

**Sacramento County  
Mental Health Board (MHB) General Meeting Minutes  
February 7, 2024**

**Meeting Location**  
700 H Street  
Sacramento, CA 95814

<b>Attendance</b>			
<b>MHB Members</b>			
<b>Name</b>	<b>Attendance</b>	<b>Name</b>	<b>Attendance</b>
Corrine McIntosh Sako, <i>Chair</i>	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	Kesha Harris	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent
Maria Padilla-Castro, <i>Vice Chair</i>	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	Supervisor Patrick Kennedy	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent
Evan Minton, <i>Secretary</i>	<input type="checkbox"/> Present <input checked="" type="checkbox"/> Absent	Bradley Lueth	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent
Melinda Avey	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	Theresa Riviera	<input type="checkbox"/> Present <input checked="" type="checkbox"/> Absent
William Cho ( <i>arrived at 7 pm</i> )	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	Mallika Walsh	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent
Mykel Gayent	<input type="checkbox"/> Present <input checked="" type="checkbox"/> Absent	Patricia Wentzel	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent
<b>County Staff to MHB</b>			
<b>Name</b>	<b>Attendance</b>	<b>Name</b>	<b>Attendance</b>
Jason Richards	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	Chris Costa	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent

<b>Agenda Item</b>	<b>Discussion</b>
<b>I. Welcome and Introductions</b>	<p>Chair Corrine McIntosh Sako called the meeting to order at 6:15 p.m. A quorum was declared, introductions were made, and the Conduct Agreement was acknowledged.</p> <p>Ms. Patricia Wentzel was confirmed to have a Just Cause exemption for remote participation.</p> <p><b>Mental Health Board Announcements</b></p> <ul style="list-style-type: none"> <li>Ms. Wentzel announced a Prop 1 informational meeting by NAMI on Monday, February 12<sup>th</sup>.</li> <li>Chair McIntosh Sako announced that the CWRT Advisory Committee will meet at 700 H Street moving forward.</li> </ul>
<b>II. Public Comment</b>	No public comments were made.
<b>III. Consent Matters: Approval of Minutes</b>	<p>Ms. Wentzel noted a typo where Ms. Walsh was referred to as Mr. Walsh. This typo was corrected in the published minutes.</p> <p>Ms. Wentzel moved to approve the January 2024 Annual Retreat minutes and Mr. Lueth seconded the motion. (Ms. Avey abstained. All other members voted Aye.) Motion carried.</p>
<b>IV. Division of Behavioral Health Services</b>	<p>Dr. Ryan Quist, Behavioral Health Director, provided a written report on the status of Behavioral Health Services (BHS). He also provided verbal updates and answered questions as follows:</p> <ul style="list-style-type: none"> <li>Dr. Quist highlighted Black History Month, Rosa Parks Day, and Valentine’s Day as a day for self care.</li> </ul>

Agenda Item	Discussion
	<ul style="list-style-type: none"> <li>• Dr. Quist highlighted Eating Disorders Association Week, and noted the rise in eating disorders in Sacramento County.</li> <li>• An RFA for a 2<sup>nd</sup> new Mental Health Urgent Care Clinic was released on January 29<sup>th</sup>. This will be a 24/7 crisis care center.</li> <li>• THRIVE is a program that supports behavioral health care and coordination for justice involved individuals. BACS was awarded the contract for the new THRIVE FSP.</li> <li>• An RFA is currently underway for three outpatient THRIVE programs. Those programs are planned to be announced on February 9<sup>th</sup>.</li> <li>• SB 43 and CARE Court internal workgroups are underway for both initiatives, with more announcements to come.</li> <li>• Provider payments will proceed with up to 1/12<sup>th</sup> contract amounts for an additional quarter.</li> <li>• Proposition 1 was acknowledged as currently being on the ballot. More conversations will be facilitated around next steps after the March election.</li> </ul>
<p><b>V. System Partner Updates</b></p>	<p><b>Association of Behavioral Health Contractors</b>  Ms. Christie Gonzalez introduced herself as the new representative from the Association of Behavioral Health Contractors, an elected position for the next two years. Ms. Gonzalez noted the longtime contributions of the previous representative, Ms. Diana White. Ms. Gonzalez expressed gratitude for the 1/12<sup>th</sup> provider payment arrangement over the next quarter, with more conversations to come.</p>
<p><b>VI. Mental Health Board Business</b></p>	<p><b>Liaison Reports</b>  Written liaison reports were provided for the MHSA Steering Committee and Quality Improvement Committee.</p> <p><b>Committee Reports</b>  Members were referred to the Mental Health Board Meetings webpage for MHB Committee Meeting minutes:  <a href="https://dhs.saccounty.gov/BHS/Pages/Advisory-Boards-Committees/Mental-Health-Board/BC-Mental-Health-Board-Meetings-2024.aspx">https://dhs.saccounty.gov/BHS/Pages/Advisory-Boards-Committees/Mental-Health-Board/BC-Mental-Health-Board-Meetings-2024.aspx</a></p>
<p><b>VII. Mental Health Board Action Item: 2024 MHB Committees</b></p>	<p>Approve Formation of “Ad Hoc Committee regarding SB 43 Implementation in Sacramento County”</p> <ul style="list-style-type: none"> <li>• This ad hoc committee would review and make recommendations regarding SB 43 implementation in Sacramento County.</li> </ul> <p>Approve Formation of “Ad Hoc Committee regarding CARE Court Implementation in Sacramento County”</p> <ul style="list-style-type: none"> <li>• This ad hoc committee would review what other counties are doing regarding CARE Court implementation, and make recommendations to Sacramento County. This committee would then dissolve, with ongoing collaborative court items falling under the purview of the Adult System of Care Committee.</li> </ul> <p>Approve Formation of the “Justice Committee” Standing Committee</p>

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	<ul style="list-style-type: none"> <li>• This standing committee would focus on the intersection of individuals with Mental Illness and their interactions with the Justice System.</li> </ul> <p>Public Comment 1: Community member thanked the MHB for their willingness to explore mental health topics for justice-involved individuals, and affirmed MHB efforts to focus on these issues.</p> <p>MHB Member Comments: Ms. Padilla-Castro and Ms. Wentzel expressed support for standing up the proposed Justice Committee as soon as possible.</p> <p>Chair McIntosh Sako moved to postpone the discussion of ad hoc committees until after the Adult System of Care Committee establishes its goals and leadership for 2024, and to establish the Justice Committee as a standing committee. Ms. Padilla-Castro seconded the motion. (Ms. Harris, Mr. Lueth, and Ms. Walsh voted no. All other members voted Aye.) Motion carried.</p> <p>County Counsel noted that Mr. William Cho arrived and was sitting in the audience at approximately 7 pm. Chair McIntosh Sako noted Mr. Cho's presence and asked if he would be joining the rest of the group. Mr. Cho joined the rest of the MHB at the central tables.</p>
<p><b>VIII. Presentation – Brown Act Requirements</b></p>	<p>Mr. Christopher Costa, Supervising Deputy County Counsel, provided a presentation on Brown Act Requirements. Highlights included noticing requirements, quorum requirements, prohibited communications outside official meetings, a recommendation not to respond to emails using the reply-all function, avoidance of serial communications (e.g., “daisy chain” and “hub and spoke” communications), remote participation exemptions and procedures (e.g., “Just Cause” and “Emergency” exemptions), and the role of County Counsel.</p>
<p><b>IX. Mental Health Board Discussion/Action Item – Approve Katie Houston’s Nomination to CWRT Advisory Committee</b></p>	<p>Chair McIntosh Sako provided a summary of Ms. Katie Houston’s qualifications for the CWRT Advisory Committee, as well as the CWRT Advisory Committee’s resulting review process and nomination.</p> <p>No public comments were made.</p> <p>Mr. Lueth moved to approve Ms. Katie Houston’s appointment for the CWRT Advisory Committee and Ms. Avey seconded the motion. (Mr. Cho voted no. Ms. Harris and Ms. Walsh abstained. All other members voted Aye.) Motion carried.</p>
<p><b>X. Mental Health Board Discussion/Action Item - Approve CWRT Advisory Committee Bylaw Amendment with Reconsideration of Membership Exclusion Criteria</b></p>	<p>Chair McIntosh Sako reviewed a proposed amendment to the CWRT Advisory Committee’s bylaws. This amendment would change member criteria as follows:</p> <ul style="list-style-type: none"> <li>• Previous version: <ul style="list-style-type: none"> <li>○ Header: “Membership Exclusion Criteria” header</li> <li>○ Verbiage: “it is recommended that persons who currently or have previously worked in law enforcement be excluded from the advisory committee”</li> </ul> </li> <li>• Proposed change: <ul style="list-style-type: none"> <li>○ No header (removed)</li> <li>○ Verbiage: “it is recommended that persons who have a background serving in law enforcement have not served within the last 7-10 years in order to be</li> </ul> </li> </ul>

Agenda Item	Discussion
	<p style="text-align: center;">considered for CWRT Advisory Committee membership”</p> <p>MHB Member Comments:</p> <ul style="list-style-type: none"> <li>• Chair McIntosh Sako noted increased involvement and bi-directionality between the CWRT Advisory Committee and law enforcement.</li> <li>• Mr. Lueth noted that the new verbiage would still exclude law enforcement members within the specified time limit. Mr. Lueth expressed support for law enforcement involvement and opposition to law enforcement exclusion.</li> <li>• Ms. Avey and Ms. Walsh expressed support for law enforcement involvement and highlighted this amendment as a positive step forward.</li> <li>• Mr. Cho stated that he had asked the CWRT Advisory Committee if the 7-10 year time limit was based on data, and that none had been provided. Mr. Cho stated that the passage of time could not change a person’s mindset. Mr. Cho stated that Supervisor Desmond does not approve of this time limit.</li> </ul> <p>Public Comment 1: Community member expressed support for the amendment, and noted the thoughtful conversations and community input regarding this item at CWRT Advisory Committee meetings.</p> <p>Ms. Avey moved to approve the amended bylaws and Chair McIntosh Sako seconded the motion. (Ms. Padilla-Castro, Mr. Cho, Ms. Walsh, and Mr. Lueth abstained. All other members voted Aye.) Motion carried.</p> <p>Chair McIntosh Sako called a recess from 7:46 – 7:51 pm, so that County Counsel could confirm the effect of abstentions on the current vote. After the recess, County Counsel advised that the vote could move forward and that he would research the effect of abstentions for future meetings. County Counsel recommended clarification in the bylaws regarding the effect of abstentions.</p>
<b>XI. Adjournment</b>	Chair McIntosh Sako adjourned the meeting at 7:52 p.m.