

**Sacramento County
Mental Health Board (MHB) General Meeting Minutes**

October 4, 2023

Meeting Location

700 H Street
Sacramento, CA 95814

Attendance			
MHB Members			
Name	Attendance	Name	Attendance
Corrine McIntosh Sako, <i>Chair</i>	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	Bradley Lueth	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent
Paul Wagstaffe, <i>Vice Chair</i>	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	Evan Minton	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent
William Cho, <i>Secretary</i>	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	Maria Padilla-Castro	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent
Ryan Gallant	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	Theresa Riviera	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent
Mykel Gayent	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	Mallika Walsh	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent
Supervisor Patrick Kennedy	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	Patricia Wentzel	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent
County Staff to MHB			
Name	Attendance	Name	Attendance
Jason Richards	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	Chris Costa	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent

Agenda Item	Discussion
I. Welcome and Introductions	<p>Chair Corrine McIntosh Sako called the meeting to order at 6:03 p.m. A quorum was declared, introductions were made, the Conduct Agreement was acknowledged, and an overview of the agenda was provided.</p> <p>Mental Health Board Announcements</p> <ul style="list-style-type: none"> • Chair McIntosh Sako announced that elections for next year’s MHB officers will be held at the November General Meeting. • Chair McIntosh Sako and County Counsel Chris Costa reviewed the requirement for standing committee meetings to be held in person for MHB participants. • Ms. Patricia Wentzel announced that NAMI Sacramento is now able to directly serve Spanish-speaking callers on the NAMI helpline. • Ms. Theresa Riviera requested that local author Ms. Kimberly Austin be invited to speak at a future Mental Health Board meeting, regarding her book “Little Glory and the Whamdemic”. This book supports mental health by encouraging children to talk about their feelings and to help adults start those conversations.
II. Public Comment	Public Comment 1: Community member requested that Public Comment time be moved back to the end of the meeting, so that community members can comment on occurrences during the meeting.
III. Consent Matters: Approval of Minutes	<u>September Public Hearing</u>

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	<p>Mr. Paul Wagstaffe and Ms. Riviera asked to add the following sentence to the 4th bullet on page 2: “It was considered that the outcome of the program could lead to extension to other constituencies, cultures, and languages.”</p> <p>Mr. Wagstaffe moved to approve the amended September Public Hearing minutes and Ms. Wentzel seconded the motion. (Chair McIntosh Sako, Mr. Michael Gayent, and Mr. Evan Minton abstained. All other members voted Aye.) Motion carried.</p> <p><u>September General Meeting</u></p> <p>Ms. Patricia Wentzel moved to approve the September General Meeting minutes and Mr. Paul Wagstaffe seconded the motion. (Chair McIntosh Sako, Mr. Michael Gayent, and Mr. Evan Minton abstained. All other members voted Aye.) Motion carried.</p>
<p>IV. Division of Behavioral Health Services</p>	<p>Dr. Ryan Quist, Behavioral Health Director, provided a written report on the status of Behavioral Health Services (BHS). He also provided verbal updates and answered questions as follows:</p> <ul style="list-style-type: none"> • SB 326 was passed by the legislature, and will appear as Proposition 1 on the March 2024 ballot. There were ongoing amendments and negotiations with the administration until the last moment. Changes to MHSA Modernization will be combined with the bond measure in one proposition. CBHDA continues to work with legislators to craft appropriate cleanup language for this proposition. <ul style="list-style-type: none"> ○ Ms. Wentzel asked if there is a continuing role for a subcommittee to address this issue. Dr. Quist and Supervisor Kennedy affirmed that the Board of Supervisors remains active on this topic, and continues to advocate to legislators on cleanup language. Ms. Wentzel encouraged MHB members to stay informed, keep this topic on their radar, and continue to advocate. ○ Ms. Riviera asked about outreach efforts to let community organizations know that advocacy is needed. Dr. Quist discussed outreach efforts by CBHDA, as well as support for outreach from community organizations. ○ Ms. Maria Padilla-Castro asked when the final verbiage of the Proposition 1 will be available for review. Dr. Quist confirmed that Proposition 1 will be on the ballot in March 2024, with timelines on language to be determined. • Dr. Quist discussed a letter from plaintiff’s counsel representing the class action suit regarding the jail encouraged the County to look for acute psychiatric treatment beds outside the jail in a community setting. The Board of Supervisors approved an expansion to acute psychiatric treatment beds, which included interim measures which would not reduce the number of beds in the community. After this plan was approved, the County initiated a competitive bid process for interested providers, with a completion date of January 2027. The County also began to look for a community based alternative to this project due to this timeline, and is currently looking for an appropriate provider location accordingly.

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	<ul style="list-style-type: none"> ○ Ms. Wentzel asked about closed beds at the Mental Health Treatment Center and asked about the possibility of reopening those beds. Dr. Quist confirmed that the location of those beds has been renovated and is now being used for urgent care. Plumbing and other changes would require significant renovations to return the ability to use beds for this purpose. ○ Ms. Riviera asked if current MHTC beds can be used for people in the jail. Dr. Quist confirmed that these beds may not be used for this purpose, including for individuals in Sheriff's custody. ○ Ms. Padilla-Castro asked if the Board of Supervisors had responded to the letter. Dr. Quist confirmed that he was reading bullet points from their response. ○ Mr. Brad Lueth asked why the County has less beds than it used to have. Dr. Quist confirmed that there are 566 beds across the county, 98 of which are County-controlled. The Rand study concluded that there is not a shortage of acute beds, but rather a shortage of subacute beds. As a result, the County will be opening a Mental Health Rehabilitation Center.
<p>V. System Partner Updates</p>	<p>Advocacy Update No updates were made.</p> <p>Association of Behavioral Health Contractors Ms. Diane White discussed concerns for behavioral health providers due to payment reform. Without relief, providers report potential upcoming closures in the Adult OP system.</p> <p>Ms. Erin Johansen confirmed that providers are asking for 6 months of cost reimbursement, in order to stay open while they evaluate cost reimbursement to ensure that rates are adequate.</p> <ul style="list-style-type: none"> • Chair McIntosh Sako asked Dr. Quist about conversations with providers about these concerns. Dr. Quist affirmed that addressing these concerns is BHS's highest priority. Dr. Quist discussed ongoing group and one-on-one meetings with providers to address this topic. Supervisor Kennedy also confirmed an upcoming meeting with Chevon Kothari (Deputy County Executive, Social Services), Tim Lutz (Director, Health Services), and Dr. Quist to address this topic. • Ms. Riviera asked what type of support the MHB can provide. Ms. Johansen reiterated that costs exceed revenues and that providers are seeking 6 months of cost reimbursement. • Mr. Minton asked if 6 months of cost reimbursement is something that the County can afford. Dr. Quist confirmed that BHS has worked with County Counsel to be able to reimburse providers at 1/12th, which will require cost reimbursement if applicable down the road. Dr. Quist confirmed that efforts to support providers are ongoing, and that if the County overpays providers they could run out of local funds which would impact funding and services in the future.

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VI. Mental Health Board Business	<p>Liaison Reports Written liaison reports were provided for the Alcohol and Drug Advisory Board and the MHSA Steering Committee.</p> <p>Committee Reports Written committee reports were provided for the Children’s System of Care Committee, Executive Committee, and Community Wellness Response Team (CWRT) Advisory Committee.</p> <ul style="list-style-type: none"> • Chair McIntosh Sako confirmed that the Executive Committee is looking into the duplication of efforts between the minutes taken by County staff and the committee reports submitted by MHB members, to help streamline the process. • Mr. Wagstaffe confirmed that there are some items in progress by the PADS workgroup which warrant further discussion and will be brought up at a future meeting.
VII. Mental Health Board Discussion/Action item – Approve Sarina Rodriguez to CWRT Advisory Committee	<p>Chair McIntosh Sako reviewed the composition of the CWRT committee, and the process of the MHB confirming community members. Mr. Ryan Gallant asked about the candidate. Chair McIntosh Sako stated that this individual is a college student with a background in public health and identifies as having lived experience as a consumer of mental health services. This individual can commit to at least a year of service and can attend meetings at the designated time. Chair McIntosh Sako confirmed that three members of the CWRT committee met with the candidate and voted unanimously to approve her to the committee.</p> <p>No public comments were made.</p> <p>Chair McIntosh Sako moved to approve Ms. Sarina Rodriguez to the CWRT Advisory Committee. Mr. Minton seconded the motion. (Mr. William Cho voted No. Supervisor Kennedy abstained. All other members voted Aye.) Motion carried.</p>
VIII. Presentation – General Sacramento County Budget Processes	<p>Mr. Gallant provided a presentation on General Sacramento County Budget Processes. Please see Handout #23 for the complete presentation.</p>
IX. Presentation – Sacramento County Behavioral Health Services Budget	<p>Dr. Ryan Quist, Behavioral Health Director, provided a presentation on the Sacramento County Behavioral Health Services Budget. Please see Handout #22 for the complete presentation.</p>
X. Adjournment	<p>Chair McIntosh Sako adjourned the meeting at 8:03 p.m.</p>