



DEPARTMENT OF HEALTH SERVICES  
**Behavioral Health**

Sacramento County Mental Health Board Children's System of Care (CSOC) Meeting		
<b>Date:</b> 06/24/2025	<b>Time:</b> 2:30 PM – 4:00 PM	<b>Scribe:</b> Desiree Andres
<b>Attendees:</b> Keisha Harris, Theresa Riviera, Corrine Sako, Rhapsody Flores, Leia Schenk, Deborah Hicks, Amanda Lynch, Charynna, Rayne, Eshiana, Sophia		
Agenda and Notes		Presenter
<b>I. Welcome, Introductions &amp; Teambuilder</b> <ul style="list-style-type: none"> <li>• Introductions</li> <li>• Land Acknowledgement</li> <li>• <a href="#">Acknowledgement of Conduct Agreement</a></li> <li>• Announcements by MHB CSOC Committee Members</li> <li>• Team Builder: Participants were invited to reflect on the question: <i>"What support should young children and their parents/caregivers have?"</i></li> </ul>		Keisha Harris, Corrine Sako
<b>II. Public Comments Relating to the Sacramento County Behavioral Health Services Children's System of Care</b> <ul style="list-style-type: none"> <li>• No Comments from the public.</li> </ul>		Members of the Public
<b>III. Presentations and Roundtable Discussions</b> <p><b>1. The Reclamation Project:</b> TRP is a youth-led, grassroots organization focused on social justice, equity, and mental health, especially among BIPOC and LGBTQ+ youth in Sacramento County.</p> <p><b>Research Methodology:</b> Conducted listening sessions and surveys with over 50 youth during the Youth Racial &amp; Economic Justice Summit and other events in 2024. Topics included mental health, identity, immigrant experiences, and post-pandemic impacts.</p> <p><b>Key Findings:</b></p> <ul style="list-style-type: none"> <li>a. Youth feel unsupported in mental health due to cultural stigmas, lack of culturally responsive services, and language barriers.</li> <li>b. Many LGBTQ+ youth feel safe at school, but access to</li> </ul>		Reclamation Project, Project TAKE, Impact Sac-HEART

supportive resources varies by district.

- c. The pandemic and political climate exacerbated mental health issues and community isolation.
- d. Racism, bullying, and tokenism in school environments remain prevalent.
- e. Students need mental health services that acknowledge and address intersectionality.

**Policy Recommendations:**

- a. Implement community-informed ethnic studies across districts.
- b. Increase culturally competent mental health programs.
- c. Expand family education and access to trauma-informed care.

- 2. Project TAKE (Trafficking Awareness Knowledge & Empowerment):** Nonprofit responding to crises, youth violence, and sex trafficking in Sacramento County through education, direct intervention, and community partnerships.

**Key Concerns:**

- a. Sacramento youth, particularly girls aged 11–17, are being trafficked openly during daytime hours in areas like Watt Avenue and Stockton Blvd.
- b. Lack of immediate trauma-informed services post-rescue.
- c. Systemic failure to treat sex trafficking as a mental health emergency.
- d. Disconnection between providers and families in crisis due to bureaucracy, zip-code restrictions, or lack of appropriate referral processes.

**Call to Action:**

- a. Treat child sex trafficking as a mental health emergency.
- b. Fund trauma-informed wraparound services.
- c. Build partnerships for crisis response, prevention education, and culturally competent care.

- 3. Impact Sac, H.E.A.R.T. (Healing, Empowering, Advocating, Restoring, Taking Action with Youth)**

**Focus Areas:**

- a. Youth advocacy, violence prevention, mental health awareness, and substance use education.

<ul style="list-style-type: none"> <li>b. Ongoing partnerships with local organizations for suicide prevention and cannabis education.</li> <li>c. Emphasis on fun, empowerment, and creating safe spaces for youth to thrive.</li> </ul> <p><b>4. Response &amp; Discussion:</b></p> <p><b>Heartland Family Services</b></p> <ul style="list-style-type: none"> <li>a. Offers outpatient Medi-Cal funded mental health services for children and families at multiple Sacramento sites.</li> <li>b. Encouraged referrals and clarified walk-in and outreach capabilities.</li> </ul> <p><b>Behavioral Health Services (BHS) – Rhapsody Flores:</b></p> <ul style="list-style-type: none"> <li>a. Reiterated that no child with Medi-Cal can be turned away.</li> <li>b. Invited follow-up communication for any barriers or unresolved referrals.</li> </ul> <p><b>Open Issues:</b></p> <ul style="list-style-type: none"> <li>a. Youth and families experience long wait times or denial of services despite eligibility.</li> <li>b. Need for real-time access to culturally and trauma-informed care.</li> <li>c. Communication gaps between community providers and county systems require improvement.</li> </ul>	
<p><b>Meeting Adjourned at 4:00 PM.</b></p>	
<p><b>Reclamation Project Canva Presentation Link</b></p> <p><a href="https://www.canva.com/design/DAGqQp7C87k/jYeyVZte2Mzhr4pKzEVuZQ/edit?utm_content=DAGqQp7C87k&amp;utm_campaign=designshare&amp;utm_medium=link2&amp;utm_source=sharebutton">https://www.canva.com/design/DAGqQp7C87k/jYeyVZte2Mzhr4pKzEVuZQ/edit?utm_content=DAGqQp7C87k&amp;utm_campaign=designshare&amp;utm_medium=link2&amp;utm_source=sharebutton</a></p>	
<p><b>Next Meeting:</b> Tuesday, July 22, 2025, 2:30 PM to 4:00 PM</p>	