



Sacramento County Mental Health Board Children's System of Care (CSOC) Meeting

Date: Monday, May 19, 2025	Time: 3:15 PM - 4:45 PM
Location: 7001-A East Parkway, Conference Room 1, Sacramento, CA 95823	Hybrid Participation via ZOOM

Attendees:

Board Members - Keisha Harris, Teresa Riviera

DHS BHS - Sheri Green, Melissa Herrera, Desiree Andres

Heartland Child and Family Services - Deborah Hicks, Todd Palumbo, Amanda Lynch, Karen Thompson

ZOOM – Jeff Wilkinson

PRESENTER	DISCUSSION
<i>Keisha Harris, Teresa Riviera</i>	<p>Welcome, Introductions, and Land Acknowledgement</p> <ul style="list-style-type: none">• Meeting called to order by Keisha Harris at 3:19 PM.• Land Acknowledgement presented by Theresa Riviera, recognizing the historic and cultural relationship of Indigenous peoples to the land.• Conduct agreement acknowledged.• No announcements from MHB members.• First 5 Sacramento is hosting community engagement events to allocate \$4 million in funding.

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<p><i>Everyone</i></p>	<p>Teambuilder Icebreaker: Social Media Reflections</p> <ul style="list-style-type: none"> Attendees participated in a card-based icebreaker discussing personal and professional use of social media. Themes included: healthy boundaries, positive use for community engagement, and the psychological impacts of online activity. Participants shared personal habits and perspectives on what should remain private vs. public.
<p><i>Public</i></p>	<p>Public Comment</p> <ul style="list-style-type: none"> No additional comments were submitted from the public in-person or online.
<p><i>Deborah Hicks, Jeff Wilkinson, Amanda Lynch, Todd Palumbo, Karen Thompson</i></p>	<p>Presentation & Roundtable: Heartland Child & Family Services</p> <ul style="list-style-type: none"> Historical Background: Founded in 1980 by two African American families, Heartland was revitalized under Jeff Wilkinson's leadership starting in 2016. Facilities & Community Assets: <ul style="list-style-type: none"> Owns building on Grand Avenue. True Beginnings Orchard and community garden offer food access and beautification. Programs & Partnerships: <ul style="list-style-type: none"> FIT and FSP programs, TBS, family drop-in center. Partnership with Single Mom Strong to launch a preschool/child development center. Planning a culinary arts training program led by Chef Stewart Edgecomb. Community Integration & Equity: <ul style="list-style-type: none"> Emphasis on serving Del Paso Heights and underserved communities. Services and hiring efforts focused on local residents. Outreach Efforts: <ul style="list-style-type: none"> Outreach to schools, churches, food pantries, flea markets, and libraries. Participation in community events, the Black Child Legacy campaign, and MDTs. Diversity and Inclusion:

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	<ul style="list-style-type: none"> - Staff speaks multiple languages including Spanish, Dari, Farsi, Vietnamese, Arabic, and Russian. - Internships and employment partnerships with Sac State, Jessup, and ARC. • Performance Outcomes: <ul style="list-style-type: none"> - 100% success in hospital readmission prevention and incarceration prevention metrics for FSP. - 98% housing retention rate; 330+ individuals kept housed. - Upcoming VAWA training scheduled for June 16, 2025 (via Teams).
<i>Sheri Green</i>	<p>Division Manager Update</p> <ul style="list-style-type: none"> • Focus on FY25 contract renewals, BHSA implementation, and ensuring staff capacity to meet growing demand. • Update on MH Board transitioning into a Commission – changes in membership and format anticipated. • Ongoing investment in outreach and suicide prevention through incentive-based contracts. • Emphasis on expanding neighborhood-based outreach beyond traditional zip code metrics
	<p>Approval: New CSOC Meeting Time</p> <ul style="list-style-type: none"> • New Meeting Schedule Approved: 4th Tuesdays at 2:30 PM. • Acknowledgement that increased referrals driven by outreach will require capacity expansion to avoid staff burnout and maintain service quality.
	<p>Adjournment</p> <ul style="list-style-type: none"> • Meeting adjourned at 4:46 PM.