Sacramento County Mental Health Board Adult System of Care (ASOC) Meeting

MINUTES – IN PERSON MEETING HYBRID PARTICIPATION OPTION Monday, AUGUST 4, 2025 6:00 PM – 7:30 PM

Committee Member	Present	Absent
Brad Lueth (Vice Chair)		X
Laura Bemis		X
Mallika Walsh		X
Melinda Avey	Х	
Patricia Wentzel (Chair)	Х	

Agenda Item

I. Welcome and Introductions

- Introductions
- Acknowledgement of <u>Conduct Agreement</u>
- Announcements by MHB ASOC Committee Members

Chair Wentzel commenced the meeting at 6:06pm, introductions were made, and the Conduct Agreement was acknowledged.

A quorum was not met.

Announcements:

No announcements were made.

II. Public Comments Relating to the Sacramento County Behavioral Health Services Adult System of Care – Items Not on Agenda

• No public comments were made.

III. Presentation on Housing services offered in CORE and FSP programs

- Presenter: Allison Williams Health Program Manager, Behavioral Health Services
- Allison presented on the Housing Component Overview Adult Mental Health Outpatient Programs

Committee Member Questions/ Comments:

- Chair Wentzel:
 - Q: How is someone supported in maintaining their homeless housing status?
 - A: In order to continue to qualify for certain housing opportunities, client must continue to meet criteria including a 'homeless' housing status. Individuals can maintain their housing status if a third party is paying for housing.
 - Q: Is a Board and Care typically supported by a Full-Service Partnership (FSP) placement?
 - A: Yes, Correct. Typically, those in a Board and Care benefit from FSP services.
 - Q: Is it typical for a Permanent Supportive Housing (PSH) unit to have a single FSP provider supporting everyone in that unit or can multiple FSP providers provide services at the same location?
 - A: We try to be needs driven, some of the adult only FSP's may not have the population to support larger units so they would partner with other FSP programs such as HeartLand, a Family FSP, to provide support.

Otherwise, we would like to have one FSP provider support one PSH unit.

- Q: To clarify, there is a total of 55 staff who are only focused on housing?
- A: Yes, correct.
- Q: Is the funding for these positions paid for through the Flexible Housing funds?
- A: No, we are not able to fund positions through Flex Funding. Providers are billing to Medi-Cal as well as our local funding to fund staff.
- Q: Do you think we have enough housing staff?
- A: There are vacancies throughout the system and the number reflected in the slide does not include those vacancies. Sufficient FTEs allocated, yes.
- Vice Chair Avey:
 - Q: Can you explain the difference between a Room and Board and a Board and Care?
 - A: A Room and Board is shared housing, where you rent a room from someone.. A Board and Care is licensed through the State Community Care Licensing and offers additional oversight by providing staff who will support basic needs for their residents, such as preparing meals and their medication care.
 - Q: Is there a waitlist for the Augmented Board and Care (ABC) program?
 - A: We could use additional ABC providers. ABC providers have the ability to choose who stays with them. Some individuals might take longer than others to get housed because the providers can determine if that person would be a good fit in their home.

IV. Thanks to Committee Members for their services

• Chair Wentzel reminded everyone that this meeting was the last Adult System of Care committee meeting and expressed thanks to those on the committee and the members of the public who attended.

V. Adjournment

Chair Wenzel adjourned the meeting at 7:20pm