

**Sacramento County Mental Health Board  
Children’s System of Care (CSOC) Meeting  
MINUTES – IN PERSON MEETING, HYBRID PARTICIPATION OPTION  
Tuesday, May 28, 2024  
2:30 PM – 4:00 PM**

Present: Corrine, Keshia Harris, Maria Padilla-Castro (staff: Glenda Basina)  
Absent: Theresa Riviera

<b>Agenda Item</b>
<p><b>I. Welcome and Introductions</b></p> <ul style="list-style-type: none"> <li>• <b>Introductions</b></li> <li>• <a href="#"><u>Acknowledgement of Conduct Agreement</u></a></li> <li>• <b>Announcements by MHB CSOC Committee Members</b></li> </ul> <p>Member Harris commenced the meeting at 2:36pm. Introductions were made and the Conduct Agreement acknowledged. No announcement from the committee members.</p>
<p><b>II. Public Comments Relating to the Sacramento County Behavioral Health Services Children’s System of Care – Items Not on Agenda</b></p> <p>No public comment.</p>
<p><b>III. Presentation from FosterHope</b></p> <p>Erin Brown introduced herself. No specific presentation today, just an update and Q&amp;A. Mentioned becoming MediCal approved. Working with CPS to lift/enhance foster care program and welcome center. Long process.</p> <p>Member Padilla-Castro shared her concerns about doing rural housing. More isolated from family and community. Commented that this is how adults are housed where family can’t reach them.</p> <p>Member Harris asked to hear a little overview about Foster Hope and its strengths.</p> <p>Erin shared that Foster Hope has been around 40 years, a foster agency. Foster care is the service they do and provide. They do one on one to meet the needs. Recruitment of homes is a significant challenge. Not enough of these homes. For children in trauma, need more families to step up and do this type of care. It’s a 24/7 job. Hard to find families able and capable to do. Nowhere for youth to go. Congregate care is a struggle. No grandfathering in for kids who were in care. With shut down and shortage, nowhere for kids to go. The Welcome Center is a short 10-day stay. Where they go after is the question and no answer yet. Their strength is that they’ve been doing this for a long time and know best practices in families and trauma. A trauma-informed lift. Erin has been with the organization for 28 years and has seen all changes/impacts.</p> <p>Member Harris thanked Erin for presenting today and asked her to stay connected.</p>
<p><b>IV. Presentation from Heartland Child and Family Services</b></p> <p>Deborah Hicks and Jeff Wilkinson (CEO) in attendance. Deborah shared powerpoint</p>

presentation on screen. Providing background on Heartland, a mental health and wellness services. In Del Paso Heights and Arden Arcade neighborhood. Responds to unmet needs of diverse communities. Contracted with Sac County. Change this past year, families can call Heartland directly in addition to services requested through Sacramento County Mental Health Access Team, 916-875-1055. Aligns with County with no wrong door. Referrals come as call ins/walk-ins. Has 3 locations; Grand Avenue, Watt and recently, Stockton Blvd. Three Heartland programs; FIT (up to age 21) a trauma informed therapy program and includes housing resource. Therapeutic BS (TBS) for children, adolescents and transitional Aged Youth (18-21), an intensive short term crisis intervention. Family wellness program Full Service Partnership (FSP) in north and south facilities. A pilot program for Sacramento County. Designed for intensive family support. Serves child and family. Help with employment, housing. Have an office/presence daily at Sunrise Point apartment, working with apartment management and Hope Cooperative. Working/developing on new programs; Culinary Arts Vocational Training. Heartland Child Development Center to be in Grand Ave clinic, providing meals when it opens. A therapeutic daycare. Neighborhood Respite Center additional space for more programs.

A good neighbor. Owns property. Planted fruit trees, butterfly habitat and Heartland Community Garden to grow vegetables. Involved/participates in various community events. Created Associate Director position for outreach and hiring 2 outreach Specialists. Toy/diaper distribution, vaccinations at local churches and neighborhood centers. Visibility puts faces in a safe space. Committed to diversity, equity and inclusion. Participated in Sacramento County BHREC and SMART assessment.

Member Harris thanked them for a detailed presentation.

Chair Sako. Asked to share their presentation slides with CSOC. Appreciates Heartland recognizing services and finding ways for mental health. Amazed at everything being done and asked how it's all financed, if by grants/funding. Jeff responded that they have tenants and also borrowed from property. Sampled cost for a new roof of \$400k which they patched and put the money towards a program instead. Committed in advancing to direction where they're going. They now have a parcel being donated to them. Goals not funded; vocational training, the Children Development Center and foodbank for their clients. Chair Sako asks if they have collaboration with other organizations and wondering if it touches more grassroots orgs. Per Deborah, not yet. Just got the contract and to operate in June. Still hiring for Outreach to south area and can connect to them.

Member Harris thanked Heartland again. Heard about Heartland from Amanda. The presentation is amazing and the people are great. Asked about Peer Support Specialists. Per Deborah they call them advocates. Peer advocates work with TAYs.

Member Harris asked for public comments/questions. No public comment received.

**V. Adjournment**

**MHB CSOC meets the 4<sup>th</sup> Tuesday of each month, next meeting scheduled for 6/25/24**

Member Harris thanked everyone and adjourned the meeting at 3:54pm.