

# Sacramento County Mental Health Board Executive Committee Meeting

## MINUTES – IN PERSON MEETING, HYBRID PARTICIPATION OPTION Monday, September 16, 2024 5:00 PM – 6:00 PM

Members Present: Corrine Sako, Maria Padilla-Castro, Evan Minton, Mallika Walsh  
Members Absent: None

### Agenda Item

#### I. Welcome and Introductions

- Introductions
- [Acknowledgement of Conduct Agreement](#)
- Announcements by MHB Executive Committee Members

Chair Sako commenced the meeting at 5:02pm. Introductions were made and Conduct Agreement acknowledged. Chair shared that Member Walsh to arrive late and will announce her when she arrives.

#### II. Public Comments Related to Matters Not on the Posted Agenda

No public present.

#### III. Discussion/Action Item: Review & Approve Agenda for 10/02/24 MHB General Meeting

Chair Sako went over the draft agenda; first half standard, 20 minutes for Dr. Quist report, 10 minutes for ASOC Chair to report out on SB43 (change in criteria for disabled), consideration/approval of CWRT bylaw and presentation from Kristy with Consumer's Self-Help Center. Chair Sako proceeded to ask for committee feedback. Member Minton thanked Chair Sako for putting agenda together. Asked to walk over the bylaw changes. County Counsel, Chris Costa responded that information/discussion of the bylaw to be had at the Board meeting. For today, it's about if the bylaw is to be put to the board. Member Minton asked to get background on why it's being brought back. Chair Sako explained due to exclusionary criteria.

Member Minton would like to convey to Kristy his thanks and continued partnership. Asked who are partners are. Chair Sako stated anyone interacting with BH system. Member Padilla-Castro concurs with Member Minton on thanking Kristy for her time. Suggests to slow down with the upcoming changes. Per Chair Sako, we're business as usual until Prop 1 changes occur. Hopes scope of work continues into the new year. Wording on the bylaws does not add to anything.

Chair Sako announced Member Walsh's arrival at 5:11pm. Member Walsh introduced herself. Stated she had no feedback on the agenda at this time.

Member Padilla-Castro motioned to approve the agenda, seconded by Mallika. Chair called roll for vote. Approved unanimously.

**IV. Adjournment – Next MHB Executive Committee Meeting scheduled for Monday  
October 21 5pm**

Chair Sako informed of change in meeting for October to Tuesday, Oct 22 with members of this committee also on CSOC. Adjourned the meeting at 5:16pm.