Sacramento County Mental Health Board Children's System of Care (CSOC) Meeting

MINUTES - IN PERSON MEETING, HYBRID PARTICIPATION OPTION Tuesday July 23, 2024

2:30 PM - 4:00 PM

Present: Kesha Harris, Theresa Riviera Absent: Maria Padilla-Castro. Corrine Sako

Agenda Item

- I. Welcome and Introductions
 - Introductions
 - Acknowledgement of Conduct Agreement
 - Announcements by MHB CSOC Committee Members

Member Harris commenced the meeting at 2:37pm. Introductions were made and the Conduct Agreement acknowledged. No announcement from the committee members.

II. Public Comments Relating to the Sacramento County Behavioral Health Services Children's System of Care – Items Not on Agenda

No public comment.

III. Presentation and Roundtable Discussion Regarding Sacramento County Foster Youth and Behavioral Health Services' for Foster Youth with Complex Behavioral Health Needs

Melissa Lloyd, DCFAS, CPS Deputy Director, Sheri Green, BHS Children's Programs Division Manager and Lori Miller, BHS-SUPT Division Manager introduced themselves. A PowerPoint was shared that provided an update on the progress of Welcome Homes and BHS for foster youth.

Melissa Lloyd shared that there are currently 4 Welcome Homes, which are for foster youth with placement insecurity. All homes are licensed by Community Care Licensing with the State. Progress Ranch is one of the current contractors who has oversight and provides services to youth in the home. DCFAS is currently running the other 3 homes. Sacramento county contractors provide additional services in the 3 DCFAS Welcome Homes. DCFAS hopes to have contracted providers for all homes who will have oversight and provide services. There is one currently pending. There are 3 entities that will have oversight of Welcome Homes. The Sacramento County Board of Supervisors has been chosen to be the Board of Directors for the Welcome Homes, Community Care licensing and the Ombudsmen. Reports will be provided to the BOS, CCL and Ombudsmen on a regular basis. Melissa shared that CPS is working on family engagement and fostering a kinship culture initiative to place youth with relatives/kin. and is also providing prevention support so that there are less youth removed from their families while additional help can be provided to them. There has been a 56% decrease in children in out of home care since 2016.

Member Riviera requested contact information for Ombudsmen and additional data/costs of the Welcome Homes.

Sheri Green provided an overview of the progress BHS has made in the last year. In addition to previous updates to TBS, FIT (16th site), BHS/CP Liaison, Youth Intensive Placement Pool, Mental Health Expansion; BHS is piloting an outreach and engagement initiative added to the

children's provider contracts for the 24/25 fiscal year, Family Crisis Respite Program and the children's PHF and CSU are still in progress.

Lori Miller reported that SUPT is actively working with DHCS to secure inpatient substance use disorder treatment for youth under the age 18 and are seeking alternative funding sources and resources for male and female youth 12-17 yrs old for SUD residential treatment.

Member Harris thanked Melissa, Sheri & Lori for presenting today and asked for follow ups to any of their questions.

IV. Presentation on "Getting System-Involved Youth the Support They Need" from California Children's Trust

Alex Briscoe, Principal- California Children's trust shared a PowerPoint and overview of how to maximize the funding received through Medicaid to serve youth in Sacramento County. This would be to expand partnerships with MCPs, reforming financing and delivery models of mental health, building a health care system for people (by the people) and having a paradigm shift the reimagines mental health as a support for healthy development and prevention. Medi-Cal impacts child welfare, juvenile justice, early childhood, education and regional center systems. Alex provided how Medicaid and child welfare overlap and the needs and changes with MCPS and behavioral health departments. The presentation can be found at California Children's Trust (cachildrenstrust.org)

Member Harris asked for public comments/questions. No public comment received.

V. Adjournment MHB CSOC meets the 4th Tuesday of each month, next meeting scheduled for 8/27/2024

Member Harris thanked everyone and adjourned the meeting at 4:07pm.