

**Sacramento County
Mental Health Board (MHB) General Meeting Minutes**
August 7, 2024

Meeting Location
700 H Street
Sacramento, CA 95814

Attendance			
MHB Members			
Name	Attendance	Name	Attendance
Corrine McIntosh Sako, <i>Chair</i>	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	Kesha Harris	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent
Maria Padilla-Castro, <i>Vice Chair</i>	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	Supervisor Patrick Kennedy	<input type="checkbox"/> Present <input checked="" type="checkbox"/> Absent
Evan Minton, <i>Secretary</i>	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	Bradley Lueth	<input type="checkbox"/> Present <input checked="" type="checkbox"/> Absent
Laura Asay-Bemis	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	Theresa Riviera	<input type="checkbox"/> Present <input checked="" type="checkbox"/> Absent
Melinda Avey	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	Mallika Walsh	<input type="checkbox"/> Present <input checked="" type="checkbox"/> Absent
Mykel Gayent	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	Patricia Wentzel	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent
County Staff to MHB			
Name	Attendance	Name	Attendance
Jason Richards	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	Chris Costa	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent

Agenda Item	Discussion
I. Welcome and Introductions	<p>Chair McIntosh Sako called the meeting to order at 6:01 p.m. A quorum was declared, introductions were made, and the Conduct Agreement was acknowledged.</p> <p>Mental Health Board Announcements</p> <ul style="list-style-type: none"> Ms. Padilla-Castro provided an overview of the Psychiatric Advance Directives training that she attended. Chair McIntosh Sako announced that the presentation for Item VIII would be canceled due to a last minute change, to be rescheduled at a later date.
II. Public Comment	<p>Public Comment 1: Community member discussed a recent string of deaths in the Sacramento County Jail.</p> <p>Public Comment 2: Community member advocated for reduced interactions with law enforcement, with a focus on substance use issues. Community member advocated for taking a closer look at SB 43 and offramping people to treatment instead of the jail.</p>
III. Consent Matters: Approval of Minutes	<p>Mr. Minton moved to approve the 6/3/24 Special Meeting minutes and Ms. Padilla-Castro seconded the motion. (All members voted Aye.) Motion carried.</p> <p>Mr. Minton moved to approve the 6/5/24 General Meeting minutes and Ms. Padilla-Castro seconded the motion. (All members voted Aye.) Motion carried.</p>

Agenda Item	Discussion
<p>IV. Division of Behavioral Health Services</p>	<p>Dr. Ryan Quist, Behavioral Health Director, provided a written report on the status of Behavioral Health Services (BHS). He also provided verbal updates and answered questions as follows:</p> <ul style="list-style-type: none"> • Back to school is coming up! This is a time that can be anxiety provoking for both youth and their parents. Dr. Quist noted that anxiety can also occur due to this being an election year. Dr. Quist provided self-care tips, which are included in the Director’s Report (Handout #4). • BHS is hoping to be fully staffed for CARE Court implementation by the end of August. • There is an upcoming Medi-Cal program for jail in-reach following discharge to support justice involved community members with accessing behavioral health services. BHS’s plan for this program has been approved by DHCS. • BHS is working towards compliance with Prop 1 regarding the establishment of a Behavioral Health Commission with oversight over both Mental Health and Substance Use Prevention and Treatment. BHS will be providing a facilitator to help the MHB and Alcohol and Drug Advisory Board ad hoc committees coordinate to provide ideas and discussion, subject to approval by the full boards, and potential recommendations for the Board of Supervisors. • Dr. Quist affirmed the efforts of BHS to reach out with recruitment materials to diverse forums, making every effort to get word out to our diverse communities about opportunities to work with Behavioral Health. • BH Bridge Housing is implementing strategies through Safe Stay communities and community based organizations, with an implementation goal by January 26th. BHS learned two weeks ago that they got awarded an additional \$15 million with a quick timeline. Measuring success will be based on folks housed in transitional housing units as well as the success in transitioning them to non-transitional homes as appropriate. • Dr. Quist discussed community feedback that informed the language used to refer to demographic communities in the Cultural Competence and Ethnic Services section of the report.
<p>V. System Partner Updates</p>	<p>Association of Behavioral Health Contractors Ms. Christie Gonzalez announced that with the start of FY 2024-25, behavioral health providers received new revised rates for their services in collaboration with BHS. As provider organizations reflect on their continued needs, they will be sharing this feedback with BHS. The electronic health record system has been experiencing intermittent use due to a statewide technical glitch.</p> <p>Other System Partners Terri Galvan, deputy chief of crisis programs at Wellspace Health, introduced herself and expressed support for progress with the CWRT program.</p>
<p>VI. Mental Health Board Business</p>	<p>Liaison Reports Written liaison reports were provided for the Human Services Coordinating Council and the MHSA Steering Committee.</p>

Agenda Item	Discussion
	<p>Committee Reports</p> <p>Members were referred to the Mental Health Board Meetings webpage for MHB Committee Meeting minutes: https://dhs.saccounty.gov/BHS/Pages/Advisory-Boards-Committees/Mental-Health-Board/BC-Mental-Health-Board-Meetings-2024.aspx</p> <ul style="list-style-type: none"> Justice Committee - Mr. Gayent announced that the Justice Committee met and had a presentation from Ms. Kimberly Grimes, Health Program Manager. A presentation from Ms. Tianna Hammock, Human Services Division Manager, is planned for next month. Chair McIntosh Sako and Ms. Avey commended Mr. Gayent for the great job he has been doing as the Chair of the Justice Committee. Adult System of Care Committee - Ms. Wentzel reviewed upcoming site visits and noted that high housing costs remain a challenge in our communities. Ms. Wentzel acknowledged support throughout the county on Psychiatric Advance Directives, and that they remain largely reliant on support persons identified on the application. Children’s System of Care Committee - Ms. Harris discussed upcoming site visits and highlighted the importance of outreach efforts in making sure we are reaching the needs of all community members who need our services. CWRT Advisory Committee – Chair McIntosh Sako noted the purposeful overrepresentation of community members on this committee, which continues to meet and receive implementation updates from BHS program staff on how the program is doing as development and implementation continues. There will be an upcoming presentation from the Albuquerque Community Safety Department, to bring in the viewpoint of other jurisdictions who have implemented similar programs.
<p>VII. Discussion/Action Item: Review & Take Action on MHB Member Patricia Wentzel’s Nomination to CWRT Advisory Committee</p>	<p>Chair McIntosh Sako announced that Ms. Wentzel has been nominated to serve on the CWRT Advisory Committee, reviewed her qualifications, and called for a vote.</p> <p>No public comments were made.</p> <p>Mr. Minton moved to approve Ms. Wentzel’s appointment to the CWRT advisory committee and Ms. Padilla-Castro seconded the motion. (All members voted Aye.) Motion carried.</p>
<p>VIII. Presentation – Patients’ Rights Advocates in Sacramento County</p>	<p>Chair McIntosh Sako announced that this presentation was canceled due a last minute change and will be rescheduled at a later date.</p>
<p>IX. Discussion/Action Item - Review and Take Action on Draft MHB 2023 Annual Report</p>	<p>Chair McIntosh Sako summarized the Draft MHB 2023 Annual Report (Handout #12). Executive Summary, Purpose, MHB Statutory Mandate, MHB Membership, General Meetings, Standing Committees, and Accomplishments were highlighted.</p> <ul style="list-style-type: none"> Members thanked Chair McIntosh Sako for her great leadership and efforts in writing this report on behalf of the MHB. Chair McIntosh Sako expressed gratitude and appreciation to previous Chairs who mentored in the development of this report as well as BHS staff who assisted with information and support.

Agenda Item	Discussion
	<p>Public Comment #1: Community member affirmed the efforts and accomplishments of the MHB on behalf of the community as detailed in the report.</p> <p>Ms. Wentzel moved to approve the MHB 2023 Annual Report and Ms. Avey seconded the motion. (All members voted Aye.) Motion carried.</p>
X. Adjournment	Chair McIntosh Sako adjourned the meeting at 7:51 p.m.