

Sacramento County Mental Health Board Adult System of Care (ASOC) Meeting

**MINUTES – IN PERSON MEETING
HYBRID PARTICIPATION OPTION
Monday, October 7, 2024
6:00 PM – 7:30 PM**

Committee Member	Present	Absent
Brad Lueth	X	
Laura Bemis	X	
Mallika Walsh		X
Melinda Avey	X	
Patricia Wentzel	X	

Staff: Arys Scott

Agenda Item
<p>I. Welcome and Introductions</p> <ul style="list-style-type: none"> • Introductions • Acknowledgement of Conduct Agreement • Announcements by MHB ASOC Committee Members <p>Chair Wentzel commenced the meeting at 6:00pm.</p> <p>Chair Wentzel initiated introductions among the members who were present, and the Conduct Agreement was acknowledged.</p> <p><u>Announcements:</u> Journey of Hope Art Gallery on Del Paso Blvd. Journey of Hope is an art show that integrates Mental Health stories and art to help destigmatize mental health.</p>
<p>II. Public Comments Relating to the Sacramento County Behavioral Health Services Adult System of Care – Items Not on Agenda</p> <ul style="list-style-type: none"> • No public comments were made.
<p>III. Discussion of questions for FSP survey regarding SUD assessment and services</p> <p>Chair Wentzel began the discussion on the Full-Service Partnerships (FSP) survey that will have questions to gauge the current and future plans for providing support to clients around Substance Use Disorder (SUD) and dual diagnosis.</p> <p>All of the subcommittee members had emailed a list of questions to Chair Wentzel, which were compiled into a document used to structure the discussion.</p> <p>Based on the questions that were compiled, Chair Wentzel suggests looking at the baseline of what the proportion of clients are currently being served, assessments that are currently being done, what tools are currently being used, current staffing, and what supports/programs are being provided currently. Chair Wentzel also suggests asking questions on the barriers to providing better assessments, staffing and support as well as what is being done to address those barriers.</p> <p>There is a suggestion to ask questions on how FSP’s are measuring satisfaction, how often is success</p>

measured, how success is measured, and how is it defined and what tools are needed to better this area.

There was general consensus that these types of questions are a good start, and yet would like to keep the survey short and to the point.

Member Lueth suggests no more than 10 questions for the survey.

Member Avey suggested a question on the survey where the committee can get a better sense of what the need is for SUD services as part of the baseline assessment question.

Chair Wentzel brought up the ASAM (American Society of Addiction Medicine) assessment that is currently being used, noting it is a complex and a long screening tool for assessing a person's background and current status regarding SUD.

Member Bemis clarifies that the ASAM is a screening tool that only licensed clinicians can administer. So, for the baseline, it would be important to figure out if this can be used. Bemis suggests a pathway survey where if a person answers a question a certain way, it will direct them to another set of questions and from there, it can be narrowed down to see which facility can do what.

Member Avey suggests questions on how many people are referred and what are the barriers? (i.e. Transportation).

Member Lueth asks if this survey will be completed digitally or via paper.

It is agreed that the survey will be done digitally through Survey Monkey.

Member Avey suggests using Hope Cooperative as a marker to see how many clients they serve are receiving SUD treatment.

It is suggested to provide a list of services and supports to the questions as multiple choice questions.

It is then asked if all FSP's have Peer Support Specialists, if there are enough, what extent are these positions used and what is the client-to-peer ratio. It was suggested that this information can be used to recommend hiring more peers.

The goal of the survey was clarified to determine how the FSP's are addressing SUD. Peers would be one of those solutions.

Member Avey would like to know what the barriers are for people trying to receive SUPT. Avey suggested transportation as a major barrier.

Member Lueth suggests asking a question about what the County could do for FSP facilities to give better support – make services more accessible?

It was suggested to see if motivational interviewing, an evidence-based practice, is being done throughout the FSP facilities.

It is agreed that the list of questions will be added to Survey Monkey and sent to contract monitors to send to facility program managers.

The survey will be sent out on Friday, October 11, 2024, and end on Friday, November 1, 2024.

All present committee members agreed to meet for the December 2, 2024 meeting.

By November 15, 2024, Chair Wentzel will work with BHS staff to assemble data into a report and have it available for the December meeting. Once data has been gathered, the committee agreed to decide what to do with the information from there.

Chair Wentzel suggested inviting back Lori Miller to November's sub-committee meeting to further discuss SUPT. This can include the SUPT referral process and integrated services between SUPT and behavioral health.

Chair Wentzel also suggested inviting an FSP provider, potentially Hope Cooperative, to come present at the November meeting.

Proposed List of Survey Questions:

1. What proportion of your census identifies as having a substance use disorder or dual diagnosis?
2. What is the screening process?
 - a. What Tools do you use?
 - b. How often do you use them?
3. What services and supports are provided that are different or in addition to what a client would receive otherwise? (motivational interviewing, harm reduction counseling, transportation, direct services, Narcan, fentanyl testing etc.)
4. What are the resources available to provide support? (add a list of resources)
5. What is the referral process for SUPT?
 - a. How long is the referral process from referral to receiving services?
6. How are Peer Support Specialists utilized in your facility?
 - a. Do they specialize in SUD or dual diagnosis? What is the peer to client ratio?
7. What challenges do you encounter referring clients to SUPT? (long delays, lack of warm handoff, too much paperwork, options don't match needs...)

IV. Additional Public Comment regarding items on or off the agenda

- No additional public comments were made.

V. Adjournment

- Next Meeting will be on November 4, 2024 from 6:00pm to 7:30pm
- Chair Wentzel adjourned the meeting at 7:24pm