

# Sacramento County Mental Health Board Executive Committee Meeting

## MINUTES – IN PERSON MEETING, HYBRID PARTICIPATION OPTION

**Tuesday, November 18, 2024 5:00 PM – 6:00 PM**

Members Present: Corrine Sako, Maria Padilla-Castro, Mallika Walsh, Evan Minton (staff: Glenda Basina)  
Members Absent:

### Agenda Item

#### I. Welcome and Introductions

- Introductions
- [Acknowledgement of Conduct Agreement](#)
- Announcements by MHB Executive Committee Members

Chair Sako commenced the meeting at 5:04, introductions were made and Conduct Agreement acknowledged.

Member Minton announced this Wednesday is Transgender Acquaintance honoring those murdered, committed suicide.

Chair Sako mentioned this is the last EC meeting this year. With new advisory body in early 2025. No Executive meeting agenda to review in January. Election held at next general meeting to be in effect January 2025 until new advisory body.

Member Padilla-Castro announced today is her last exec meeting terming out 12/31 completing 7 years. A great honor to serve on this board. Expressed her thanks and to keep up the good work. Member Walsh expressed her thanks to Member Padilla-Castro for the time on the board. Member Minton shared that Member Padilla-Castro has been a source of warmth advocacy, pulling together the committee/board, providing enrichment and will be missed. Thanked her what she does for the community and for her service. Member Padilla-Castro stated the Mental Health Board is the best board. Compassionate, caring, fair and open to discussion. Good to have. Chair Sako echoed everything said. All throughout Member Padilla-Castro has been a stabilizing force and have admired and learned so much from her.

#### II. Public Comments Related to Matters Not on the Posted Agenda

No public comments.

#### III. Discussion/Action Item: Review & Approve Agenda for 12/04/24 MHB General Meeting

Chair Sako spoke about the draft agenda with the first hour standard business. During system updates to hear from YAB. Holding election for 2025 officers until BH is active. Self-nominations appropriate. Discussion for CWRT seat. Already interviewed by CWRT cochairs and approved. Discussion on draft MH letter of support. If approved going to the BOS. Review/discuss the draft MHB performance for calendar 2023.

Member Padilla-Castro stated the Chair Sako put together the agenda well and approves it. Member Minton thanked Chair Sako for putting together a meaningful letter. Member Walsh impressed with the attention to detail. Member Minton moved to approve the agenda, seconded by Members Walsh and Padilla-Castro. No public comment. Members voted and unanimously approved the agenda.

#### IV.

**IV. Adjournment – Next MHB Executive Committee Meeting scheduled for Tuesday January 21 4:30pm**

Chair Sako reminded of next meeting to be Tuesday, January 21 and adjourned the meeting at 5:16pm.