

**Sacramento County
Mental Health Board (MHB) General Meeting Minutes**

June 5, 2024

Meeting Location

700 H Street
Sacramento, CA 95814

Attendance			
MHB Members			
Name	Attendance	Name	Attendance
Corrine McIntosh Sako, <i>Chair</i>	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	Kesha Harris	<input type="checkbox"/> Present <input checked="" type="checkbox"/> Absent
Maria Padilla-Castro, <i>Vice Chair</i>	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	Supervisor Patrick Kennedy	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent
Evan Minton, <i>Secretary</i>	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	Bradley Lueth	<input type="checkbox"/> Present <input checked="" type="checkbox"/> Absent
Laura Asay-Bemis	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	Theresa Riviera	<input type="checkbox"/> Present <input checked="" type="checkbox"/> Absent
Melinda Avey	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	Mallika Walsh	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent
Mykel Gayent	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	Patricia Wentzel	<input type="checkbox"/> Present <input checked="" type="checkbox"/> Absent
County Staff to MHB			
Name	Attendance	Name	Attendance
Jason Richards	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	June Powells-Mays	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent

Agenda Item	Discussion
I. Welcome and Introductions	<p>Chair McIntosh Sako called the meeting to order at 6:03 p.m. A quorum was declared, introductions were made, and the Conduct Agreement was acknowledged.</p> <p>Mental Health Board Announcements</p> <ul style="list-style-type: none"> • Chair McIntosh Sako announced the current MHB vacancies and asked members of the public to consider applying. • Chair McIntosh Sako announced that she is including a “Meet the Members” section in this year’s annual report and encouraged members to submit their information by June 15th. • Chair McIntosh Sako reminded members that the Behavioral Health Services Act may shift the makeup and functions of the MHB in future years. There will be ongoing updates on this transition moving forward. • Supervisor Kennedy announced that the “point in time count” for unhoused individuals was announced this morning. From 2022 to 2024, the number of unhoused individuals decreased by 29%. The most important number that continues to improve is the 41% decline in the unsheltered unhoused population.
II. Public Comment	<p>Public Comment 1: Community member discussed his experience as the parent of a mental health consumer. This community member expressed an interest in attending Mental Health Board meetings to learn about behavioral health issues in Sacramento County, and advocated for additional Board and Care facilities.</p>

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	<p>Public Comment 2: Community member discussed an upcoming RCFE in North Highlands for co-occurring mental health and medical diagnoses, with more information coming soon.</p> <p>Public Comment 3: Community member discussed her work with perinatal mental health consumers, including women who are pregnant or post-partum who are dealing with mental health issues with a focus on marginalized communities.</p>
<p>III. Consent Matters: Approval of Minutes</p>	<p>Ms. Avey moved to approve the May 2024 General Meeting minutes and Mr. Gayent seconded the motion. (All members voted Aye.) Motion carried.</p>
<p>IV. Division of Behavioral Health Services</p>	<p>Dr. Ryan Quist, Behavioral Health Director, provided a written report (Handout #3) on the status of Behavioral Health Services (BHS). He also provided verbal updates and answered questions as follows:</p> <ul style="list-style-type: none"> • Highlighted June observances and holidays, including Pride Month, Men’s Health Month, and Juneteeth. • Expressed appreciation for the Homelessness Encampment and Response Teams, composed of clinicians and peers who make connections with our unhoused neighbors and provide support. • Acknowledged the improvement in the Point In Time Count, and acknowledged that this work is still ongoing as we continue serving our unhoused neighbors. • The Behavioral Health Bridge Housing initiative is earmarking 100 safe stay beds in our tiny home locations throughout the county specifically for individuals with BH needs. BHS put an ROI out to bid seeking CBOs with solutions around transitional housing needs. Four organizations were identified and will be bringing additional beds for BH needs moving forward. • Sacramento County has received opioid settlement funds, and has conferred with a number of stakeholder groups including the MHB, Alcohol and Drug Advisory Board, and Public Health Advisory Board, among others. 7 Opioid Settlement funded projects were highlighted, including: Harm Reduction Services, Safe Alternatives to Networking and Education (SANE Harm Reduction), Voice of the Youth (opioid prevention services for African American teens, Center for Collaborative Planning (See Her Bloom Opioid Education and resources Campaign for African American women, Omni Youth Programs (opioid education in underserved communities), NTI Upstream (Safer Sacramento Prevention Project behavioral health information and resources), Sac Metro Fire (MAT and Narcan distribution).Contract execution and program development underway. • A Meth Coalition meeting is coming up on May 9th. • A new blog series entitled the “The Ripple Effect” produced by Safer Sacramento is integrating fact-based research and multimedia content as part of their National Fentanyl Awareness Day outreach campaign. This new series integrates fact-based research and multimedia content to bring personal perspectives and expert testimony to the forefront. • The Behavioral Health Racial Equity Collaborative (BHREC) continues their work towards racial equity for marginalized

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	<p>demographic groups, and held their first Latino/Latina/Latinx/Hispanic BHREC Steering Committee meeting last week.</p> <ul style="list-style-type: none"> • 64-bed Mental Health Rehabilitation Center costs are coming in higher than the amount of the grant award, with problem solving conversations ongoing and more information to come. • Challenges with placement of foster children and youth were discussed, with the end goal being placement in a supportive home-based environment.
V. System Partner Updates	No updates were given at this time.
VI. Mental Health Board Business	<p>Liaison Reports Written liaison reports were provided for the Human Services Coordinating Counsel and the California Association of Social Rehabilitation Agencies spring gathering.</p> <p>Committee Reports Members were referred to the Mental Health Board Meetings webpage for MHB Committee Meeting minutes: https://dhs.saccounty.gov/BHS/Pages/Advisory-Boards-Committees/Mental-Health-Board/BC-Mental-Health-Board-Meetings-2024.aspx</p>
VII. Discussion/Action Item – Establish Member-at-Large for MHB Executive Committee	Ms. Walsh nominated herself to serve on the MHB Executive Committee and Chair McIntosh Sako seconded the motion. (All members voted Aye.) Motion carried.
VIII. Discussion/Action Item – Establish Member for MHB Budget Committee	Ms. Padilla-Castro nominated Mr. Minton to serve on the MHB Budget Committee and Chair McIntosh Sako seconded the motion. (All members voted Aye.) Motion carried.
IX. Presentation – Proposition 1 Updates for Mental Health Boards/Commissions Taking Effect January 1, 2025	Theresa Comstock, California Association of Local Behavioral Health Boards and Commissions (CALBHB/C) Executive Director, provided a presentation on Proposition 1 Updates for Mental Health Boards/Commissions (Handouts #11-13). Highlights included the scope of the board going from “Mental Health” to “Behavioral Health” with the addition of substance use disorder coverage, as well as workforce and health equity. These updates will take effect on January 1, 2025.
X. Presentation – Behavioral Health Youth Advisory Board’s (BHYAB) Quarterly Update	<p>A brief recess was held from 7:34 p.m. – 7:47 p.m.</p> <p>Natanya Kharat, BHYAB Chair, provided a presentation on the BHYAB’s Quarterly Updates (Handout #14). Topics of focus included juvenile justice, mental health support, and substance abuse and misuse. The Mental Health Resource Accessibility and Sustainability Report was outlined and discussed, including recommendations to enhance mental health services on school campuses.</p>
XI. Adjournment	Chair McIntosh Sako adjourned the meeting at 8:08 p.m.

