

**Sacramento County
Mental Health Board (MHB) General Meeting Minutes**

October 2, 2024

Meeting Location

700 H Street
Sacramento, CA 95814

Attendance			
MHB Members			
Name	Attendance	Name	Attendance
Corrine McIntosh Sako, <i>Chair</i>	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	Kesha Harris	<input type="checkbox"/> Present <input checked="" type="checkbox"/> Absent
Maria Padilla-Castro, <i>Vice Chair</i>	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	Supervisor Patrick Kennedy	<input type="checkbox"/> Present <input checked="" type="checkbox"/> Absent
Evan Minton, <i>Secretary</i>	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	Bradley Lueth	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent
Laura Asay-Bemis	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	Theresa Riviera	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent
Melinda Avey	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	Mallika Walsh	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent
Mykel Gayent	<input type="checkbox"/> Present <input checked="" type="checkbox"/> Absent	Patricia Wentzel	<input type="checkbox"/> Present <input checked="" type="checkbox"/> Absent
County Staff to MHB			
Name	Attendance	Name	Attendance
Jason Richards	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	Chris Costa	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent

Agenda Item	Discussion
I. Welcome and Introductions	<p>Chair McIntosh Sako called the meeting to order at 6:00 p.m. A quorum was declared, introductions were made, and the Conduct Agreement was acknowledged.</p> <p>Mental Health Board Announcements</p> <ul style="list-style-type: none"> Ms. Asay Bemis announced that the Journey of Hope exhibit will be from October 2nd – 31st at The Gallery by We Are Sacramento, and handed out flyers and bus passes for the event. Ms. Padilla-Castro thanked Ms. Asay Bemis for her service and leadership for the Journey of Hope event.
II. Public Comment	<p>Public Comment 1: Community member discussed Kaiser patients being taken on by the County, and advocated for voluntary behavioral health services as Counties move forward with the implementation of Prop 1.</p> <p>Public Comment 2: Community member advocated for community members who need behavioral health care but may be unable or unwilling to access it.</p>
III. Consent Matters: Approval of Minutes	Ms. Asay Bemis moved to approve the September General Meeting minutes and Ms. Walsh seconded the motion. (All members voted Aye.) Motion carried.
IV. Division of Behavioral Health Services Director's Report	Dr. Ryan Quist, Behavioral Health Director, provided a written report on the status of Behavioral Health Services (BHS). He also provided verbal updates and answered questions as follows:

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	<ul style="list-style-type: none"> • Dr. Quist acknowledged October holidays and observances, as noted in the Director’s report (Handout #3). • Dr. Quist provided SB 43 updates during this item since Ms. Wentzel was not in attendance to present on Item VII. <ul style="list-style-type: none"> ○ Under previous law, “grave disability” was defined to include individuals who are unable to care for their basic needs for health and safety due to a mental health disorder. SB 43 updates the definition of “grave disability” to also include those individuals who are unable to care for their basic needs for health and safety due to a severe substance use disorder, or a co-occurring mental health disorder and a severe substance use disorder. ○ SB 43 also expands the definition of “basic needs” to include a person’s ability to obtain necessary medical care, personal safety, food, clothing, and/or shelter. ○ BHS is working collaboratively with community partners through a number of different workgroups to prepare for SB 43 implementation. ○ The law acknowledges that SB 43 is a big change, by allowing counties to defer implementation until January 1, 2026. At the time of this meeting, the Sacramento County Board of Supervisors has opted to defer implementation until January 1, 2025. ○ There will be a community listening session available on October 18th, and this information was sent out to the MHB distribution list. Meeting participants were encouraged to email BHS staff as identified on the agenda if they would like more information. ○ Two counties (San Francisco and San Luis Obispo) went live with SB 43 implementation on January 1, 2024. These counties report that there are not a lot of individuals who have severe substance use disorders without also having mental health disorders, because of the high likelihood of co-occurrence. ○ There will be continued training opportunities for different groups of community partners depending on their roles moving forward. • Responsibility for mental health care for Kaiser Medi-Cal members was transferred to the County on July 1st. Estimated need remains difficult to project, and continues to be evaluated and updated as we move forward. • The California Behavioral Health Community-Based Organized Networks of Equitable Care and Treatment Demonstration Project (BH-CONNECT) allows federal funds for short-term care for Medi-Cal members with serious mental illness in institutions for mental diseases (IMDs), if certain requirements are met. Dr. Quist will be presenting to the Board of Supervisors on this topic on October 8th.
<p>V. System Partner Updates</p>	<p>No updates were made.</p>

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VI. Mental Health Board Business	<p>Liaison Reports Written liaison reports were provided for the Human Services Coordinating Counsel, Psynergy, Mental Health Services Act Steering Committee, and Quality Improvement Committee.</p> <p>Committee and Ad Hoc Workgroup Reports Members were referred to the Mental Health Board Meetings webpage for MHB Committee Meeting minutes: https://dhs.saccounty.gov/BHS/Pages/Advisory-Boards-Committees/Mental-Health-Board/BC-Mental-Health-Board-Meetings-2024.aspx</p>
VII. Discussion Item: SB 43 Update	<p>Dr. Quist provided updates for SB 43 during the Director's Report (Item IV above), as Ms. Wentzel was not in attendance.</p>
VIII. Discussion/Action Item: Consider Approval of CWRT Advisory Committee Bylaws with Reconsideration of Membership Exclusion Criteria	<p>MHB members considered approval of CWRT Advisory Committee bylaw revisions, as approved by the CWRT Advisory Committee on August 13th. Chair McIntosh Sako reviewed these revisions, which reconsider membership exclusion criteria as outlined in Handout #11.</p> <ul style="list-style-type: none"> • Ms. Avey expressed support for the bylaw revisions. • Ms. Avey recommended that the section which outlines initial membership criteria be removed now that the committee is established, and that the requirement to have lived experience be clarified. • County Counsel noted that subsequent sections should be renumbered, as a previous section was moved. <p>Chair McIntosh Sako moved to approve the amended bylaws as detailed above and Ms. Walsh seconded the motion. (Ms. Padilla-Castro, Ms. Asay Bemis, Mr. Lueth, and Ms. Riviera abstained. All other members voted Aye.) Motion carried.</p>
IX. Presentation – Patients' Rights Advocates in Sacramento County	<p>Ms. Kristy Lunardelli, Director of Consumers Self-Help Center, provided a presentation on patients' rights advocates. Highlights included an overview of the Office of Patients' Rights, the role of patients' rights advocates, the rights of patients which are undeniable in all settings, and certification review hearings. A copy of the presentation was provided to meeting participants and is available upon request.</p>
X. Adjournment	<p>Chair McIntosh Sako adjourned the meeting at 8:03 p.m.</p>