

**Sacramento County
Mental Health Board (MHB) General Meeting Minutes
July 5, 2023**

Meeting Location
7001-A East Parkway
Sacramento, CA 95823

Attendance			
MHB Members			
Name	Attendance	Name	Attendance
Corrine McIntosh Sako, <i>Chair</i>	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	Bradley Lueth	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent
Paul Wagstaffe, <i>Vice Chair</i>	<input type="checkbox"/> Present <input checked="" type="checkbox"/> Absent	Evan Minton	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent
William Cho, <i>Secretary</i>	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	Maria Padilla-Castro	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent
Matthew Gallagher	<input type="checkbox"/> Present <input checked="" type="checkbox"/> Absent	Theresa Riviera	<input type="checkbox"/> Present <input checked="" type="checkbox"/> Absent
Ryan Gallant	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	Mallika Walsh	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent
Mykel Gayent	<input type="checkbox"/> Present <input checked="" type="checkbox"/> Absent	Patricia Wentzel	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent
Supervisor Patrick Kennedy	<input type="checkbox"/> Present <input checked="" type="checkbox"/> Absent		
County Staff to MHB			
Name	Attendance	Name	Attendance
Jason Richards	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	Rob Parrish	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent

Agenda Item	Discussion
I. Welcome and Introductions	<p>Chair Corrine McIntosh Sako called the meeting to order at 6:04 p.m. A quorum was declared, introductions were made, and the Conduct Agreement was acknowledged.</p> <p>Mental Health Board Announcements</p> <ul style="list-style-type: none"> No announcements were made.
II. Approval of Minutes	<p>Ms. Wentzel moved to approve the minutes and Ms. Padilla-Castro seconded the motion. (All members voted Aye.) Motion carried.</p>
III. Division of Behavioral Health Services	<p>Dr. Ryan Quist, Behavioral Health Director, provided a written report on the status of Behavioral Health Services (BHS). He also provided verbal updates and answered questions as follows:</p> <ul style="list-style-type: none"> BHS continues to work to eliminate systemic racist practices that drive behavioral health inequities by utilizing a targeted universalism approach and expanding the Behavioral Health Racial Equity Collaborative (BHREC) to include the Latino/Latinx/Hispanic communities. Dr. Quist highlighted the upcoming stakeholder forums regarding this collaborative work. The State's Health and Human Services Agency will be holding forums on the Governor's proposed changes to MHSA, as part of their Behavioral Health taskforce. CalAIM Payment Reform implementation began on July 1st. This initiative will reduce administrative burden by replacing the cost report system, which required the County and providers to carry risk for 1-2 years after services were provided. A fee for service system will be

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	<p>used now, so that when providers deliver a service they will be paid set rates. Dr. Quist acknowledged the fast pace of implementation, as well as provider anxiety about getting used to the new system and new business practices. BHS will continue to meet with providers and monitor the new system to make sure that we're doing the best we can to support our contract providers.</p> <ul style="list-style-type: none"> • The new Electronic Health Record (EHR) replacing Avatar is called Smart Care. BHS had County staff standing by to answer questions and provide technical support over the weekend, and continues to support providers with EHR implementation. Smart Care is part of a multi-County project, with about 20 other counties using the same EHR. CalMHSA has hired RAND to do an assessment of the EHR to hold Counties accountable, keeping things as streamlined as possible so that staff don't need to spend as much time on documentation. In addition, documentation redesign will streamline documentation requirements alongside the EHR.
<p>IV. System Partner Updates</p>	<p>Advocacy Update</p> <ul style="list-style-type: none"> • No announcements were made. <p>Association of Behavioral Health Contractors</p> <ul style="list-style-type: none"> • No announcements were made.
<p>V. Mental Health Board Business</p>	<p>Liaison Reports A written liaison report was provided for the MHSA Steering Committee.</p> <p>Committee and Workgroup Updates</p> <ul style="list-style-type: none"> • Adult System of Care (ASOC) Committee: <ul style="list-style-type: none"> ○ No announcements were made. • Children's System of Care (CSOC) Committee: Chair McIntosh Sako reported the following: <ul style="list-style-type: none"> ○ Joint Presentation on Sacramento County Budget Requests for FY 2023-24 for Services, Facilities, and Programs Pertaining to Foster Youth by Ms. Sheri Green, BHS Division Manager for Youth Mental Health, and Ms. Michelle Callejas, Director, Department of Child, Family, & Adult Services (DCFAS) <ul style="list-style-type: none"> ▪ BHS has recommended actions going to BOS in July 2023 to increase funding for Therapeutic Behavioral Services (TBS) from \$1,158,959 to \$4,616,184, and to create a Youth Intensive Placement Pool that includes increases in funding for short-term residential treatment programs (STRTP), therapeutic foster care (TFC), and intensive services foster care (ISFC) by blending several mental health contracts that have coinciding child welfare placements for a total of \$13,550,000 in pooled funds (an increase of ~\$10.6 million). ○ Roundtable Discussion regarding Sacramento County Foster Youth Behavioral Health Needs and System Challenges between CSOC Committee Members, Ms. Michelle Callejas, Director of DCFAS, System Partners, and Community Stakeholders

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	<ul style="list-style-type: none"> ▪ All foster youth have been removed from WET Center and transferred to 3 different homes that the County has leased. Placements are staffed by DCFAS staff. ▪ At the June 2023 recommended budget hearings, BOS approved \$16.4 million in new funding for DCFAS including: <ul style="list-style-type: none"> • Child Protective Services – One-time Funding and Ongoing Investments: (\$13,539,879 total) • Family First Prevention Services Block Grant – \$7,370,122 • Emergency Response Enhancement Funding – \$615,540 • Child and Family Team Meeting Facilitators – <ul style="list-style-type: none"> ○ Pacific Clinics - \$1,000,000 ○ Complex Care Capacity Building – \$500,000 • Flexible Family Support Funds – \$750,000 • Welcome and Assessment Centers – \$2,000,000 • 1.0 FTE Human Services Program Planner – FFPSA Aftercare – \$181,577 • 1.0 FTE Human Services Program Planner and additional funding for Child Care Bridge – \$1,122,640 • DCFAS will be going before the BOS in the next few months with additional growth requests aligned with recommendations discussed for foster youth. • Executive Committee: Chair McIntosh Sako reported the following: <ul style="list-style-type: none"> ○ Reviewed/approved Agenda for the 7/05/23 MHB General Meeting ○ Received an update on the MHB 2022 Performance Report of the Sacramento County Mental Health System. The final draft will be presented at next month’s Executive Committee meeting, for subsequent review/approval by the full MHB. ○ Reviewed and discussed MHB site visit procedures, expectations, and goals ○ Discussed MHB general administrative duties and the possibility of project management tools – <ul style="list-style-type: none"> ▪ MHB Vice Chair & MHB Secretary to meet with DHS Director, BHS Director, County Counsel, and MHB support staff to discuss necessity, budget, and Brown Act compliance of proposed project management tool ○ Agendized item for discussion, “Establish Standard Practice for Sharing Materials with Board Members” was not discussed due to time limitations, and will be discussed at a future meeting • Community Wellness Response Team (CWRT) Program Advisory Committee: Chair McIntosh Sako reported the following: <ul style="list-style-type: none"> ○ May 25, 2023 Program Implementation Update from BHS: https://dhs.saccounty.gov/BHS/SiteAssets/Pages/Community-Wellness-Response-Team/CWRT%20Timeline%20May%202023.pdf

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	<ul style="list-style-type: none"> ○ Presentation on the Denver Support Team Assisted Response (STAR) Program & the STAR Community Advisory Committee by Vinnie Cervantes, Denver STAR Community Advisory Committee Member ○ Update from BHS on CWRT Program Implementation: CWRT remains in “soft launch” implementation mode, available Monday through Friday 9am - 3:30pm by calling ‘988’ ○ BHS established a contract with Bay Area Community Services (BACS). BACS has two employees currently undergoing training to transfer to CWRT. ○ Roundtable discussion including CWRT Advisory Committee members, system partners, and members of the public to coordinate collaboration between 988/Wellspace, BHS Community Support Team, and BHS Mobile Crisis Support Team with CWRT. ● Psychiatric Advice Directives (PADS) Ad Hoc Workgroup: Ms. Maria Padilla-Castro reported the following: <ul style="list-style-type: none"> ○ Ms. Padilla-Castro affirmed the usefulness of PADs in determining a course of action before mental health crises occur. ○ The MHSA Innovation committee voted to move PADs implementation forward, but it was voted down by the full MHSA Steering Committee. ○ The PADs Ad Hoc Workgroup continues to meet internally and with system partners to discuss alternative paths for PADs implementation.
<p>VI. MHB Discussion/ Action Item – Review and Approve Letter of Support for BHS Recommended Actions for Therapeutic Behavioral Services and Youth Intensive Placement Pool</p>	<p>The MHB reviewed and approved a letter of support for BHS’s recommended actions regarding the Therapeutic Behavioral Services and Youth Intensive Placement Pool (Handout #24-25).</p> <ul style="list-style-type: none"> ● Chair McIntosh Sako noted that Ms. Sheri Green, BHS Division Manager for Youth Mental Health, had provided some updates regarding dollar amounts and verbiage for the upcoming Board item. These updates are incorporated in Handout #25, and will be included in the MHB recommendations. ● Mr. Minton called attention to the overrepresentation of LGBT+ youth in the foster care system, and advocated for their inclusion as a specified group with needs. ● Mr. Gallant noted some typos regarding numbering in the citations, and expressed support for the recommendations. ● Ms. Padilla-Castro agreed with Mr. Minton’s recommendations regarding the need to highlight the increased needs of LGBT+ youth in the recommendations, and discussed the overrepresentation of youth of color as well. ● Ms. Walsh noted the positive sentiment behind inclusive language in the recommendations, which include specific demographic groups but could also be expanded upon. ● Ms. Wentzel affirmed Chair McIntosh Sako for the quick turnaround and sentiment behind the letter, and recommended that the MHB’s support be mentioned up front instead of later in the letter. Mr. Lueth agreed, and affirmed his support for the recommendations. ● No public comments were made.

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	Mr. Gallant moved to approve the amended recommendations and Mr. Minton seconded the motion. (Ms. Walsh abstained. Mr. Cho voted No. All other members voted Aye.) Motion carried.
VII. Presentation – The Work of BHS’s Cultural Competence and Ethnic Services Department, and Equity Work that BHS Colleagues are Doing Throughout BHS	<p>Ms. Mary Nakamura, BHS Cultural Competence & Ethic Services/Workforce Education & Training Health Program Manager, provided a presentation on the work that BHS is doing regarding racial/cultural equity throughout the division.</p> <ul style="list-style-type: none"> • Ms. Walsh asked about definition of cultural humility. Ms. Nakamura stated that cultural humility is a lifelong process and involves removing preconceived ideas of what the person needs. • Mr. Minton affirmed the importance of this topic, and thanks Ms. Nakamura for the presentation.
VIII. Public Comment	<p>Public Comment 1: Community member expressed support for the MHB’s attention to youth and diversity at this meeting, and thanked Ms. Nakamura for her presentation.</p> <p>Public Comment 2: Community member concurred with the commenter above, and thanked Ms. Nakamura for her presentation.</p>
IX. Adjournment	<p>Chair McIntosh Sako asked MHB members for suggestions regarding future meeting presentations. Suggested topics were as follows:</p> <ul style="list-style-type: none"> • Behavioral health services provided/available in specific county districts • An overview of the entire budget for BHS • A specific examination into funds for services directed toward specific populations (e.g., unhoused population, criminal legal system-involved population, various racial/ethnic/cultural communities, LGBTQ+ population) • Implementation of CORE clinics and process of consumers moving out of managed care plan or not (e.g., how is success measured/data tracked) • Continuum of Care/levels of care • The connection (if any) that BHS & it’s contracted providers have with community supports & resources such as Regional Transit, Sacramento Libraries, etc. <p>Chair McIntosh Sako adjourned the meeting at 7:47 p.m.</p>