Sacramento County Mental Health Board Children's System of Care (CSOC) Meeting

MINUTES – IN PERSON MEETING HYBRID PARTICIPATION OPTION Tuesday, April 23, 2024 2:30 PM – 4:00 PM

Members Present: Kesha Harris, Corrine Sako, Maria Padilla-Castro (staff: Glenda Basina) Members Absent: Theresa Riviera

Agenda Item

I. Welcome and Introductions

- Introductions
- <u>Acknowledgement of Conduct Agreement</u>
- Announcements by MHB CSOC Committee Members

Chair commenced the meeting at 2:41pm, introductions were made, and Conduct Agreement acknowledged.

Chair Sako thanked Glenda Basina and Sheri Green for their attendance.

Chair Sako shared that Foster Hope asked to present at next month's agenda. Sac Native American Health Center to present today and thankful for their presence.

II. Public Comments Relating to the Sacramento County Behavioral Health Services Children's System of Care – Items Not on Agenda

Wade Brynelson shared the California Department of Education Healthy Kids survey has new modules for mental illness with questions for students, staff and parents to complete. A useful tool.

III. Discussion/Action Item: Establish Committee Chair & Co-Chair for 2024

Member Harris nominated Corrine Sako as chair, seconded by Member Padilla. Member Padilla nominated Member Harris as co-chair. Vote passed unanimously.

IV. Presentation from Sacramento Native American Health Center

Jocelyn, Associate of the Health Center introduced herself and Marisela Featherstone. Marisela began with the reading of Land Acknowledgement, which is done before any gathering or meeting. Both Jocelyn and Marisela presented using the slide presentation <u>here</u>.

Member Harris inquired about Grant Union High school and what services were offered at the school. Per Jocelyn, offers limited behavioral health, sports physicals. Mostly reproductive health STI testing, vaccinations. Also hosts talking circles. Full time nurse practitioner there. Neighborhood Wellness able to assist with enrolling in Medicare/MediCal. Working on a mode of free for the first meeting whether with or without insurance to refer to primary care provider. Member Harris asked why school was chosen. Jocelyn thinks it may be a need in the community. Not open to other schools. Sheri added geographically driven and grant maybe, and to her experience, it's what drives the decision.

Chair Sako asked County staff if any in place to cover kids not covered by insurance. Per Sheri, FIT program to support school-based. Provides services on campus. Sheri added that Heartland contract expanded for outreach and engagement and maybe a good partner. They're looking to station people in the community. Sheri to connect SNAHC with director of the program.

Chair Sako opened up Q&A for Sheri to answer. Member Harris asked about the new program she mentioned. Per Sheri, Sac County provides specialty mental health to kids; social, emotional, educational service anywhere; home school restaurant, office, etc. Heartland is the community provider. Can partner with SNAHC for low to mod needs. Heartland has 15 sites throughout sac county. Partnership with churches doing more outreach to the community. Mental health medical administrative activities also in Core contracts.

Sheri provided update on shelter crisis wellness that CPS going to zip codes. No funding for van and trying to find other ways.

V. Presentation from FosterHope

To present at the next meeting.

VI. Adjournment

Chair Sako adjourned the meeting at 3:45pm and reminded that CSOC meets the 4th Tuesday of the month 2:30pm. Next meeting is May 28.