

Sacramento County Mental Health Board Special Meeting

Attendance			
MHB Members			
Name	Attendance	Name	Attendance
Corrine McIntosh Sako, <i>Chair</i>	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	Kesha Harris	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent
Maria Padilla-Castro, <i>Vice Chair</i>	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	Supervisor Patrick Kennedy	<input type="checkbox"/> Present <input checked="" type="checkbox"/> Absent
Evan Minton, <i>Secretary</i>	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	Bradley Lueth	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent
Laura Asay-Bemis	<input type="checkbox"/> Present <input checked="" type="checkbox"/> Absent	Theresa Riviera	<input type="checkbox"/> Present <input checked="" type="checkbox"/> Absent
Melinda Avey	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	Mallika Walsh	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent
Mykel Gayent	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	Patricia Wentzel	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent
County Staff to MHB			
Name	Attendance	Name	Attendance
Jason Richards	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	June Powells-Mays	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent

Meeting Agenda

Monday, June 3, 2024
5:00 PM – 6:00 PM

Meeting Location

7001-A East Parkway,
Conference Room 1
Sacramento, CA 95823

Meeting Invitees

- Mental Health Board
- General Public

Agenda Item
<p>I. Welcome and Introductions</p> <ul style="list-style-type: none"> • Introductions • Acknowledgement of Conduct Agreement <p>Chair Corrine McIntosh Sako called the meeting to order at 5:01 pm, introductions were made, and the conduct agreement was acknowledged. Chair McIntosh Sako thanked MHB members for their attendance at this meeting.</p>
<p>II. Public Comment Comments Regarding the Sacramento County Behavioral Health System (3 minutes per speaker)</p> <p>No Public Comments were made.</p>
<p>III. Mental Health Board Discussion/Action Item: Review and Take Action on MHB Budget Committee Recommendations Related to Behavioral Health Services (BHS) Budget for Fiscal Year (FY) 2024-25</p> <p>Dr. Ryan Quist, Behavioral Health Director, reviewed the Sacramento County Recommended Budget for fiscal year 2024-25 as it relates to BHS, including the following:</p> <ul style="list-style-type: none"> • \$6.7M growth request for Acute/Subacute/Crisis Stabilization/ECT Pool in order to support individuals

needing inpatient care as part of the Kaiser transition beginning July 1st

- \$11.5M growth request for a new CSU, provider rate increases, and additional new beds
- \$3M growth request to be transferred to DSHS for Bridge Housing
- \$114K for pharmacist resources to support medication review services
- \$459K to transfer funds to DCFAS for conservatorship
- \$80K for increased on call staffing for the MHTC
- \$180K for El Hogar Community Justice Support Program for permanent supportive housing
- \$445K for El Hogar Sierra Elder Wellness Program for permanent supportive housing
- \$1.6M for Heartland Family FSP for permanent supportive housing
- \$1.2M to support a partnership with Probation for mental health services at the Valley Oak Youth Academy, which is YDF's track for realigned Probation youth
- \$583K for 3 psychiatric nurses at the MHTC
- \$79K for Account Clerk in QM for review of our inpatient hospitalization stays
- \$12K growth request in order to reclassify a DTECH employee into the most appropriate job classification

Mr. Mykel Gayent asked how Prop 1 applies to the current budget. Dr. Quist confirmed that Prop 1 will not yet be implemented in the upcoming fiscal year.

Chair McIntosh Sako discussed how the proposed MHB recommendations were developed, by reviewing the Sacramento County Recommended Budget for FY 2024-25 and evaluating how it aligns with current MHB policies and fiscal recommendations that the MHB has made. The recommendations are being made in support of growth proposals for County departments with an emphasis on BHS programs. Chair McIntosh Sako reviewed the recommendations as approved by the Budget Committee (Handout).

Mr. Evan Minton asked about the process of creating the recommendations. Chair McIntosh Sako confirmed that the Recommended Budget was reviewed as posted on the Sacramento County Office of Budget and Debt Management's webpage, and recommendations were drafted based on alignment with current MHB policies and fiscal recommendations that the MHB has made.

Dr. Quist thanked Chair McIntosh Sako for all of her hard work in drafting these recommendations.

Mr. Brad Lueth pointed out the large scope of the County Budget and asked how best to approach this large task. Dr. Quist affirmed that BHS is not asking for any funds from other County departments and that BHS historically does not go over budget and is likely to maintain a balance in alignment with payment reform moving forward.

Ms. Patricia Wentzel pointed out that these budget recommendations are based on proposals that BHS has put forward, as with other County departments and divisions, and fall within the scope of MHB budget recommendations as approved by the MHB in previous years.

Ms. Melinda Avey asked if there are any recommendations in the letter that fall outside of BHS budget recommendations for this fiscal year. Chair McIntosh Sako noted that the recommendations include a gentle reminder to the Board to consider workforce recommendations approved previously by the MHB in May 2023.

Ms. Maria Padilla-Castro asked about funding allocations for mental health services for displaced youth and individuals in the jail. Dr. Quist noted that the Recommended Budget expands the pool of providers intended to serve youth who are in the child welfare system as well as a growth request specifically involved with the Youth Detention Facility. Dr. Quist clarified that the Correctional Health budget falls under Primary Care rather than BHS. Dr. McIntosh Sako noted that the letter speaks to the issue of financial support for foster youth with complex behavioral health needs.

Ms. Avey asked if the Welcoming Home services in the DCFAS budget are for mental health. Ms. Kelli Weaver confirmed that the Welcoming Home program supports youth in referring them to behavioral health services.

Mr. Minton asked if the current recommendations are the most that the MHB can do to support foster youth. Chair McIntosh Sako affirmed that the current recommendations are the maximum that the MHB can do within

their current scope on the topic of budget recommendations, and also noted that the Children's System of Care Committee continues to research behavioral health issues related to foster youth so that further recommendations can continue to be made.

Ms. Padilla-Castro asked when the proper time would be to make recommendations for mental health services in the jail system. Chair McIntosh Sako confirmed that this would fall under the purview of the Justice Committee.

Ms. Wentzel asked if part of the challenges with mental health services in the jails is a lack of behavioral health staff to provide these services. Dr. Quist confirmed that these services fall under Primary Health and that they would be the ones best able to confirm this assertion.

No public comments were made.

Ms. Wentzel moved that the MHB adopt the proposed recommendations, and Ms. Padilla-Castro seconded the motion. Ms. Padilla-Castro and Ms. Harris abstained. All other members voted Aye. Motion carried.

IV. Adjournment

Chair McIntosh Sako adjourned the meeting at 5:58 pm.