

Sacramento County Mental Health Board Adult System of Care (ASOC) Meeting

**MINUTES – IN PERSON MEETING
HYBRID PARTICIPATION OPTION
Monday, November 4, 2024
6:00 PM – 7:30 PM**

Committee Member	Present	Absent
Brad Lueth (Vice Chair)	X	
Laura Bemis	X	
Mallika Walsh		X
Melinda Avey	X	
Patricia Wentzel (Chair)		X

Agenda Item
<p>I. Welcome and Introductions</p> <ul style="list-style-type: none"> • Introductions • Acknowledgement of Conduct Agreement • Announcements by MHB ASOC Committee Members <p>Vice Chair Lueth commenced the meeting at 6:00pm.</p> <p>Vice Chair Lueth initiated introductions among the members who were present, and the Conduct Agreement was acknowledged.</p> <p><u>Announcements:</u></p> <p>No announcements were made.</p>
<p>II. Public Comments Relating to the Sacramento County Behavioral Health Services Adult System of Care – Items Not on Agenda</p> <ul style="list-style-type: none"> • No public comments were made.
<p>III. Presentation on Substance Use Prevention and Treatment Programs (SUPT)</p> <p>Lori Miller, SUPT Division Manager, began presenting.</p> <p>Lori Miller gave an overview of SUPT services. (See attached presentation)</p> <p>A new Residential Treatment program was announced (slide 31) that will have 6 beds for youth males in upcoming months. The SUPT team will continue to recruit providers to expand this service.</p> <p><u>Member Comments/Questions:</u></p> <p>Member Bemis:</p>

Q: Is the Behavioral Health Racial and Equity collaborative different than Cultural Competency?

A: Yes, the Racial and Equity collaborative is a part of the Cultural Competency unit at BHS..

Q: Do Managed Care Plans have to be Medi-Cal certified?

A: All SUPT programs and services are Medi-Cal funded.

Q: For perinatal services, do those who go through the competitive bid process offer one or some of those services (slide 37)?

A: All Perinatal Services are offered to clients.

Q: For the new Residential Treatment program that will be available for up to 6 male youths, is withdrawal management also available?

A: No. If a client needs to go through detox from a substance, they will have to do so in the emergency room and then get referred to the Residential Treatment Program.

Q: Since the Residential Treatment Program will only be available for male youths, what services are available for female youths?

A: Youths who need Residential Treatment currently get referred to an out of County program.

Q: What are some of the newer drugs to look out for?

A: In addition to Xylazine, there is also Nitazene and Kratom. (A full list of current trending drugs can be found at <https://www.safersacramento.com/>).

Q: What is the current medication treatment for those on meth?

A: The current medication treatment is a combination of Naltrexone and Bupropion (this is a pilot drug combination not approved by the FDA).

Vice Chair Lueth:

Q: How long does it take for a person to get linked to SUPT services when they go online and fill out the referral form?

A: Approximately 2 days. A team member will call the referring source and ensure linkage occurs.

Q: For youth programs, do school districts have to come to Sacramento County directly to receive SUPT and BHS services? How are services marketed to schools?

A: Sacramento County reaches out to middle schools, high schools and colleges in the area. Schools also have the opportunity to reach out to Sacramento County directly through <https://www.arrivealiveca.com/> or <https://www.safersacramento.com/> to request a presentation.

Q: Are school districts invested in SUPT services?

A: Yes, schools are very aware of SUPT services. Sacramento County has reached thousands of students in the last couple of years.

Q: If someone with a substance use disorder calls the System of Care for SUPT phone number (916-874-9754), does the County still assess and link those individuals if they have Kaiser, Aetna or similar forms of insurance or does the County refer them back to their insurance providers?

A: Kaiser has its own [Chemical Dependency program](#), but other Managed Care Plans refer back to the County if a Medi-Cal beneficiary.

Member Avey:

Q: Is the ASAM 3.5 Residential treatment also for Mental Health?

A: Yes, it is more intensive than ASAM 3.1 Residential. If someone has a co-occurring condition, then ASAM 3.5 would be the most appropriate.

Questions from the Public:

Q: Will the phone number for the new BHS-Sac still be 916-874-9754?

A: No, the new number will be 916-875-1055

IV. Discussion about integration of SUPT and Mental Health programs

Vice Chair Lueth introduces the discussion about integrating SUPT services and Mental Health Programs.

Member Avey mentioned that the FSP's were sent a survey, asking about substance use services. Avey brought up the question "How many people do you serve that have a substance use problem?" - which responses went up as high as 110 individuals served with substance use problems and as low as 10 at another facility.

Member Avey suggested putting out a survey to the Alcohol and drug programs to inquire about mental health services in their facilities.

Lori Miller informed the members that two providers on the SUPT continuum provide mental health services: Akua Mental Health Sacramento and WellSpace Health. The rest link to mental health services when needed.

Vice Chair Lueth suggested to further discuss survey results at the next subcommittee meeting on December 2, 2024.

V. Adjournment

- Next Meeting will be December 2, 2024, from 6:00pm- 7:30pm
- Vice Chair Lueth adjourned the meeting at 6:50pm



Substance Use Prevention and Treatment Overview

*Lori Miller, LCSW, Division Manager
Substance Use Prevention and Treatment Services*

DIVISION OF BEHAVIORAL HEALTH SERVICES
Ryan Quist, PhD, Behavioral Health Director
Alcohol and Drug Administrator

Kelli Weaver, LCSW
Behavioral Health Deputy Director

Lori Miller, LCSW, Division Manager
Substance Use Prevention and Treatment Services

Edward Dziuk
Program Manager

Administrative
Services & Support

Budget, Contract,
Invoice

Tory Ross
Program Manager

System of Care (SOC)
for SUPT
&
Access for Mental
Health

Pamela Hawkins
Program Manager

Adult
Outpatient/Intensive
Outpatient, Residential,
Withdrawal
Management

Recovery Residences

Perinatal Services

Stephanie Dasalla
Program Manager

Driving Under the
Influence Programs

Medication Assisted
Treatment

Prevention Services

Kimberly Grimes
Program Manager

Collaborative
Court Programs

Youth
System of Care

Youth Services



Our Mission

To promote a healthy community free of the harmful consequences associated with problem alcohol and drug use by providing access to a comprehensive continuum of services while remaining responsive to and reflective of the diversity among individuals, families, and communities.



Our Mission

To provide a culturally competent system of care that promotes holistic recovery, optimum health, and resiliency.

Our Vision

We envision a community where persons from diverse backgrounds across the life continuum have opportunity to experience optimum wellness.

Our Values



Our Values

Respect,
Compassion,
Integrity

Client and/or
Family Driven
Service System

Equal Access for
Diverse Populations

Culturally
Competent,
Adaptive,
Responsive and
Meaningful

Full Community
Integration and
Collaboration

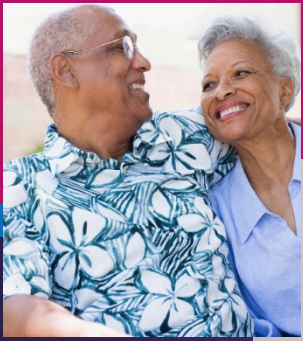
Coordinated Near
Home and in
Natural Settings

Strength-Based
Integrated and
Evidence-Based
Practices

Innovative and
Outcome-Driven
Practices and
Systems

Wellness, Recovery,
and Resilience
Focus

Cultural & Linguistic Needs



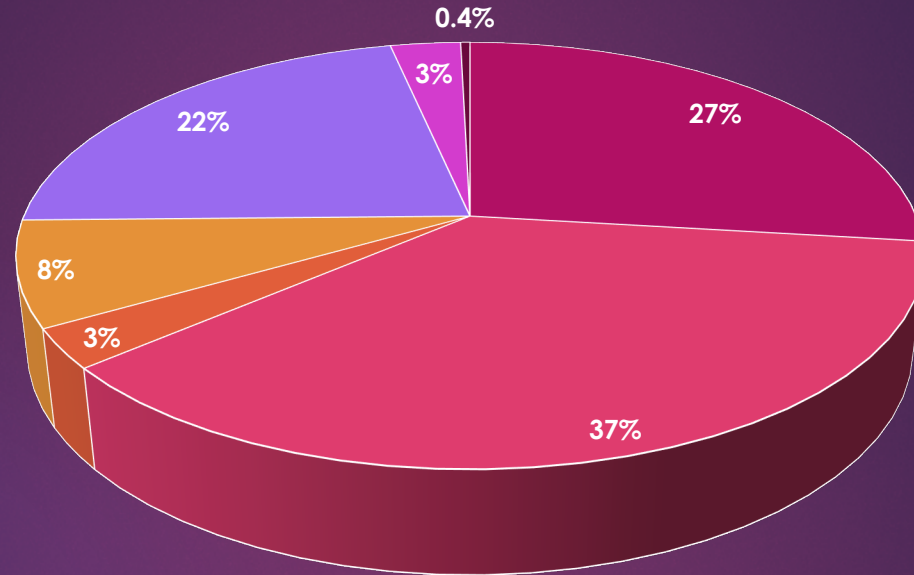
Threshold Languages

- ❖ Arabic
- ❖ Cantonese
- ❖ Farsi
- ❖ Hmong
- ❖ Russian
- ❖ Spanish
- ❖ Vietnamese

- Informing Materials provided in threshold languages.
- Cultural/linguistic needs explored during assessment and incorporated into treatment plans.
- Interpreters for a wide-range of languages are available free of charge, including American Sign Language.
- Behavioral Health Racial Equity Collaborative to improve behavioral health outcomes.

SUPT Estimated Budget FY 2024-25

Approx. \$105 million - Contract Budget By Modality



- NTP/MAT (27%)
- Prevention (3%)
- Outpatient/IOP (22%)
- Other (Interpreter/Evaluation)

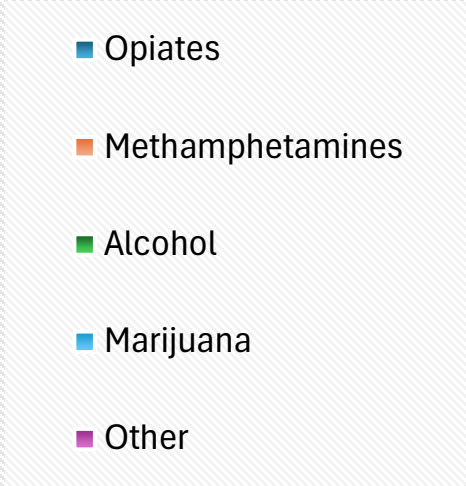
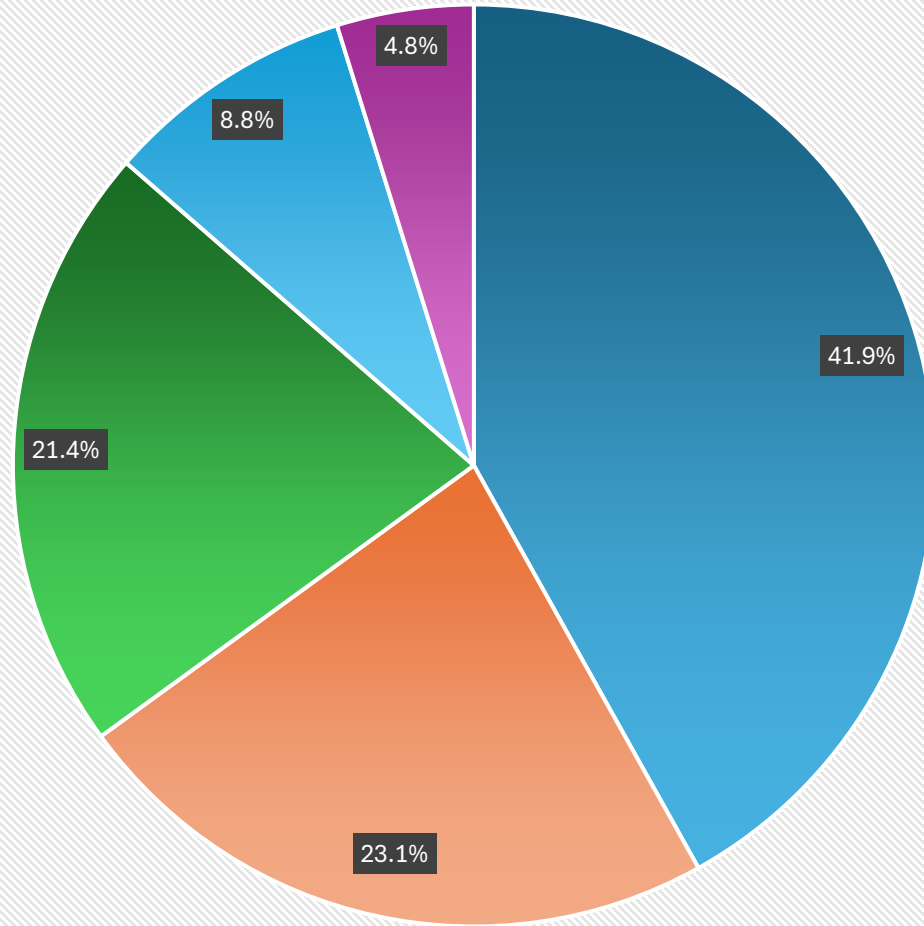
- Residential/WM (37%)
- Recovery Residences (8%)
- Opioid Remediation (3%)



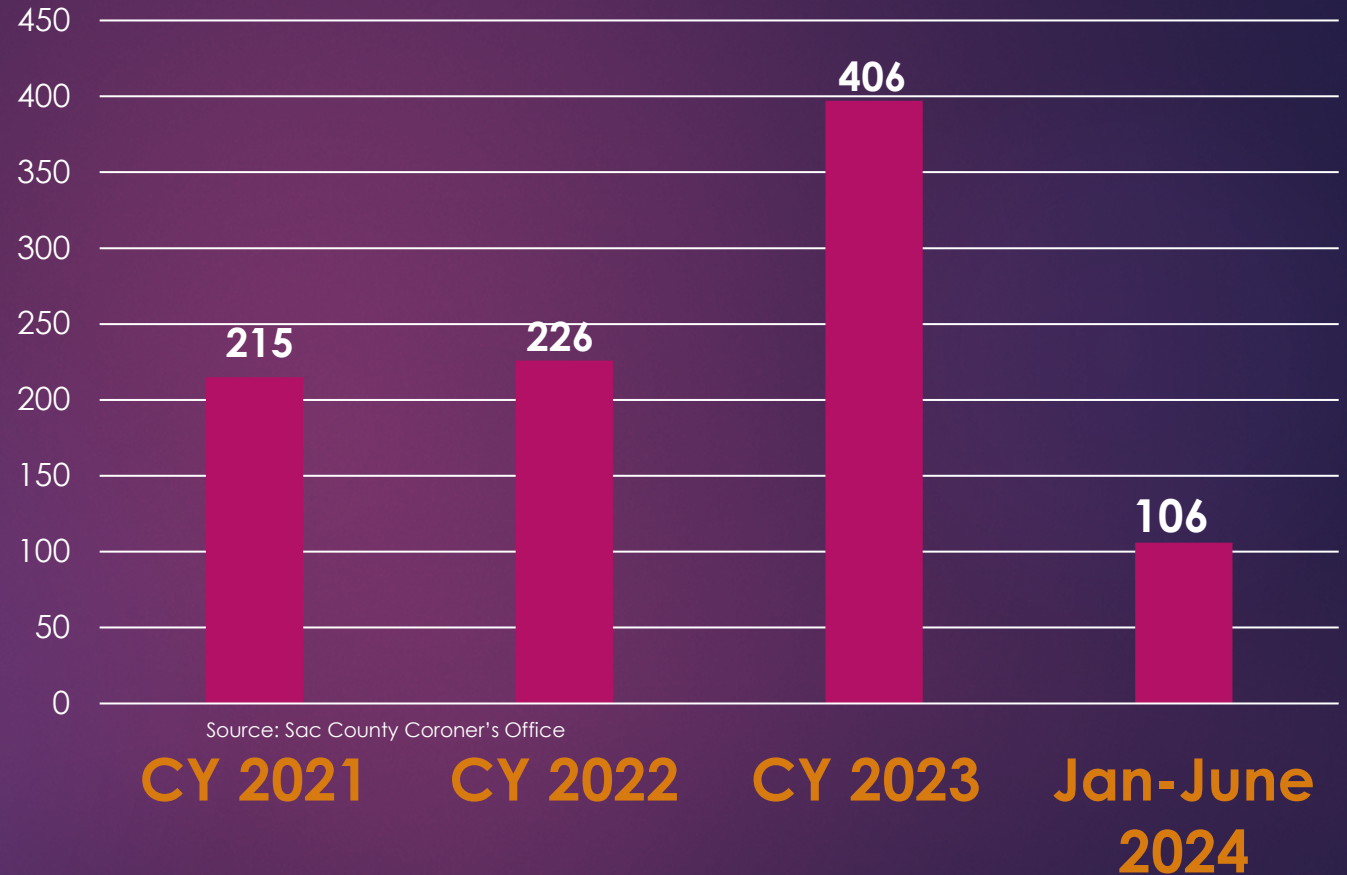
FY23/24 Data: Individuals Entering Treatment

FY23/24 Sacramento County SUPT Services Provided to Youth, Transition Aged Youth, Adults, Older Adults, Pregnant, Parenting Women, and Other Special Populations

FY23/24 YTD
(July 1, 2023 – May 31, 2024) Approximately 6,061 Individuals Received Treatment Services.



Fentanyl Related Deaths By Year



Source: Sac County Coroner's Office

2024: 174 Deaths



Meth Intoxication Deaths within Sacramento County

Calendar Year 2021	Calendar Year 2022	Calendar Year 2023
250	280	342



Prevention



Outpatient/Intensive
Outpatient



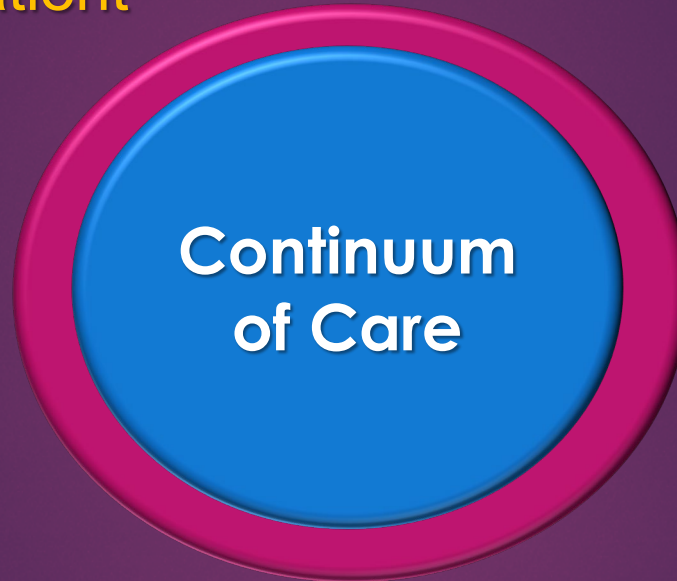
Residential



Withdrawal
Management



Medication
Assisted
Treatment



Recovery
Residences



Collaborative
Court Programs



DUI Programs



Perinatal
Services



Prevention, Education, and Awareness

Primary Prevention

Priority Area 1:

Underage Cannabis/Marijuana Use

Priority Area 2:

Underage and Binge Drinking

Four (4) Primary Prevention Providers

- Leadership and Advocacy Project
- Youth Engaged in Action
- Community Education for Drug-Free Youth
- Families and Communities Together
- Active Parenting of Teens
- Family Matters
- Teens in Action
- Friday Night Live/Friday Night Live Mentoring
- Club Live

SUBSTANCE USE DISORDER

Strategic Prevention Plan

JULY 2021 - JUNE 2026





This campaign is designed to engage parents and provides the education, tools, and support parents need to communicate with their children about alcohol use and the dangers of alcohol.



<https://www.sacramentoccy.org/talkTheyHearYou.html>

FUTURE FORWARD

Sacramento County Youth
MARIJUANA PREVENTION CAMPAIGN



"There is so much more the world has to offer. Marijuana has no place in my life."
-Damon, 17

The campaign is designed to educate the Sacramento Community, offer information and resources, and provide an opportunity to get involved in creating change to protect young people from increased accessibility to marijuana in our community.

<https://www.sacramentoccy.org/futureForward.html>



Safer
Sacramento



Educational multimedia resources to guide individuals to make healthy choices and to avoid or reduce the potential harm from the use or misuse of alcohol, tobacco, marijuana, and other substances.

<https://www.saferSacramento.com/>



SAC COUNTY
Healthy Beginnings



Promotes a healthy and safe environment for Sacramento County's families and children through outreach and education for professionals and community members, addressing perinatal substance use prevention and intervention.

<https://sachealthybeginnings.com/>

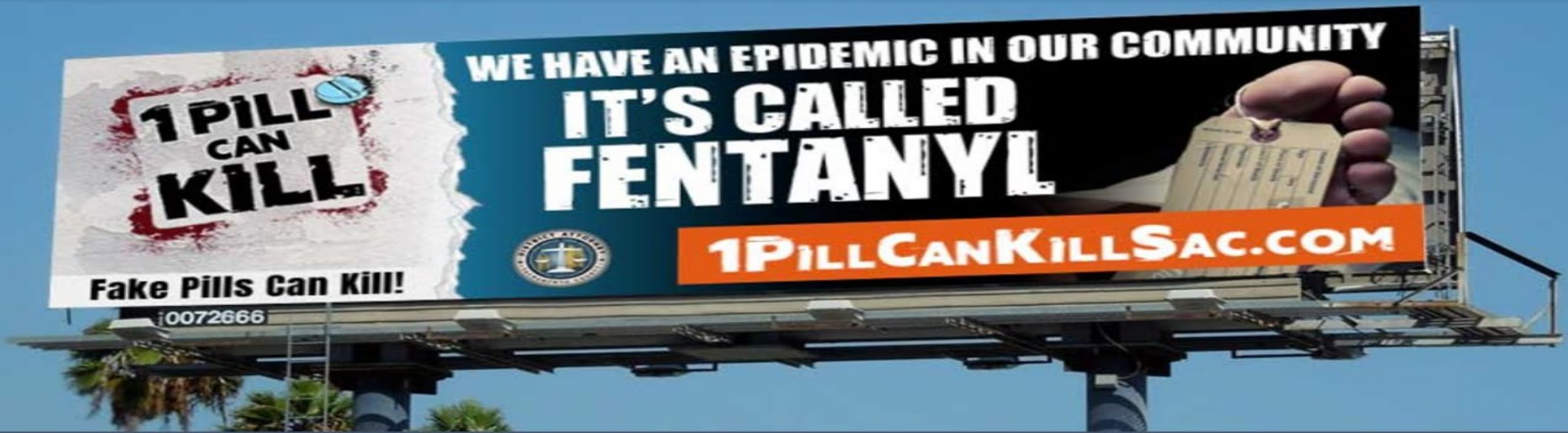
LET'S TALK

METH.ORG



Sacramento County is continuing the conversation about meth. As a campaign for the Sacramento County Methamphetamine Coalition, Let's Talk Meth offers drug education, resources, and support for any person in need.

<https://letstalkmeth.org/>



Fentanyl Public Awareness Campaign

- Social Media
- Flyers (digital & print)
- Videos
- Billboards
- Posters
- Digital Banners
- Print Ads



<https://1pillcankillsac.com/>

Fentanyl Education & Awareness

Collaboration with
Arrive Alive, California

- School assemblies/ school districts
- Parent meetings
- Thousands reached





Community members working together to make Sacramento a safe place for young people to grow up, free from the influences of substances that are addictive and harmful.

<https://www.sacramentoccy.org/>



*** Fentanyl Education and Awareness ***





Collaboration of healthcare professionals, community-based organizations, law enforcement, county agencies, and concerned citizens determined to turn the tide of our opioid epidemic.

We are committed to saving lives by preventing overdoses through expanding treatment access, promoting safe disposal, encouraging early intervention, treatment and recovery, enhancing opioid surveillance, and expanding public education through outreach.

<https://sacopioidcoalition.org/>

The title "METHAMPHETAMINE COALITION" is centered on a dark, textured background that appears to be a close-up of a shattered or crystalline surface. The text is in a bold, orange-red, sans-serif font.

METHAMPHETAMINE COALITION

Collaboration of healthcare professionals, community based-organizations, law enforcement, County agencies, and concerned citizens determined to combat the growing local crisis of methamphetamine use and addiction.

We are committed to changing lives by preventing methamphetamine use and addiction through increasing awareness, expanding treatment access, promoting prevention messaging, encouraging early intervention, treatment and recovery, and enhancing and expanding public education and media outreach.



Treatment & Recovery Services

System of Care

Primary access point for SUD treatment services

- **Adults:** Brief Questionnaire for Initial Placement (BQulP) to Determine the right modality of service.
- **Children/Youth/CPS Youth:** CA ASAM Assessment to Determine Medical Necessity & Level of Care
- Care Coordination (formerly Case Management)
- Referral to network service provider

Telephone Number

(916) 874-9754

Monday – Friday

8:00 A.M. – 5:00 P.M.

After Hours

(888) 881-4881

California Relay Service 711



Other Access Points

- Child Protective Services
- Children's Receiving Home
- Collaborative Courts
- Crisis Response for Behavioral Health
- Homeless Engagement and Response Team (HEART)
- Juvenile Delinquency Court
- Probation Department
- Rio Cosumnes Correctional Center
- Sacramento County Main Jail
- Sacramento County Mental Health
- Sacramento County Health Center
- Wind Youth Services
- Youth Detention Facility



BHS-SAC New Call Center

STARTING JANUARY 1, 2025, SACRAMENTO COUNTY'S BEHAVIORAL HEALTH SERVICES (BHS) SCREENING AND COORDINATION (SAC) WILL LINK YOU TO SERVICES FOR ALL YOUR MENTAL HEALTH AND SUBSTANCE USE TREATMENT NEEDS!

Go-Live: JANUARY 1, 2025

BHS-SAC – Services Offered



Screening for Mental Health and Substance Use Services



Mental Health and Substance Use Outpatient Treatment



Residential Treatment



Recovery Residences/Sober Living Environments



Care Coordination



Crisis Intervention



Medication Support



Medication Assisted Treatment



Therapy Rehabilitation Services and Groups



Driving Under the Influence Programs



Linkage to Community Resources

Referral form for SUPT for Adults

This document may contain PHI. Please ensure HIPAA compliance by sending via secure email or fax.



Department of Health Services
Division of Behavioral Health Services
Substance Use Prevention and Treatment Services

SUBMIT HERE

Phone: 916-874-9754 Fax: 916-874-9806 3321 Power Inn Road, Suite 120, Sacramento, CA 95826 SUPTSOC@saccounty.gov

SUD universal referral form to adult system of care (SOC)

Referral information		Date of referral:	
Name of referring party: _____		Phone #: _____	
E-mail: _____		<input type="checkbox"/> Other: _____	
<input type="checkbox"/> Attorney/ DA office	<input type="checkbox"/> Correctional health	<input type="checkbox"/> EIFTC **	<input type="checkbox"/> Mental health
<input type="checkbox"/> CalWORKs/DHA	<input type="checkbox"/> CPS social worker	<input type="checkbox"/> Hospital	<input type="checkbox"/> Parole
<input type="checkbox"/> Collaborative courts	<input type="checkbox"/> DFTC **	<input type="checkbox"/> Jail social worker	<input type="checkbox"/> Probation
			<input type="checkbox"/> Prop 36
			<input type="checkbox"/> Public defender
			<input type="checkbox"/> STARS **
Client information (One form per client referred)			
Client name: (last) _____ (first) _____		Primary language: _____	
<input type="checkbox"/> Male	<input type="checkbox"/> Female	<input type="checkbox"/> Other	DOB: ____ / ____ / ____
Address: _____		City: _____ Zip Code: _____	
History and recent events (check all that apply)			
Substance use (check all that apply):			
<input type="checkbox"/> Admitted drug use	<input type="checkbox"/> DUI	<input type="checkbox"/> Mother positive at birth	<input type="checkbox"/> Prior CPS case with drugs
<input type="checkbox"/> Drug arrests	<input type="checkbox"/> Failure(s) to drug test	<input type="checkbox"/> Paraphernalia in home	<input type="checkbox"/> Prior pos-tox births
<input type="checkbox"/> Drugs found in home	<input type="checkbox"/> Infant positive at birth	<input type="checkbox"/> Prenatal exposure	<input type="checkbox"/> Prior SUD Tx history
Drug(s) of choice related to qualifying events (check all that apply):			
<input type="checkbox"/> Alcohol	<input type="checkbox"/> Ecstasy/Club drugs	<input type="checkbox"/> Marijuana	<input type="checkbox"/> Opiates
<input type="checkbox"/> Benzodiazepine	<input type="checkbox"/> Hallucinogens	<input type="checkbox"/> Methamphetamine	<input type="checkbox"/> Other: _____
<input type="checkbox"/> Cocaine/Crack	<input type="checkbox"/> Heroin	<input type="checkbox"/> Misuse of prescriptions	
Criminal justice history (check all that apply):			
Current incarceration:		<input type="checkbox"/> Main Jail	<input type="checkbox"/> RCCC
<input type="checkbox"/> 290 Registrant	<input type="checkbox"/> CNO eligible	<input type="checkbox"/> Hold from another county	<input type="checkbox"/> Intoxicated in public
<input type="checkbox"/> 452 Arson registrant	<input type="checkbox"/> Drug possession	<input type="checkbox"/> Intent to sell	<input type="checkbox"/> Pending drug charges
Summary Reason for referral: Specific details and dates of the above checked boxes, include AOD/SUD related history as well as treatment episodes, arrests, CPS, family, & domestic violence, and current drug test results including failure to test (s).			
Date of last use: _____		Date of failure(s) to test: _____	
Current drug use: <input type="checkbox"/> Yes <input type="checkbox"/> No		Current AOD/SUD services: <input type="checkbox"/> Yes <input type="checkbox"/> No	
Description of qualifying events and all previous AOD/SUD history: (Attach second page if needed)			

** If DFTC/EIFTC/STARS are selected as referral source
Please submit referral to
intake@bridgesinc.net

Referral submitted to intake@bridgesinc.net

<https://dhs.saccounty.gov/BHS/Documents/SUPT/Homeless-Retreat/FM-BHS-SUPT-SUD-ADULT-Universal-Referral-Form.pdf>

Referral form for SUPT for Youth

This document may contain PHI. Please ensure HIPAA compliance by sending via secure email or fax.



Department of Health Services
Division of Behavioral Health Services
Substance Use Prevention and Treatment Services

SUBMIT HERE

Phone: 916-874-9754 Fax: 916-874-9806

SUPT-Youth@Socounty.Gov

SUD Universal Referral Form to Youth System of Care (SOC)

Referral Information Date of Referral:

Name of Referring Party: _____ Phone #: _____
E-Mail: _____ Other: _____
 CLC Attorney CPS Social Worker Dept 90
 School Probation YDF Other: _____

Client Information (One form per client referred)

Client Name: (last) _____ (first) _____ Primary Language: _____
 Male Female Other DOB: ____ / ____ / ____ Phone #: _____
Address: _____ City: _____ Zip Code: _____

Caregiver information (if applicable):

Name: (last) _____ (first) _____
Phone #: _____ Primary Language: _____
Address: _____ City: _____ Zip Code: _____

Current Living Situation:

Biological Home STRTP/Group Home Homeless Shelter
 Natural Support Foster Care Home Homeless on Street

Drug(s) of choice related to qualifying events (check all that apply):

Alcohol Ecstasy/Club Drugs Marijuana Opiates
 Benzodiazepine Hallucinogens Methamphetamine Other: _____
 Cocaine/Crack Heroin Misuse of Prescriptions _____

SUMMARY/REASON for REFERRAL: Specific details and dates of the above checked boxes, include qualifying events.

Current Drug Use: Yes No Date of last use: _____

Describe Use and other concerns related to the referral:

[FM-BHS-SUPT-SUD-YOUTH-Universal-Referral-Form.pdf \(saccounty.gov\)](#)

Adult Substance Use Prevention and Treatment Continuum of Care

Prevention,
Education,
and
Awareness



Outpatient &
Intensive
Outpatient



Withdrawal
Management



Medication
Assisted
Treatment



Residential
Treatment



Recovery
Residences



Collaborative
Court
Programs



DUI
Programs



SERVICES PROVIDED TO YOUTH, TRANSITION-AGE YOUTH, ADULTS, OLDER ADULTS, PREGNANT/PARENTING WOMEN, AND OTHER SPECIAL POPULATIONS.

FY 2023-2024 YTD (JULY 1, 2023 – MAY 31, 2024), APPROXIMATELY 6,061 INDIVIDUALS RECEIVED TREATMENT SERVICES.

PRIMARY DRUG OF CHOICE:

- Opiates – 41.9%
- Methamphetamines – 23.1%
- Alcohol – 21.4%
- Marijuana – 8.8%
- Other - 4.8%

Youth Substance Use Prevention and Treatment Continuum of Care

Prevention,
Education, and
Awareness



Outpatient &
Intensive
Outpatient



Residential
Treatment



Youth Residential Treatment Coming Soon!

Outpatient & Intensive Outpatient

- **ASAM 1.0 – Outpatient**
 - Less than 9 hours of outpatient services per week (6 hrs./week for adolescents) providing evidence-based treatment
- **ASAM 2.1 – Intensive Outpatient**
 - Less than 9 hours of outpatient services per week (6 hrs./week for adolescents) providing evidence-based treatment

Specialty groups: perinatal groups, co-occurring, fathers, Prop 36, and other various groups for specific populations

Withdrawal Management (WM)

- **Level 3.2 WM**
 - Withdrawal management in a residential setting which includes a variety of supports
 - Two (2) program site within residential treatment facility

Residential Treatment

- **ASAM 3.1 Residential**

- Structured SUD treatment / recovery services that are provided in a 24-hour residential care setting with patients receiving at least 5 hours of clinical services per week.

- **ASAM 3.5 Residential**

- 24-hour structured living environments with high-intensity clinical services for individuals who have multiple challenges to recovery and require safe, stable recovery environment combined with a high level of treatment services.

Medication-Assisted Treatment (MAT)

Narcotic Treatment Programs (NTP)

- For opioid addiction and stabilization including counseling, methadone, other FDA medications, and coordination of care.
- Nine (9) program sites
- Six (6) in-County program sites
- Three (3) out-of-County program sites

Non-NTP MAT Programs

- Outpatient MAT including a range of FDA SUD medications other than methadone, accompanied by counseling and care coordination for optimal outcomes.
- One (1) program site: Transitions Clinic (Buprenorphine)

Recovery Residences

24-hour residential drug-free housing for individuals in outpatient or intensive outpatient treatment who need drug-free housing to support their recovery while in treatment.

Recovery Residences/Sober Living/Transitional Housing

- ✓ Men and Women
- ✓ Women and their accompanying children

Perinatal Services

Designed to meet the unique SUD treatment and recovery needs of pregnant and parenting women of minor children.

A continuum of treatment services:

- Outpatient Treatment
- Intensive Outpatient Treatment
- Withdrawal Management/Detoxification
- Residential Treatment
- Transitional Living
- Care Coordination
- Educational Women's Perinatal Services
- Child Play Care



Competitive Bid Process in Fall 2024

Recovery Services

Support services for clients in remission from SUD having completed treatment services, but requiring ongoing stabilization and supports to remain in recovery including assistance with education, jobs, housing, relapse prevention, etc.

- Included with outpatient and residential programs as a step-down.





Narcan and Fentanyl Test Strip Distribution

What is NARCAN?

- ▶ Naloxone is also known by the brand name Narcan.
- ▶ Narcan/Naloxone is a medicine that rapidly reverses an opioid overdose/fentanyl poisoning.
- ▶ It reverses and blocks the effects of opioids.
- ▶ Quickly restore normal breathing within 2-8 min.
- ▶ Has no effect on someone who does not have opioids in their system.
- ▶ Examples of opioids include heroin, fentanyl, oxycodone (OxyContin), hydrocodone (Vicodin), codeine, and morphine.





- **NARCAN SAVES LIVES!**

- Not a replacement to calling 911 and Emergency Medical Services
- FDA approved medication
- Safe and effective for all ages
- DHS making Narcan available for community
- Families can also get Narcan with or without a prescription from a pharmacy
- Some pharmacies have free Narcan programs (Walgreens, CVS, Rite-Aid)
- Protected by Good Samaritan Laws

How to Administer Narcan

Deploying the nasal spray kit

1 PEEL back the package to remove the device.



Deploying the nasal spray kit



Do not press plunger until you are ready to administer the dose

2 PLACE the tip of the nozzle in either nostril until your fingers touch the bottom of the patient's nose.



Deploying the nasal spray kit



3 PRESS the plunger firmly to release the dose into the patient's nose.

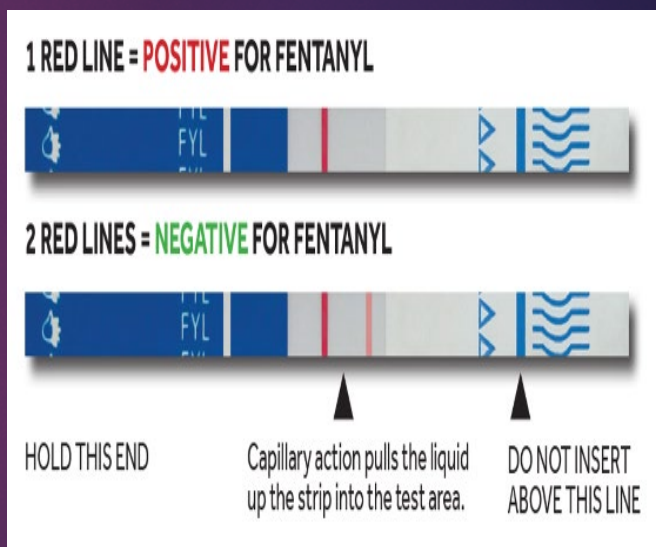
Fentanyl Test Strips

What are fentanyl test strips?

- Fentanyl test strips are small strips of paper that can detect the presence of fentanyl in different drugs (such as cocaine, methamphetamine, and heroin) and drug forms (pills, powder, and injectables).

Sacramento County and DHCS Provide Free Fentanyl Test Strips

- The newest initiative from the Substance Use Prevention and Treatment (SUPT) team is Safer Sacramento. The website speaks to issues with all the trending substances, free Narcan and Fentanyl test strips, processing grief, a grief support group, a page for youth, and a page for reaching out to diverse communities. For more information, visit: www.SaferSacramento.com
- To request free fentanyl test strips, complete the online application located on the [DHCS website](#). The application includes instructions, as well as terms and conditions of receiving fentanyl test strips from DHCS.



Questions?

Substance Use Prevention and Treatment (SUPT)

- Main Line: (916) 875-2050
- System of Care for SUPT:
(916) 874-9754 or (888) 881-4881

Pamela Hawkins, LCSW, Health Program Manager

- Office Phone (916) 875-9850
- Cell Phone (916) 639-0588
- hawkinsp@saccounty.gov

Lori Miller, LCSW, Division Manager

- Office Phone (916) 875-2046
- MillerLori@saccounty.gov

Thank you!

