of Behavioral Health Services (BHS). She also provided verbal updates and answered questions as follows:</p> <ul style="list-style-type: none"> Ms. Weaver thanked the MHB for their Budget Recommendations as approved at the Special Meeting on June 1st. The Board of Supervisors approved all the recommended BHS growth requests for the Fiscal Year 2023-24 Budget. Ms. Weaver affirmed the MHB for their continued support of

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	<p>behavioral health for community members in Sacramento County.</p> <ul style="list-style-type: none"> • Mr. Mykel Gayent and Ms. Riviera asked if the Latino community was included in the Budget Recommendations. Ms. Weaver and Chair McIntosh Sako confirmed that this item was included. • Mr. Minton asked if a growth request was included for the LGBTQ+ population. Ms. Weaver to follow up. • Ms. Weaver provided an overview of the County Budget approval process, consisting of the initial approval in June followed by potential revisions in September. Mr. Brad Lueth recommended a future presentation on the budget process, so that they can be better educated on the process.
<p>IV. System Partner Updates</p>	<p>Advocacy Update Ms. Andrea Housley and Ms. Robin Barney announced the following:</p> <ul style="list-style-type: none"> • The Peer Empowerment Conference will be held on June 12th from 10am-2:30pm. This event will have an expert panel including TAY youth and family members. Continental breakfast and lunch will be provided, and there will be networking opportunities as well as a raffle! <ul style="list-style-type: none"> ○ About 300 people will be in attendance! At the time of the meeting, there was capacity for 2 more people. Interested community members were encouraged to reach out to Ms. Barney (RBarney@calvoices.org). ○ A flyer for the Peer Empowerment Conference was included in the chat. • The Cal Voices consumer and family member support group is back to meeting in person. This group meets at Sutter Psych on the 2nd and 4th Wednesdays of each month. • The CAPP Steering Committee is currently recruiting members – including TAY, nonbinary/trans, and community members from rural areas. <p>Association of Behavioral Health Contractors Ms. Diane White shared condolences for the loss of Ms. Angelina Woodberry. Ms. White called attention to the current statewide focus on CalAIM initiatives, including Payment Reform which goes live July 1st. Ms. White discussed ongoing workforce shortages in the field of behavioral health.</p>
<p>V. Mental Health Board Business</p>	<p>Liaison Reports Written liaison reports were provided for the MHSA Steering Committee and the Human Services Coordinating Council.</p> <p>Committee and Workgroup Updates</p> <ul style="list-style-type: none"> • Adult System of Care (ASOC) Committee: Mr. William Cho reported the following: <ul style="list-style-type: none"> ○ Ms. Severine Hollingsworth gave a presentation on Medication Assisted Treatment (MAT) as it relates to opioids and pregnancy related issues, including current trends on the street regarding narcotics and the effectiveness of Narcan in saving lives. ○ The Department of Community Response will present at the next ASOC Committee meeting.

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	<ul style="list-style-type: none"> • Children’s System of Care (CSOC) Committee: Chair McIntosh Sako reported the following: <ul style="list-style-type: none"> ○ Presentation on Child Welfare System & Foster Youth Services by FosterHope, Erin Brown – FosterHope provides support for children, teens and facilities. Program for foster care, creating community/family support and placement stability. Juvenile trauma response court for justice involved youth diversion and support program. ○ Presentation on Foster Youth Needs by California Youth Connection, Mercedes Parker and Markeia Warren – recommendations for the county included looking at the root cause for lack of foster care, identifying short term and transitional housing solutions, prevention and intervention, and adopting a holistic approach to the needs of youth including prioritizing their mental health. ○ Roundtable discussion with CSOC Committee members, with County staff present (Sheri Green, Rob Kesselring, Chevon Kothari, Michelle Callejas), presenters, and system partners in attendance regarding Sacramento County foster youth behavioral health needs. Director Kothari discussed this item as a number one priority, working across departments to look at system of care, and including youth voices. • Executive Committee: Chair McIntosh Sako reported the following: <ul style="list-style-type: none"> ○ Reviewed, discussed, and approved the agenda for the June MHB General Meeting ○ Reviewed MHB Mission & Values statements drafted by the MHB Executive Committee in November 2021. This item will be brought back at a future meeting for further deliberation and revision. ○ MHB 2022 Performance Report of BHS: MHB Vice Chair Wagstaffe reported that the report is nearing completion. The committee outlined steps to ensure the report’s completion in order for this committee to review at its next scheduled meeting. • Community Wellness Response Team (CWRT) Program Advisory Committee: Chair McIntosh Sako reported the following: <ul style="list-style-type: none"> ○ The CWRT committee reviewed and approved its bylaws, as amended for approval at the current meeting by the full MHB (Item VI). ○ BHS continues to recruit CWRT program staff, including at multiple community events. ○ A marketing plan for the CWRT program is currently being developed, with the goal of being drafted by July 2023. • Budget Committee: Mr. Wagstaffe reported the following: <ul style="list-style-type: none"> ○ On May 30th, Behavioral Health Director Ryan Quist provided briefing on BHS Budget Recommendations for Fiscal Year 2023-24.

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	<ul style="list-style-type: none"> ○ Chair McIntosh Sako provided an overview for how all BHS budget requests align with previous policy and budget recommendations made by the MHB, and shared other department budget requests which also align with previous policy and budget recommendations made by MHB. ○ Budget Committee members verbalized consensus for all BHS budget recommendations in alignment with MHB recommendations. These recommendations were subsequently approved at the MHB Special Meeting on June 1st. ● Psychiatric Advice Directives (PADs) Ad Hoc Workgroup: Mr. Paul Wagstaffe and Ms. Maria Padilla-Castro reported the following: <ul style="list-style-type: none"> ○ The PADs Ad Hoc Workgroup did not meet last month, because the MHSA Steering Committee met at the end of April and sent the PADs recommendations to a subcommittee. On May 11th, the subcommittee recommended approving a \$1 million allocation to the PADs project. This recommendation will be heard at the June 15th meeting of the full MHSA Steering Committee. <p>Mental Health Board Announcements</p> <ul style="list-style-type: none"> ● Ms. Patricia Wentzel reminded MHB members that June 19th is Juneteenth. Juneteenth is the oldest nationally celebrated commemoration of the end of slavery in the United States. ● Mr. Evan Minton reminded MHB members that June is LGBTQ+ Pride month. LGBTQ+ Pride Month promotes self-affirmation, dignity, equality, and increased visibility of lesbian, gay, bisexual, transgender, queer, and other individuals who identify with this community.
<p>VI. Mental Health Board Discussion/Action item – Review & Approve Community Wellness Response Team (CWRT) Advisory Committee Bylaws & MHB Member Mykel Gayent to CWRT Advisory Committee</p>	<p>Chair McIntosh Sako provided an overview of the CWRT bylaws as drafted by the committee.</p> <ul style="list-style-type: none"> ● Mr. William Cho asked for clarification regarding the process, as CWRT provisions were previously approved for the MHB bylaws. Chair McIntosh Sako clarified that this is for the approval of the CWRT committee’s own bylaws. Items in addition to the MHB bylaws include provisions regarding members terms and attendance requirements. ● Mr. Gallant pointed out a typo under Article 3, which has Section 7 listed twice. ● Mr. Cho recommended against excluding law enforcement-affiliated members from the CWRT committee, and expressed concerns about potential litigation based on the exclusion of this group. ● Mr. Gallant agreed with Mr. Cho, and stated that he would be voting no due to the exclusion of law enforcement-affiliated members. ● Mr. Minton affirmed the experiences of MHB members and community members who have had negative interactions with law enforcement and may be triggered by the inclusion of law enforcement-affiliated members on the CWRT committee. Mr. Minton expressed support for the bylaws as written.

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	<ul style="list-style-type: none"> • Chair McIntosh Sako asked for County Counsel's input, based on Mr. Cho's concern about potential litigation on this topic. County Counsel Robert Parrish reminded members that the law protects members of specific protected classes. Law enforcement affiliation is not a protected class. • Ms. Maria Padilla-Castro reminded MHB members about the origin of the CWRT program, formerly known as "Alternatives to 911." Ms. Padilla-Castro affirmed that this program was created to provide needed services to those who might otherwise be reluctant to reach out. • Ms. Riviera and Mr. Lueth expressed support for not excluding law enforcement-affiliated members in the bylaws. • Ms. Mallika Walsh reminded members about the importance of semantics, particularly about the use of the word "exclusion" in addressing the recommendations. • Mr. Wagstaffe expressed concern about the vague description of law enforcement affiliation in the bylaws. Mr. Wagstaffe reminded MHB members that the CWRT program was established as an alternative to 911, and that consumers who reach out to this program may be doing so because of negative experiences with law enforcement. Mr. Wagstaffe expressed support for the bylaws on the grounds that this program could save the lives of community members who might otherwise be reluctant to seek help. • Mr. Gayent expressed support the recommendations. Mr. Gayent reminded members that the 911 system still exists, with the CWRT program as an additional channel for support. <p>Public comments on this action item:</p> <ul style="list-style-type: none"> • Community member stated that the purpose of the CWRT program is to provide care without the inclusion of law enforcement, but that this program can still be informed by the voices of law enforcement members. • Community member reminded members that the African American/Black community has a long history with law enforcement and that the CWRT program provides an alternative to the involvement of law enforcement by design. <p>Mr. Minton moved to approve the CWRT Committee's bylaws and Mr. Gallant seconded the motion. (Mr. Cho, Mr. Gallant, Mr. Lueth, Ms. Riviera, Ms. Walsh voted No. All other members voted Aye.) Motion carried.</p> <p>Mr. Wagstaffe moved to appoint Mr. Gayent as an MHB representative to the CWRT Advisory Committee and Mr. Minton seconded the motion. (All members voted Aye.) Motion carried.</p>
<p>VII. Mental Health Board Discussion/Action Item – Annual Report on the Sacramento County Mental Health Board for CY 2022</p>	<p>Chair McIntosh Sako provided an overview of the draft Annual Report on the Sacramento County Mental Health Board for calendar year 2022 (Handout #22).</p> <p>Mr. Wagstaffe moved to approve the Annual Report and Ms. Wentzel seconded the motion. (All members voted Aye.) Motion carried.</p>
<p>VIII. Public Comment</p>	<p>Public Comment 1: Community member honored Alcohol and Drug Advisory Board member Mr. Harry Carlson, who passed away at 95. Mr. Carlson served 27 years on the ADAB.</p>

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	Public Comment 2: Community member expressed support for the work of the CWRT program and its advisory committee.
IX. Adjournment	Chair McIntosh Sako adjourned the meeting at 8:00 p.m.