

# Sacramento County Mental Health Board Executive Committee Meeting

**MINUTES – IN PERSON MEETING, HYBRID PARTICIPATION OPTION**  
**Monday, August 19, 2024**  
**5:00 PM – 6:00 PM**

Members Present: Corrine Sako, Maria Padilla-Castro, Evan Minton (County Counsel, Chris Costa and Staff, Glenda Basina)

Members Absent: Mallika Walsh

## Agenda Item

### I. Welcome and Introductions

- Introductions
- [Acknowledgement of Conduct Agreement](#)
- Announcements by MHB Executive Committee Members

Chair commenced the meeting at 5:01pm. Introductions were made and Conduct Agreement acknowledged.

No announcement from the members.

### II. Public Comments Related to Matters Not on the Posted Agenda

No public present.

### III. Discussion/Action Item: Review & Approve Agenda for 9/04/24 MHB General meeting

Chair Sako mentioned adding 5-10 minutes for County Counsel to go over the Brown Act regarding remote participation of member of board with disability before the Director's Report. Chair Sako then proceeded with going over the draft agenda and shared information on the topic of an Adhoc Committee regarding BH Board wherein less than a quorum of both committees to draft bylaws. County Counsel, Chris Costa also shared that each adhoc member would bring back recommendations to their respective boards. They cannot work on bylaws themselves. The two parent bodies to make a joint recommendation to the BOS. Each board would have decision. The BOS would approve to adopt the bylaws. Chair Sako stated if item is approved, then will ask for interested individuals who have the capacity at expedited pace to work on it. Would ask for various seats so as not to exclude anyone. Secretary Minton asked where ADA is at establishing their adhoc. Chair responded at around same area. Chair Sako to forward CA Boards and Commission who put together sample bylaws where a lot of the bones are there already. Chair Sako continued on the draft agenda with the 2 presentations, followed by adjournment. Member Padilla-Castro concerned that 10 minutes for Item 7 may not be enough. Secretary Minton agreed and suggested to give more time. Chair Sako asked for feedback/recommendation to cut from other items. Member Padilla-Castro stated this is a major issue and Secretary Minton thinks people trying to understand may feel their position contributing to the board may not continue and have questions on timeline of implementation. Chair Sako agreed all to be good points and wondering if Dr. Quist can cover information on this in his Director's report, giving him an additional 5 minutes and adding 5 minutes on the Item 7, taking 5 minutes from each presentation. Secretary Minton would be happy with 15 minutes on the topic and asked for 5 minutes to be added. Chair motioned to approve draft with

adding item for county counsel on brown act update, 5 minutes, taken from System Partner Updates. Extending 5 minutes for Director's report to include info on BH Board and additional 5 minutes for Item 7, of which 5 minutes from each presentation is taken. Seconded by Secretary Minton. Member Padilla-Castro spoke on a friendly amendment to add 5 minutes to item 7 taken from public comment as per Secretary Minton. Committee voted and passed unanimously.

**IV. Adjournment – Next MHB Executive Committee Meeting scheduled for Monday September 16 5pm**

Chair adjourned the meeting at 5:36pm.